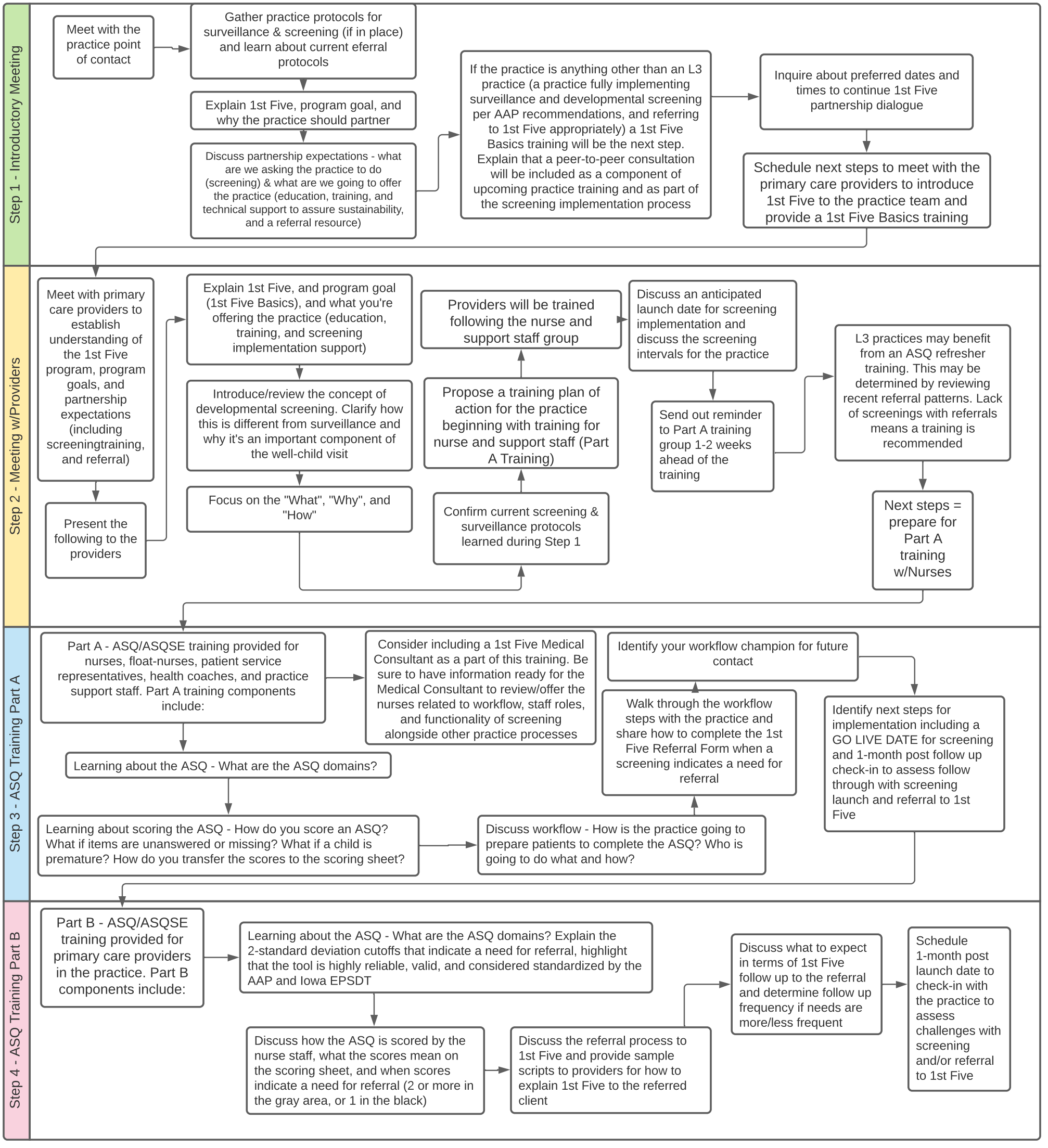ASQ Training Process