

# CLARKE COUNTY Health Improvement Plan

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For additional information, CONTACT:

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# Community Priority

## Health Care Workforce

**Goal #1** Maintain or increase the number of health, mental and dental providers in Clarke county. Currently, Medical Healthcare Providers(1,874:1). Dental Providers (4,663:1) -2/3 providers planning retirement, 3/3 don't take new patients, 3/3 do not take Medicaid payment. Mental Health providers (3,108:1)patients have a wait time from several weeks to several months for appointments for care.

### National Alignment

National Prevention strategy goals is reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk.

### State Alignment

Healthy lowans 2020 has plan to increase number of direct care professionals in the state.

Objective 1-1	Train and utilize one community health educator/care coordinator to assist the population's access to care, patient knowledge, healthy behaviors and preventative care by 7/1/2018.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	0 %	2020	10 %

Strategy 1-1.1 Health Educator/Care coordinator will provide outreach, education, referral and follow-up, case management, and advocacy .

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
Clarke County Public Health, Clarke County Hospital

Target Date  
07/01/2018

Objective 1-2	Assess the number of health providers in the community quarterly.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	20 %	2020	22 %

Strategy 1-2.1 Network with Community Health Center, Unity Point clinic and Clarke County Hospital about recruitment.

Strategy Type  
Long-Lasting Protective Intervention

Who's Responsible  
Clarke County Public Health, Development Corp.

Target Date  
07/01/2018

**Goal #2** Maintain the mental health crisis hotline and telemedicine due to limited mental health providers in community and long wait times for appointments.

### National Alignment

National Prevention Strategy goal to provide individuals and families with the support necessary to maintain positive mental well-being.

### State Alignment

Healthy lowans 2020 goal is to increase access to services and supports for individuals experiencing a mental health crisis.

Objective 2-1	Increase usage of the mental health crisis hotline toll free number by 25% by 1/1/2017	Baseline Year	Baseline Value	Target Year	Target Value
		2015	10%	2020	35%

Strategy 2-1.1 Promotion of the hotline phone number with posters and magnets available from community health partners to the public.

Strategy Type  
Counseling & Education

Who's Responsible  
Mary DeLong, Clarke Co Mental Health coordinator for Cross Region

Target Date  
7/1/2017

**Goal #3** Maintain or increase the number of dental providers in Clarke County by 7/1/2018

**National Alignment**

National Prevention Strategy goal is to support implementation of community-based preventive services and enhance linkages with clinical care.

**State Alignment**

Healthy Iowans 2020 plan to provide leadership and support for state and local oral health coalition development to strengthen existing coalitions and to develop new coalitions and/or work groups that will pool expertise and resources to improve oral health.

**Objective 3-1** Quarterly assessment of # dental providers, hours of services, and funding accepted.

Baseline Year	Baseline Value	Target Year	Target Value
2015	30%	2020	32%

**Strategy 3-1.1** Communicate with Clarke County Development, Delta Dental, University of Iowa Dental School about the need for additional dental providers, recruit as needed.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
Clarke County Public Health, I-Smile dental services

Target Date  
07/01/2019

**Objective 3-2** Increase the number of children with completed dental screenings at kindergarten and 9th grade in yearly dental audit

Baseline Year	Baseline Value	Target Year	Target Value
2015	25%	2019	30%

**Strategy 3-2.1** Promote I- Smile dental services for children

Strategy Type  
Counseling & Education

Who's Responsible  
I-Smile Coordinator, Clarke County Public Health and Warren County Health Services, School nurses

Target Date  
07/01/2019

# Community Priority

## Physical Inactivity

<b>Goal #1</b>	Decrease the amount of individuals reporting inactivity, 27% report physical inactivity.	National Alignment	State Alignment
		National Prevention Strategy goal is Encourage community design and development that supports physical activity.	Healthy Iowans 2020 plan on trying to increase the proportion of adults who get the recommended levels of aerobic physical activity and a reduce of adults that are obese.

Objective 1-1	Provide and promote more activities within the community. Decrease the report of physical inactivity from 27 % to 25%	Baseline Year	Baseline Value	Target Year	Target Value
		2015	27%	2020	25%

Strategy 1-1.1	Install and maintain a "rent a bike" station and promote bike trails in the community	Strategy Type
		Environmental / Policy / Systems Change
<u>Who's Responsible</u>		<u>Target Date</u>
Healthy Clarke County Coalition, Clarke County Public Health, City of Osceola, Development Corp.		07/01/2019

Strategy 1-1.2	Safe Routes to School grant to include walking school bus	Strategy Type
		Environmental / Policy / Systems Change
<u>Who's Responsible</u>		<u>Target Date</u>
Safe Routes to School grant committee.		07/01/2019

Strategy 1-1.3	Increase the number of community "activity" events.	Strategy Type
		Long-Lasting Protective Intervention
<u>Who's Responsible</u>		<u>Target Date</u>
Clarke County Public health, Healthy Clarke County Coalition, Community Partners		07/01/2019

<b>Goal #2</b>	Decrease the percentage of obesity in Clarke County. Currently 29% are overweight or obese.	National Alignment	State Alignment
		National Prevention Strategy plans to improve nutritional quality of the food supply and help people recognize and make healthy food and beverage choices.	Healthy Iowans 2020 plan is to increase the percentage of persons who eat five or more servings of fruits and vegetables each day.

Objective 2-1	Provide and promote information on healthier eating and physical activity to community.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	29 %	2020	27 %

Strategy 2-1.1	Plan cooking classes and other activities to promote incorporating nutrition and exercise into daily routines.	Strategy Type
		Long-Lasting Protective Intervention
<u>Who's Responsible</u>		<u>Target Date</u>
Clarke County Public health, Hy-Vee Nutritionist, Community Partners		7/1/2019