

Plymouth County Health Improvement Plan

Date Updated: February 24, 2016



For additional information, CONTACT:

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Community Priority

Increase access to mental health resources

Goal #1		National Alignment	State Alignment			
Develop crisis support for residents with mental illness.		Healthy People 2020	Healthy Iowans			
Objective 1-1	Secure and utilize 24 hour crisis intervention support team and assessment location.	Baseline Year	Baseline Value	Target Year	Target Value	
		2015	0	2016	1	
Strategy 1-1.1	Secure building location for patients identified through Emergency Rooms who do not have emergent medical needs but need mental health services to be transferred to for crisis support.	Strategy Type Environmental / Policy / Systems Change				
	Who's Responsible Sioux Rivers Mental Health Team	Target Date 01/01/2016				
	Report Date Feb 3, 2016	Progress on Strategy <input checked="" type="checkbox"/> Complete <input type="checkbox"/> On track <input type="checkbox"/> Off track <input type="checkbox"/> No progress				
	Progress notes: Building has been purchased and is in process of being renovated.					
Strategy 1-1.2	Train and support crisis team employees to provide services.	Strategy Type Clinical Intervention				
	Who's Responsible Sioux Rivers Mental Health Team	Target Date Mar 1, 2016				
Strategy 1-1.3	Offer services to clients through local hospital that present to Emergency Room with uncontrolled mental health illness but do not have emergent medical needs.	Strategy Type Address Social Determinant / Health Inequity				
	Who's Responsible Floyd Valley Hospital	Target Date Jun 1, 2016				
Goal #2		National Alignment	State Alignment			
Increase education of mental health illnesses and how to de-escalate situations.		Healthy People 2020	Healthy Iowans			
Objective 2-1	Provide training to healthcare professionals, law enforcement and other service providers on mental health illnesses.	Baseline Year	Baseline Value	Target Year	Target Value	
		2016	TBD	2018	TBD increase value from baseline	
Strategy 2-1.1	Develop coalition that include mental health stakeholders to meet on regular basis with goal of developing training plan.	Strategy Type Counseling & Education				
	Who's Responsible Plymouth County Sheriffs Office and Floyd Valley Hospital	Target Date 01/01/2018				

Community Priority

Physical activity among residents of all ages

Goal #1	Increase daily physical activity to 2 hours and 30 minutes of brisk activity per week as recommended by the CDC.	National Alignment	State Alignment
		Healthy People 2020, National Prevention Strategy	Healthy Iowans

Objective 1-1	Provide education to community groups, school groups and healthcare agencies 3 times per year on importance of physical activity.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	0	2018	3

Strategy 1-1.1	Attend local health fairs and expos.	<u>Strategy Type</u> Counseling & Education
	<u>Who's Responsible</u> Floyd Valley Community Health	<u>Target Date</u> 03/01/2017

Strategy 1-1.2	Provide resources to school nurses throughout county on physical activity.	<u>Strategy Type</u> Counseling & Education
	<u>Who's Responsible</u> Floyd Valley Community Health	<u>Target Date</u> 09/01/2016

Community Priority

Food safety

Goal #1 Decrease incidence of food-borne illnesses reported in Plymouth County.

National Alignment

Healthy People 2020, Healthy Homes & Healthy Communities

State Alignment

Healthy Iowans, Healthy Homes

Objective 1-1 Reduce incidence of food-borne illnesses by 10% by 2017.

Baseline Year

2015

Baseline Value

23

Target Year

2018

Target Value

21

Strategy 1-1.1 Provide education to residents in each county through local health fair or physician offices.

Strategy Type

Counseling & Education

Who's Responsible

Floyd Valley Community Health

Target Date

Apr 1, 2017

Community Priority

Incidence of radon exposure among residents

Goal #1 Increase community's knowledge of radon gas to decrease incidence of lung cancer caused by radon.	National Alignment Healthy Homes and Healthy Communities	State Alignment Healthy lowans, Environmental Health, Healthy Homes			
Objective 1-1	Increase number of homes in Plymouth County that have been tested for radon.	Baseline Year 2016	Baseline Value TBD	Target Year 2021	Target Value TBD increase based on baseline
Strategy 1-1.1	Provide information on radon testing to residents in Akron, IA through local physician office. <u>Who's Responsible</u> Akron Medical Clinic	<u>Strategy Type</u> Counseling & Education <u>Target Date</u> Jan 2, 2017			
Strategy 1-1.2	Include information on radon testing at local public health office for residents. <u>Who's Responsible</u> Floyd Valley Community Health	<u>Strategy Type</u> Counseling & Education <u>Target Date</u> Jun 1, 2016			