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| 31 Broadlawns Medical Center | 43 Operation Threshold |
| 33 New Opportunities, Inc. | 45 Community Action of Southeast Iowa |
| 34 Hawkeye Area Community Action Program | 46 American Home Finding |
| 35 Hillcrest Family Services | 47 Upper Des Moines Opportunity, Inc. |
| 36 Edgerton Women's Health Center | 48 West Central Community Action |
| 37 MATURA Action Corporation | 49 Siouxland District Health Department |
| 38 Mid-Iowa Community Action | 50 Webster County Health Department |
| 39 Mid-Sioux Opportunity, Inc. | 51 Johnson County Public Health |
| 41 North Iowa Community Action | 52 Pottawattamie County |
| 42 Visiting Nurse Association – Dubuque | 53 Marion County Public Health |

| County | Agency | Phone Numbers | Location | Office Hours |
|--------------------|---------------|--------------------------------------|---|---|
| Adair | 37 | (641) 202-7114 | Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Adams | 37 | (641) 202-7114 | Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Allamakee | 42 | 1-888-836-7867 (563) 245-1145 | Visiting Nurse Association – Clayton County | M-F 8 am – 4:30 pm |
| Appanoose | 46 | 1-800-452-1098 (641) 682-8784 | American Home Finding WIC | M, T, Th, F/ 8 am – 4:30 pm W/ 8:00 am – 7:00 pm |
| Audubon | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |
| Benton | 43 | 1-800-643-1629 (319) 233-1851 | Operation Threshold WIC Main Office—Waterloo | M-Th/ 7:30 am – 6:00 pm F/ 8:00 am – 12:00 pm |
| Black Hawk | 43 | 1-800-643-1629 (319) 233-1851 | Operation Threshold WIC Main Office—Waterloo | M-Th/ 7:30 am – 6:00 pm F/ 8:00 am – 12:00 pm |
| Boone | 38W/A | 1-800-890-8230 | Mid-Iowa Community Action WIC (Ames) | M-Th/ 8:30 am – 4:30 pm F/ 8:00 am – 4:00 pm |
| Bremer | 43 | 1-800-643-1629 (319) 233-1851 | Operation Threshold WIC Main Office—Waterloo | M-Th/ 7:30 am – 6:00 pm F/ 8:00 am – 12:00 pm |
| Buchanan | 43 | 1-800-643-1629 (319) 233-1851 | Operation Threshold WIC Main Office—Waterloo | M-Th/ 7:30 am – 6:00 pm F/ 8:00 am – 12:00 pm |
| Buena Vista | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am-4: 30 pm |
| Butler | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Calhoun | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |

| County | Agency | Phone Numbers | Location | Office Hours |
|--------------------|---------------|--------------------------------------|---|---|
| Carroll | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |
| Cass | 48 | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |
| Cedar | 51 | (319) 356-6042 | Johnson County Public Health | M, W / 8 am-6 pm T, Th, F / 8 am – 4:30 pm |
| Cerro Gordo | 41 | 1-800-657-5856 (641) 423-5044 | North IA Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Cherokee | 39 | 1-800-859-2025 (712) 225-3322 | Mid-Sioux Opportunity WIC, Remsen Outreach Office, Cherokee | M, W, F/8am-4:30 pm |
| Chickasaw | 43 | 1-800-643-1629 (319) 233-1851 | Operation Threshold WIC Main Office—Waterloo | M-Th/ 7:30 am – 6:00 pm F/ 8:00 am – 12:00 pm |
| Clarke | 37 | (641) 202-7114 | Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Clay | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Clayton | 42 | 1-888-836-7867 (563) 245-1145 | Visiting Nurse Association – Clayton County | M-F 8 am – 4:30 pm |
| Clinton | 35S/C | (563) 243-9329 (877) 437-2942 | Hillcrest WIC Clinton Main Office (city) Hillcrest WIC Clinton Office (county) | M-F/ 8 am-5 pm M-F/ 8 am-5 pm |
| Crawford | 48 | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4: 30 pm |
| Dallas | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |
| Davis | 46 | 1-800-452-1098 (641) 682-8784 | American Home Finding WIC | M, T, Th, F/ 8 am – 4:30 pm W/ 8:00 am – 7:00 pm |
| Decatur | 37 | (641) 202-7114 | Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Delaware | 35N/D | (877) 437-3942 | Hillcrest WIC Dubuque Office | M-F/ 8 am-5 pm |
| Des Moines | 45 | (319) 753-0193 | Community Action of Southeast Iowa | M-F/ 8:30 am-5 pm |

| County | Agency | Phone Numbers | Location | Office Hours |
|------------------|---------------|--------------------------------------|---|---|
| Dickinson | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Dubuque | 35N/D | (563) 557-4444 (877) 437-3942 | Hillcrest WIC Dubuque Main Office | M-F/ 8 am-5 pm |
| Emmet | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Fayette | 42 | 1-888-836-7867 (563) 245-1145 | Visiting Nurse Association – Clayton County | M-F 8 am – 4:30 pm |
| Floyd | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Franklin | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Fremont | 48 | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |
| Greene | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |
| Grundy | 43 | 1-800-643-1629 (319) 233-1851 | Operation Threshold WIC Main Office—Waterloo | M-Th/ 7:30 am – 6:00 pm F/ 8:00 am – 12:00 pm |
| Guthrie | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |
| Hamilton | 50 | 1-800-873-1473 (515) 832-9565 | Hamilton County Public Health | M-F/ 8 am-4:30 pm |
| Hancock | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Hardin | 38W/A | 1-800-890-8230 | Mid-Iowa Community Action WIC | M-Th/ 8:30 am – 4:30 pm F/ 8:00 am – 4:00 pm |
| Harrison | 48 | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |
| Henry | 45S/B | (319) 753-0193 1-877-854-5640 | Community Action of Southeast Iowa | M-F/ 8:30 am-5 pm |

