



For additional information about this report, CONTACT:

Name	Organization	Phone	Email
Tara Geddes	Floyd Valley Community Health	(712)546-3335	tara.geddes@floydvalley.org

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Plymouth County

Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Alcohol and drug usage among teens and adults	85% of survey respondents in Plymouth County indicated they felt that alcohol and drugs were a problem in Plymouth County. According to the County Health Rankings from 2015, 20% of residents have problems with excessive drinking.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Resources for Mental Health Illnesses	87% of survey respondents indicated that mental health was a problem in Plymouth County. Focus groups including the Plymouth County Health Planning and Plymouth County Board of Health identified lack of timely resources in Plymouth County for patients diagnosed with mental illness. The ratio of mental health providers in Plymouth County is 1085:1 compared to a state ratio of 904:1.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
3 Inadequate physical activity among all ages	According to the County Health Rankings of 2015, Plymouth County has an inactivity percentage of 24%. During a survey, Plymouth County residents identified that the average number of physical activity hours per day they had was 0.96 hours. Residents also identified an average of 3.25 hours of screen time each day.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
4 Adequate consumption of the recommended daily fruit and vegetable needs for children and adults	Through survey, 43% of respondents believe that residents of Plymouth County do not get adequate nutrition. 64% noted that they consume 1-3 servings or less of fruits and vegetables per day.	No	<input checked="" type="checkbox"/> Other priorities rated higher	<input type="checkbox"/> Community partners do not exist
			<input checked="" type="checkbox"/> Existing programs already address problem/need	<input type="checkbox"/> Lead organization does not exist
			<input type="checkbox"/> Lack of human resources/ staff	<input type="checkbox"/> Lack of financial resources
			<input type="checkbox"/> Other _____	

Plymouth County

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Driving under the influence	Plymouth County had a alcohol impaired death rate of 35% compared to the state rate of 23%. Also, the excessive drinking rate for Plymouth County was 26% compared to the state rate of 20% according to County Health Rankings in 2015.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Violent and abuse behavior in relationships	57% of survey respondents believe that violent and abusive behavior in adults is a problem in Plymouth County.	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
3 Suicide deaths	51% of survey respondents believe that suicide deaths are a problem for Plymouth County.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input checked="" type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Plymouth County

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Food safety	<p>34% of survey respondents believe that Plymouth County has a problem with food safety and a lack of education on food safety for families.</p> <p>In 2013 there were 10 confirmed food-borne illnesses reported, in 2014 7 and in 2015 there were 23. There has also been an increase of probable cases reported by physician clinics.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Incidence of radon exposure among residents	<p>Radon is the second leading cause of cancer according to the American Cancer Society. 400 Iowans die annually from lung cancer caused by radon gas.</p> <p>Akron, IA participated in a study of radon gas through the University of Iowa and it was noted that they had a much higher than expected level of radon.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Sexually transmitted diseases	<p>54% of survey respondents believe that STD's are a problem among teens and adults in Plymouth County.</p> <p>In 2013 there were 43 confirmed cases of STD's, in 2014 there were 59 and in 2015 there were 49 cases.</p>	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

Plymouth County

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Risk communications in the event of an emergency	57% of survey respondents believe that Plymouth County lacks risk communication procedures.	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Individual preparedness for emergencies	44% of survey respondents believe that residents of Plymouth County need more individual preparedness for emergencies.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Plymouth County

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Access to quality health services	Plymouth County has a primary care physician ratio of 2264:1 compared to the state ratio of 1375:1. The ratio for dental care was 2080:1 compared to a state ratio of 1670:1. Mental Health providers in Plymouth County have a ratio of 1085:1 compared to the state ratio of 904:1.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Health insurance	<p>49% of survey respondents believe that health insurance is not adequate for Plymouth County residents.</p> <p>The American Community Survey reports that 5% of Plymouth County residents did not have insurance from 2010-2014. 29% of of residents had public coverage for insurance.</p>	No	<input checked="" type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Plymouth County

FEBRUARY 24, 2016

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

- Priority #1 Alcohol and drug usage among teens and adults
- Priority #2 Resources for Mental Health Illnesses
- Priority #3 Inadequate physical activity among all ages
- Priority #4 Adequate consumption of the recommended daily fruit and vegetable needs for children and adults



Prevent Injuries & Violence

- Priority #1 Driving under the influence
- Priority #2 Violent and abuse behavior in relationships
- Priority #3 Suicide deaths



Protect Against Environmental Hazards

- Priority #1 Food safety
- Priority #2 Incidence of radon exposure among residents



Prevent Epidemics & the Spread of Disease

- Priority #1 Sexually transmitted diseases



Prepare for, Respond to, & Recover from Public Health Emergencies

- Priority #1 Risk communications in the event of an emergency
- Priority #2 Individual preparedness for emergencies



Strengthen the Health Infrastructure

- Priority #1 Access to quality health services
- Priority #2 Health insurance