

Ringgold County Health Improvement Plan

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For additional information, CONTACT:

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Community Priority

Increase the instance of prenatal care in the first trimester.

Goal #1 By 2021 increase the % of pregnant women seeking prenatal care in the first trimester	National Alignment Increase the proportion of pregnant women who receive prenatal care during the first trimester	State Alignment Promote early access and entry into prenatal care.		
Objective 1-1 Increase % of pregnant women receiving prenatal care in the first first trimester to 84% by 2021	Baseline Year 2011	Baseline Value 70.7%	Target Year 2021	Target Value 84%
Strategy 1-1.1 Increase the knowledge of the availability of prenatal visits by local health care providers through print advertising, website postings and social media <u>Who's Responsible</u> Mount Ayr Medical Clinic	<u>Strategy Type</u> Counseling & Education <u>Target Date</u> on going			
Strategy 1-1.2 Work with/educate county Parents as Teachers Program to encourage early prenatal visits with clients. <u>Who's Responsible</u> Mount Ayr Medical Clinic	<u>Strategy Type</u> Counseling & Education <u>Target Date</u> On going			

Community Priority

Provider and Consumer Awareness of Resources Available in the Community

Goal #1	By 2021 increase provider and consumer awareness of available resources.	National Alignment	State Alignment			
		Increase the quality, availability and effectiveness of educational and community based programs designed to prevent disease and injury, improve health and enhance quality of life.	Increase provider and consumer awareness of available resources			
Objective 1-1	By 2021 establish a provider communication network with two clinics and one hospital actively participating.		Baseline Year	Baseline Value	Target Year	Target Value
			2016	0	2021	3
Strategy 1-1.1	Collaborate with local health care providers and hospital leadership to gather information on the most effective manner to educate all providers including non-local doctors covering ER and staffing visiting physicians clinics.		<u>Strategy Type</u> Environmental / Policy / Systems Change			
	<u>Who's Responsible</u> Ringgold County Public Health/Ringgold County Hospital		<u>Target Date</u> Jan 2, 2017			
Strategy 1-1.2	Develop and maintain comprehensive list of preferred manner of communication for each provider along with a routine schedule for dissemination of information		<u>Strategy Type</u> Environmental / Policy / Systems Change			
	<u>Who's Responsible</u> Ringgold County Public Health		<u>Target Date</u> Jan 4, 2021			
Objective 1-2	By 2021 Establish an effective consumer communication network		Baseline Year	Baseline Value	Target Year	Target Value
			2016	0	2021	1
Strategy 1-2.1	Meet with existing agency groups to gather information on methods used to disseminate information to consumers.		<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Ringgold County Public Health		<u>Target Date</u> Dec 30, 2016			
Strategy 1-2.2	Devise and implement communication plan using methods discovered with partners		<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Ringgold County Public Health		<u>Target Date</u> Dec 31, 2018			
Strategy 1-2.3	Analyze and maintain communication plan		<u>Strategy Type</u> Environmental / Policy / Systems Change			
	<u>Who's Responsible</u> Ringgold County Public Health		<u>Target Date</u> On going			

Community Priority

Communication in hospital discharge planning

Goal #1	National Alignment	State Alignment			
By 2021 reduce the number of preventable hospital readmissions	Use Health communication strategies and health information technology to improve population health outcomes, and health care quality and to achieve health equity.	Align clinical strategies between stakeholders that ensures maximum medication effectiveness and safety			
Objective 1-1	By 2021 reduce the number of preventable readmissions by 25%	Baseline Year 2014	Baseline Value 81.5/100,000	Target Year 2021	Target Value 61/100,000
Strategy 1-1.1	Meet with local nursing homes to determine policy on hospital readmissions	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Who's Responsible</u> Ringgold County Hospital <u>Target Date</u> 10/30/2015			
Strategy 1-1.2	Establish a regular schedule of medical staff rounds at nursing homes in the county.	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Who's Responsible</u> Ringgold County Hospital <u>Target Date</u> 12/31/2015			
Strategy 1-1.3	Establish protocol for who to involve in patient discharge planning.	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Who's Responsible</u> Ringgold County Hospital <u>Target Date</u> 03/31/2017			
Strategy 1-1.4	Continue tracking and analyzing readmissions and source, making adjustments to strategies to address identified needs.	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Who's Responsible</u> Ringgold County Hospital <u>Target Date</u> 06/30/2021			
Strategy 1-1.5	Continue with quarterly partner meetings to communicate analysis of data and obtain input	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Who's Responsible</u> Ringgold County Hospital <u>Target Date</u> 06/30/2019			

