

Mitchell County

Community Health Needs Assessment (CHNA) Report



For additional information about this report, CONTACT:

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Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Healthy Choices and Behaviors	<p>1) According to the Mitchell County CHNA HIP survey obesity was identified as one of the top 3 health concerns.</p> <p>2) According to the County Health Ranking data Mitchell County is at 28% for adults compared to Iowa at 30%. Factors contributing to obesity include: a) Lack of motivation as identified by our survey b) Limited access to affordable fresh fruits and vegetables</p> <p>2) According to the Mitchell County CHNA HIP survey 24.6% feel diabetes is a concern in our community. The County Health Snap Shot shows emergency room visit rates have increased on a consistent basis. According to the County Health Rankings with diabetic monitoring rate is 83% and the State is at 89%. Factors contributing to diabetes include: a) An increased rate of obesity b) Lack of education and limited comprehension of information provided.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Texting and Driving	<p>According to the Mitchell County CHNA HIP survey 67.5% of those surveyed identified this as the most risky behavior in Mitchell County.</p> <p>According to the Health Snap Shot the MVA rate is 23% per 100,000 versus the State rate of 11.73% and has gone up where the state rate is decreasing.</p> <p>Young, inexperienced drivers under 20 years old represent 16 percent of distracted driving crashes.</p> <p>In 2011, 10 percent of all fatal crashes in the U.S. involved some form of distracted driving.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Air Quality	The Mitchell County Radon Information site the national average radon level is 1.3pCi/L and Mitchell County has a 59% rate greater than 4pCi/L.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Immunizations	<p>According to 2014 IDPH data 96.34% of students had a valid certificate of immunization on file when school audits were completed.</p> <p>68% of children 2 years and below are fully immunized. This number is influenced by Amish and Mennonite children who are not fully immunized by age 2 years.</p> <p>Sexually Transmitted Disease: According to the 2015 Mitchell County IDSS data there were 15 cases of an STD reported in Mitchell County.</p> <p>The County Health Rankings 2015 show 84 cases of an STD in Mitchell County.</p> <p>There were a total of 27 reportable diseases in 2015.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 County Preparedness	<p>Training of staff to respond in case of an event in Mitchell County. NIMS training record complete and updated. Mitchell County CHNA HIP Survey shows half people who responded do not feel they are prepared for a disaster. Most feel this is not a priority and need more information on how to prepare. Iowa EMS Systems Standard Assessment was completed and shows areas that are in progress of completion. The last Health Vulnerability Assessment that was completed in January of 2013, this will be updated with community partner participation.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Education	Recent and frequent changes to insurance and health care are concerning and troubling to many in our community. 17% of hospital emergency room visits and 12% of hospital visits in Mitchell County are paid by Medicaid according to the health snapshot. Mitchell County Home Health Care and Public Health get several calls from clients and citizens with questions concerning health coverage. These persons are anxious and needing guidance.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Transportation	Access to affordable transportation is limited. There are 3 buses available on a limited basis. Medical appointments are the priority for these buses. There is no service available on weekends, holidays, or after business hours. Scheduling with limited notice is not available.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

Mitchell County

FEBRUARY 24, 2016

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

Priority #1 Healthy Choices and Behaviors



Prevent Injuries & Violence

Priority #1 Texting and Driving



Protect Against Environmental Hazards

Priority #1 Air Quality



Prevent Epidemics & the Spread of Disease

Priority #1 Immunizations



Prepare for, Respond to, & Recover from Public Health Emergencies

Priority #1 County Preparedness



Strengthen the Health Infrastructure

Priority #1 Education

Priority #2 Transportation