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Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Addressing risky behaviors.	<p>According to the county health rankings and roadmaps as accessed on 3/11/13, Fremont county has 20% of its adult population smoking. This is above the state of Iowa's percentage by 1%. It was also noted that the excessive drinking percentage for Fremont County is double the national benchmark of 8%. Lastly these county health rankings and roadmaps show that motor vehicle crash fatalities, sexually transmitted infections, and teen birth rates are all significantly higher than the national benchmarks.</p> <p>When these combined "risky behaviors" were discussed in the focus group meetings it was clear that they were a concern. This was also noted in our surveys which showed that 25% of participants did have someone in their home that partook in some type of risky behavior that can cause health risks. The survey also drove a little deeper to identify that tobacco use was the number one risky behavior taking place in those families surveyed, with use of alcohol or illicit drugs and texting while driving making a strong presence as well.</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Addressing obesity and physical inactivity in the community.	<p>Adult obesity and physical inactivity in Fremont County are both areas in which the county's percentage exceeds that of the state of Iowa and the national benchmark according to the County Health Rankings and Roadmaps as accessed on 3/11/13. As many counties have identified in the past, obesity and lack of physical activity continue to be areas for improvement. It has also been determined time and again that obesity leads to other health risks and concerns. When this area was discussed in the focus groups, it was determined that this area must remain a priority. The survey results also showed that the community members were concerned and were open to solutions to the ongoing issues with obesity and physical</p>	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

inactivity. A whopping 67% of those surveyed stated that they consider themselves to be overweight with nearly 80% of those who answered that they felt the reason for being overweight was due to lack of physical activity. Lack of healthy diet also ranked high as a possible cause for being overweight at 55% of those surveyed. Another question that was posed to survey participants was what, if any support groups might you participate in if they were offered in the community. Of those that responded, the highest ranking groups would focus on health eating, exercise, and weight management.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
3 Meeting the needs of mothers.	The results of our community surveys showed that those who took the time to complete the survey were made up of 87% female. The surveys were also completed with 59% of the participants either being single with children, married, or married with children in the home.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input checked="" type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Motor Vehicle Deaths	According to the IDPH Tracking Portal - Health Snapshots report the motor vehicle accident death rate for Fremont County is 28.16 per 100,000 for the years of 2010-2014. The state of Iowa rate for the same area is 11.73 per 100,000. This puts Fremont County's motor vehicle accident death rate at well over double that of the state for those years.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Drinking water fluoridation.	According to the CDC's "My Water's Fluoride" website, there is not a single public water system in Fremont County that contains the adequate level of Fluoride to provide sufficient protection or good oral health to our community. That, combined with a shortage of dental providers in our area, puts our residents at risk.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Increasing the Influenza vaccine usage in our county.	According to the IDPH Tracking Portal - Health Snapshots report on Overall Hospitalizations associated with Pneumonia or Influenza in the years of 2010-2014 the rate per 100,000 for Fremont County is 752.45 while the state of Iowa is only 360.74 per 100,000. With Pneumonia being a common secondary illness to Influenza, we felt that increasing the Influenza vaccine usage among all county residents could help to lower these numbers.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Adequate emergency response personnel.	Although there was difficulty finding the official data to support this issue, it is well known by our communities and county residents that all local emergency response teams struggle to respond. All county Fire Departments and Rescue units are staffed by volunteers alone. These volunteers tend to have other full time employment and obligations leading to a frequent difficulty with staffing a response crew to rescue calls in our county. It is feared that as we do locate data on this issue we will note increased response times that could correlate with decreasing favorable outcomes for the patients.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input checked="" type="checkbox"/> Lack of financial resources

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Community support for health related concerns.	The CHNA focus groups met and identified this as being a high priority and also being a need where success was possible with the current resources and participating persons. It was also revealed in our surveys that 52% of those who completed the survey rated their overall health as only fair or poor again leading the focus groups to make community education regarding health related concerns a priority.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Fremont County

JANUARY 20, 2016

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

- Priority #1 Addressing risky behaviors.
- Priority #2 Addressing obesity and physical inactivity in the community.
- Priority #3 Meeting the needs of mothers.



Prevent Injuries & Violence

- Priority #1 Motor Vehicle Deaths



Protect Against Environmental Hazards

- Priority #1 Drinking water fluoridation.



Prevent Epidemics & the Spread of Disease

- Priority #1 Increasing the Influenza vaccine usage in our county.



Prepare for, Respond to, & Recover from Public Health Emergencies

- Priority #1 Adequate emergency response personnel.



Strengthen the Health Infrastructure

- Priority #1 Community support for health related concerns.