

Kossuth County

Community Health Needs Assessment (CHNA) Report



For additional information about this report, CONTACT:

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Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Physical Inactivity	<p>According to the County Health Rankings 2015, 29% of Kossuth County adults aged 20+ reported no leisure time activity, while the State rate is 24%. County Health Rankings 2015 also reports that 65% of Kossuth County's population has access to exercise opportunities, while the State rate is 79%.</p> <p>The National Survey of Children's Health (NSCH) in 2011-2012 reports that 44% of Iowa children and teens age 6 to 17 years engaged in less than 5 days of vigorous physical activity in the past week, while the National rate was 46%.</p> <p>The 2013 Iowa High School YRBS (Youth Risk Behavior Survey) reports 32.6% of students were physically active for a total of 60 minutes or more per day on (all) seven of the past seven days, while 55.6% were physically active for 60 minutes or more on five of the last seven days.</p> <p>The 2014 Iowa Youth Survey (grades 6th-11th) reports that 33% of students in Kossuth County were physically active for 60 minutes or more on (all) seven of the past seven days. The State rate is 30%. The same survey reports that 12% were physically active for a total of 60 minutes or more on five of the last seven days. The State rate is 15%.</p> <p>Kossuth County's Community Health Needs Assessment Survey respondents listed Physical Inactivity as the number one risky behavior in Kossuth County, with 62.2% rating it number one. The number one healthy behavior respondents wanted to work on was "getting more physical activity", with 70% listing it number one. 19.2% of survey respondents listed Physical Inactivity as a health concern impacting children in Kossuth County.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Motor Vehicle Crashes	According to County Health Rankings 2015, Kossuth County had 18 Motor Vehicle crash deaths (per 100,000 population), while the State rate is 13.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Air Quality	<p>The average daily density of fine particulate matter in micrograms per cubic meter (PM2.5) in Kossuth County is 12.0 and for the State of Iowa it is 10.9, according to County Health Rankings 2015.</p> <p>Carbon Monoxide poisoning emergency department visit rate in Kossuth County is 15.55 and the State rate is 10.9, according to the IDPH County Health Snapshot 2010-2014.</p> <p>According to the 2012 National Environmental Public Health Tracking Network, 8.1% of adults in Iowa currently have Asthma. The National rate is 8.6%.</p> <p>Kossuth County's Community Health Needs Assessment Survey results from Fall 2015 listed outdoor air quality as the top environmental issue, with 49.1% of respondents rating it number 1.</p>	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Immunization Rates	<p>In Kossuth County 67.4% of adults ages 65 and older report having an Influenza immunization within the last year during 2013, while the State rate for 2014 was 66.8% and the Iowa Healthy People 2020 goal is 90%. In Kossuth County 72.6% of adults age 65 and older reported they have had a Pneumonia vaccination in 2013, as compared to 71.82% of Iowans and the Iowa Healthy People 2020 target is 90%. (Data from Iowa's BRFSS 2014). Kossuth County's rate for required immunizations for 24-35 month olds is 76%, with the goal of 90%. The Kossuth County rate for Adolescent (ages 13-15) recommended vaccinations is 11%, with the goal of 90%. (Data from IRIS).</p>	No	<input checked="" type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Emergency Planning Communications	<p>KEPT (Kossuth Emergency Planning Team) has been an active Coalition since 2006, achieving 501c3 status in 2014. A top identified need is Communication.</p> <p>In the Kossuth county Community Health Needs Assessment Survey in the Fall of 2015, 53.7% of respondents said they are ready for a natural or man-made disaster, while 45.5% of respondents said emergency preparedness was not a priority and 25% said they did not have enough time to prepare.</p>	No	<input checked="" type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Kossuth County

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Health Insurance	<p>According to County Health Rankings 2015, in Kossuth County 11% of Adults under age 65 are uninsured, compared to 12% of lowans. Kossuth County residents under age 19 who are uninsured is 4% , Matching the State rate of 4% uninsured. Personal opinions expressed at Kossuth County's Stakeholder meeting said that insurance affordability is a concern as well as a barrier to health insurance coverage. There is no Certified Application Counselor (CAC) in Kossuth County.</p>	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input checked="" type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input checked="" type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Kossuth County

DECEMBER 18, 2015

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

Priority #1 Physical Inactivity



Prevent Injuries & Violence

Priority #1 Motor Vehicle Crashes



Protect Against Environmental Hazards

Priority #1 Air Quality



Prevent Epidemics & the Spread of Disease

Priority #1 Immunization Rates



Prepare for, Respond to, & Recover from Public Health Emergencies

Priority #1 Emergency Planning Communications



Strengthen the Health Infrastructure

Priority #1 Health Insurance