Community Priority

Limited Mental Health Services Available

Goal #1		National Alignment	State Alignment			
By 2021 establish some type of mental services in Ringgold County		Improve access to comprehensive, quality health care services	Increase access to services and supports for individuals experiencing a mental health crisis.			
Objective 1-1	By 2021 provide telepsych services in two locations in Ringgold County	Baseline Year	Baseline Value	Target Year	Target Value	
		2016	0	2021	2	
Strategy 1-1.1	Research telepsych services available and determine best avenue to pursue.	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> CROSS Mental Health	<u>Target Date</u> 01/01/2016				
Strategy 1-1.2	Present proposals to Ringgold County Jail and Ringgold County Hospital	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> CROSS Mental Health	<u>Target Date</u> 01/31/2016				
Strategy 1-1.3	Establish services in Ringgold County Jail and Ringgold County Hospital	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> Ringgold County Hospital/Ringgold County Sheriff	<u>Target Date</u> 12/31/2016				
Strategy 1-1.4	Analyze effectiveness of service	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> Ringgold County Hospital/Ringgold County Sheriff/CROSS Mental Health	<u>Target Date</u> On going				
Goal #2		National Alignment	State Alignment			
By 2021 educate community about availability of Crisis Hot line.		improve access to comprehensive, quality health care services	Increase access to services and supports for individuals experiencing a mental health crisis.			
Objective 2-1	By 2017 Make information on Crisis line availability to the entire county.	Baseline Year	Baseline Value	Target Year	Target Value	
		2015	TBD	2017	TBD increase from baseline	
Strategy 2-1.1	Initiate media campaign utilizing a variety of venues to increase awareness of crisis line.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Ringgold County Public Health/CROSS Regional Mental Health	<u>Target Date</u> on going				

Strategy 2-1.2 At least quarterly, inform inter-agency group via meeting or email about availability of Crisis Line

Strategy Type
Counseling & Education

Who's Responsible
Ringgold County Public Health

Target Date
on going

Community Priority

Reduce number of uninsured in Ringgold County

Goal #1 By 2021 Reduce the number of uninsured in Ringgold County	National Alignment	State Alignment
	Improve access to comprehensive, quality health care services.	Access to quality health services and support

Objective 1-1 By 2021 Reduce the number of uninsured in Ringgold county from 13.4% to 8.0%.	Baseline Year	Baseline Value	Target Year	Target Value
	2013	13.4	2021	8.00

Strategy 1-1.1 Work with Community Agencies to brainstorm ideas on how to increase insurance enrollment.	<u>Strategy Type</u> Environmental / Policy / Systems Change
	<u>Who's Responsible</u> Ringgold County Hospital

Strategy 1-1.2 Implement policy to encourage insurance enrollment to all uninsured.	<u>Strategy Type</u> Environmental / Policy / Systems Change
	<u>Target Date</u> 4/01/2017

Strategy 1-1.3 Gather data and evaluate effectiveness of policy making changes as needed.	<u>Strategy Type</u> Environmental / Policy / Systems Change
	<u>Who's Responsible</u> Ringgold County Hospital

Community Priority

High diabetes in Medicare Population

Goal #1 By 2021 Reduce the percentage of Medicare population with diabetes.

National Alignment

Reduce the disease and economic burden of diabetes mellitus (DM) and improve the quality of life for all persons who have, or are at risk for, DM.

State Alignment

Improve health outcomes for diabetic Medicaid members in Care Management programs by increasing A1C compliance¹⁶ by 1% each year.

Objective 1-1 By 2021 reduce the percentage of Medicare population with diabetes by 5%

Baseline Year

Baseline Value

Target Year

Target Value

2014

25.53%

2021

24.25%

Strategy 1-1.1 Screen for diabetes and pre-diabetes every 3 years beginning at age 45 with any risk factor. All patients with BMI >25 and more than one risk factor.

Strategy Type

Clinical Intervention

Who's Responsible

Mount Ayr Medical Clinic

Target Date

On going

Strategy 1-1.2 Diabetes education encouraged at time of diagnosis and as needed thereafter.

Strategy Type

Counseling & Education

Who's Responsible

Mount Ayr Medical Clinic

Target Date

On going

Strategy 1-1.3 Self-management support integrated into patient visits to help patients achieve goals.

Strategy Type

Counseling & Education

Who's Responsible

Mount Ayr Medical Clinic

Target Date

On going

Community Priority

High Blood Pressure in Medicare Population

Goal #1 By 2021 decrease the percentage of Medicare population with high blood pressure.

National Alignment

Improve the health, function, and quality of life of older adults.

State Alignment

An increase in the proportion of persons with high blood pressure who are taking their medication

Objective 1-1 By 2021 decrease percentage of Medicare population with high blood pressure by 5%.

Baseline Year	Baseline Value	Target Year	Target Value
2014	59.05%	2021	56.10%

Strategy 1-1.1 Monitor Pre-Hypertension patients with BP >120/80 and offer support for lifestyle modification to prevent elevated BP with a plan for follow-up

Strategy Type
Counseling & Education

Who's Responsible
Mount Ayr Medical Clinic

Target Date
Ongoing

Strategy 1-1.2 Add pharmacologic therapy if goals not met.

Strategy Type
Clinical Intervention

Who's Responsible
Mount Ayr Medical Clinic

Target Date
On going

Strategy 1-1.3 Track and follow-up every 6 months

Strategy Type
Clinical Intervention

Who's Responsible
Mount Ayr Medical Clinic

Target Date
On going