

State Family Planning Program (SFPP)

Questions & Answers



- Who is eligible for services
 - What is covered?
- Where can I go for services?
- Who can I call if I still have questions?



What is the SFPP program?

The State Family Planning Program is a service of the Iowa Department of Human Services that provides FREE and confidential family planning services.

Who is eligible for services?

Services are available to Iowa residents who are US citizens or qualified immigrants.

To be eligible for SFPP services, the following guidelines apply:

- You do not have insurance or your insurance does not cover family planning services.
- You are a man or woman between the ages of 12 and 54.
- Your family income is at or below 300 percent of the federal poverty level.
- Women whose pregnancy and delivery was covered by Medicaid will have family planning services covered by Medicaid for an additional 12 months without having their eligibility re-determined.

What services are covered?

- Birth control exams and advice.
- Limited testing and treatment for sexually transmitted infections (STIs).
- Pap tests
- Birth control supplies for men and women (see page 2).
- Voluntary sterilization for men and women who are over the age of 21 and have signed a valid Sterilization Consent Form.
- Pregnancy tests.

Men are covered too!

Family planning services provided as part of or as follow-up to a family planning visit are covered. Examples include services such as: colposcopy, repeat Pap smear, drugs for the treatment of STIs and treatment of yeast infections.





What types of birth control are covered?

The following birth control services are covered under the SFPP program:

- Birth control implants
- Diaphragms and cervical caps
- Birth control pills
- Depo Provera shots
- Sterilization
- IUDs
- Condoms
- Spermicidal suppositories
- Basal thermometer
- Birth control foam/jelly/sponges
- Vasectomies

HPV vaccine is not covered.

Abortions are not covered.



Where can I go for services?

Any family planning provider enrolled with Iowa Medicaid and the SFPP can provide SFPP services, including:

- Family planning clinics
- Doctors
- Federally qualified health centers
- Rural health centers



Where can I apply?

To apply for the SFPP program, you can contact your local DHS office or Title X family planning agency.

Call the Healthy Families Line at 1-800-369-2229 for referral information.

If you are eligible for the SFPP program, you will receive an identification card.

This card only covers SFPP services, you will not have coverage for **SERVICES** such as:

- Hospital visits (except during sterilization)
- Dental, vision or chiropractic care
- Physician services not related to those covered by SFPP.

To check your coverage, call Member Services at 1-800-338-8366 or (515) 256-4606 (in the Des Moines area).

Call your local DHS office for more information about the program. You can also call the Healthy Families Line at 1-800-369-2229 or Iowa Medicaid Enterprise Member Services at 1-800-338-8336 or (515) 256-4606 (in the Des Moines area).



Who can I call if I have questions?