

Ida County Health Improvement Plan

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For additional information, CONTACT:

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Community Priority

Falls for older adults

Goal #1 Promote the use of A Matter of Balance Program throughout the county.

National Alignment

State Alignment

Healthy Iowans-Iowa's Health Improvement Plan 2012-16, 2015 Revisions:
7-1.2 Promote the use of evidence-based fall promotion strategies to community health professionals and monitor data on fall injuries and death.
(Revised from original 7-1.2)

Objective 1-1 Reduce the hospitalization rate, of people ages 65 and older, due to falls by 10% by December 2021.

Baseline Year	Baseline Value	Target Year	Target Value
2009-13	25.77	2021	23.19

Strategy 1-1.1 Train one person as a Master Trainer for A Matter of Balance (MOB) program by March 15, 2015.

Strategy Type

Clinical Intervention

Who's Responsible

Horn Public Health

Target Date

Mar 15, 2015

Report Date

Mar 12, 2015

Progress on Strategy

Complete On track Off track No progress

Progress notes: Erin Dausel, BSN, RN trained as a Master Trainer for MOB program on March 11-12, 2015

Strategy 1-1.2 Master Trainer train two volunteer coaches for A Matter of Balance program by April 20, 2015

Strategy Type

Clinical Intervention

Who's Responsible

Horn Public Health

Target Date

Apr 20, 2015

Report Date

Apr 9, 2015

Progress on Strategy

Complete On track Off track No progress

Progress notes: Erin D trained Beth Ortnier and Nadine Dutler as MOB coaches on April 9, 2015

Strategy 1-1.3 Offer two MOB programs by December 1, 2015

Strategy Type

Counseling & Education

Who's Responsible

Horn Public Health

Target Date

Dec 1, 2015

Report Date

Aug 30, 2015

Progress on Strategy

Complete On track Off track No progress

Progress notes: Two MOB programs were offered. One at Golden Horizons in Ida Grove in June of 2015 and one at Sole 2 Soul in Galva in July-August 2015.

Strategy 1-1.4 Master Trainer train two additional coaches for A Matter of Balance program by April 30, 2016

Strategy Type

Counseling & Education

Who's Responsible

Horn Public Health

Target Date

Apr 30, 2016

Strategy 1-1.5 Offer a MOB program in each of the 5 towns in Ida County by December 2016

Strategy Type
Counseling & Education

Who's Responsible
Horn Public Health

Target Date
Dec 31, 2016

Goal #2 Work with community partners to establish a home safety assessment and home modification program.

National Alignment

National Prevention Strategy June 2011, Priorities: Injury and Violence Free Living #3: Promote and strengthen policies and programs to prevent falls, especially among older adults.

State Alignment

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Objective 2-1 Establish a home safety assessment program by June 30, 2016.

Baseline Year	Baseline Value	Target Year	Target Value
2016	No program	2018	Program established

Strategy 2-1.1 Present the home safety assessment idea to the Ida County Community Alliance (ICCA) by January 2016.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Horn Public Health

Target Date
Jan 31, 2016

Strategy 2-1.2 Research and choose a home safety assessment program by June 30, 2016.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Horn Public Health and ICCA

Target Date
Jun 30, 2016

Strategy 2-1.3 Research partners for home safety assessment program by June 30, 2016

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Horn Public Health and ICCA

Target Date
Jun 30, 2016

Strategy 2-1.4 Research funding opportunities for home safety assessment program, ongoing.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Horn Public Health and ICCA

Target Date
Ongoing

Objective 2-2 Establish a home modification program by September 30, 2016.

Baseline Year	Baseline Value	Target Year	Target Value
2016	No program	2018	Program established

Strategy 2-2.1 Present the home modification program idea to ICCA by Feb. 2016.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Horn Public Health

Target Date
Feb 29, 2016

Strategy 2-2.2 Work with ICCA partners to research and develop a home modification program by September 30, 2016.

Who's Responsible
Horn Public Health and ICCA

Strategy Type
Address Social Determinant / Health Inequity

Target Date
Sep 30, 2016

Strategy 2-2.3 Work with ICCA partners to research funding for home modifications by September 30, 2016.

Who's Responsible
Horn Public Health and ICCA

Strategy Type
Address Social Determinant / Health Inequity

Target Date
Sep 30, 2016

Community Priority

Ida County's ability to prepare for, withstand and recover from public health incidents.

Goal #1 Sustain and expand the Ida County Healthcare Coalition.		National Alignment	State Alignment			
			Healthy Iowans-Iowa's Health Improvement Plan 2012-2016, 2015 Revisions: 9-1.4 Provide evidence that all 99 county public health agencies have joined or formed health care coalitions with appropriate local partners to provide a comprehensive, sustained response to public health emergencies. (Revised from original 9-1.5)			
Objective 1-1	Increase the number of Health Care Coalition members by 33% by December 2016. Current members include EMA, Horn Memorial Hospital and Public Health.	Baseline Year	Baseline Value	Target Year	Target Value	
		2015	3	2016	4	
Strategy 1-1.1	Identify community sector groups to be engaged for partnership based upon the jurisdictional risk assessment by March 2016.	<u>Strategy Type</u> Long-Lasting Protective Intervention				
	<u>Who's Responsible</u> Ida County Health Care Coalition	<u>Target Date</u> Mar 31, 2016				
Strategy 1-1.2	Ask identified community groups to join the Health Care Coalition June 2016.	<u>Strategy Type</u> Long-Lasting Protective Intervention				
	<u>Who's Responsible</u> Ida County Health Care Coalition	<u>Target Date</u> Jun 30, 2016				
Goal #2 Sustain and expand the Ida County Medical Reserve Corps (MRC).		National Alignment	State Alignment			
			Healthy Iowans-Iowa's Health Improvement Plan 2012-2016, 2015 Revisions: 9-1: An increase in the number of public health emergency volunteers.			
Objective 2-1	Increase the membership of the Ida County MRC from 38 members to 45 members by December 31, 2020.	Baseline Year	Baseline Value	Target Year	Target Value	
		2015	38	2020	45	
Strategy 2-1.1	Identify potential members and ask them if they would like to join the MRC.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Medical Reserve Corps	<u>Target Date</u> Dec 31, 2020				
Strategy 2-1.2	Utilizing different types of media, advertise for volunteers for the MRC.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Medical Reserve Corps	<u>Target Date</u> Dec 31, 2020				

Strategy 2-1.3 Offer to speak at gatherings or meetings to promote the MRC.

Strategy Type
Counseling & Education

Who's Responsible
Medical Reserve Corps

Target Date
Dec 31, 2020

Objective 2-2 Continue developing the Volunteer Reception Center (VRC): percent of strategies completed.

Baseline Year	Baseline Value	Target Year	Target Value
2015	0%	2016	100%

Strategy 2-2.1 Complete the VRC Manual and Job Descriptions by December 31, 2016

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Medical Reserve Corps

Target Date
Dec 31, 2016

Strategy 2-2.2 Conduct a VRC exercise by December 31, 2016.

Strategy Type
Long-Lasting Protective Intervention

Who's Responsible
Medical Reserve Corps

Target Date
Dec 31, 2016