| County | Agency | Phone Numbers | Location | Office Hours |
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| Howard | 42 | 1-888-836-7867 (563) 245-1145 | Visiting Nurse Association – Clayton County | M-F 8 am – 4:30 pm |
| Humboldt | 50 | (515) 332-2492 | Humboldt County Public Health | M-F/ 8 am-4:30 pm |
| Ida | 39 | 1-800-859-2025 (712) 364-2175 | Mid-Sioux Opportunity WIC, Remsen Outreach Office, Ida Grove | M-F/ 8 am-4:30 pm Thursday 9:00 am-4:00 pm |
| Iowa | 51 | (319) 356-6042 | Johnson County Health Department | M & W/ 8 am-6 pm T, Th, F/8 am-4:30 pm |
| Jackson | 35S/C | (877) 437-2942 | Hillcrest WIC Clinton Office | M-F/8 am-5 pm |
| Jasper | 38E/M | 1-800-390-5293 | Mid-Iowa Community Action WIC | M-F/ 8:30 am-4:30 pm |
| Jefferson | 46 | 1-800-452-1098 (641) 682-8784 | American Home Finding WIC | M, T, Th, F/ 8 am – 4:30 pm W/ 8:00 am – 7:00 pm |
| Johnson | 51 | (319) 356-6042 | Johnson County Public Health | M & W/ 8 am-6 pm T, Th, F/8 am-4:30 pm |
| Jones | 35N/D | (877) 437-3942 | Hillcrest WIC Dubuque Main Office | M-F/8 am-5 pm |
| Keokuk | 46 | 1-800-452-1098 (641) 682-8784 | American Home Finding WIC | M, T, Th, F/ 8 am – 4:30 pm W/ 8:00 am – 7:00 pm |
| Kossuth | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Lee | 45S/B | 1-877-854-5640 (319) 753-0193 | Community Action of Southeast Iowa | M-F/ 8:30 am-5 pm |

| County | Agency | Phone Numbers | Location | Office Hours |
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| Linn | 34 | 1-800-205-0676 Urban: (319) 366-7632 North Towne: (319) 393-3368 Marion: (319) 447-5816 | HACAP - WIC | Urban: M-F/ 8 am – 4:30 pm, except 2 nd & 4 th Wed/ 10 am – 6:30 pm North Towne: M-Th / 8 am – 4:30 pm, except 2 nd & 4 th Tuesday/ 10 am – 6:30 pm Marion: M-Th / 8 am – 4:30 pm, except 1 st & 3 rd Mon / 10 am – 6:30 pm Hispanic Outreach: 3 rd Tue / 9 am – 2:30 pm |
| Louisa | 45N/M | (563) 264-0855 | Community Action of Southeast Iowa | M-F/ 8 am-4:30 pm |
| Lucas | 53 | (641) 774-8665 | Marion County Public Health | M-F / 8 am-4 pm W/ 8:30-5:00pm |
| Lyon | 39 | 1-800-859-2025 (712) 472-3746 | Mid-Sioux Opportunity WIC, Remsen Outreach Office, Rock Rapids | M-F/8 am – 4:30 pm W / 9 am – 4:00 pm |
| Madison | 37 | (641) 202-7114 | Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Mahaska | 38E/M | 1-800-390-5293 | Mid-Iowa Community Action WIC | M-F/ 8:30 am-4:30 pm |
| Marion | 53 | (641) 828-2238 | Marion County Public Health | M,T,Th,F 8 am-4:30 pm 2 nd T & 4 th Th/8:30am-5pm Wednesdays 8am-6pm |
| Marshall | 38E/M | 1-800-390-5293 (641) 753-4816 | Mid-Iowa Community Action WIC Marshalltown Office | M-F/ 8:30 am-4:30 pm M/10 am-6 pm, T/ 9:00 am – 5:00 pm, W,Th/8:00 am – 4:00 pm |
| Mills | 48S | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |
| Mitchell | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Monona | 48 | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |

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|----------------------|---------------|--------------------------------------|--|--|
| Monroe | 53 | (641) 932-3179 | Marion County Public Health | M-F/ 8 am-4:30 pm 1 st Th & 3 rd F/ 8:30 am – 5:00 pm |
| Montgomery | 48S | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |
| Muscatine | 45N/M | (563) 264-0855 | Community Action of Southeast Iowa | M-F/ 8 am-4:30 pm |
| O'Brien | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Osceola | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Page | 37 | (641) 202-7114 | MATURA Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Palo Alto | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Plymouth | 39 | 1-800-859-2025 (712) 546-6603 | Mid-Sioux Opportunity (Remsen) Le Mars Outreach Office | M-F/ 8 am-4:30 pm T, Th/ 9 am-4:00 pm |
| Pocahontas | 47 | 1-800-245-6151 (712) 859-3885 | Upper Des Moines Opportunity WIC | M-F/ 8 am -4:30 pm |
| Polk | 31 | (515) 282-5800 | Broadlawns WIC | M-F/ 8 am-4:30 pm |
| Pottawattamie | 52 | (712) 328-5886 | Pottawattamie County WIC | M, Th / 8 am – 12 pm, 1 pm – 6 pm T / 8 am – 12 pm, 1 pm – 4:30 pm W, F / 8 am – 4:30 pm |
| Poweshiek | 38E/M | 1-800-390-5293 | Mid-Iowa Community Action WIC | M-F/ 8:30 am-4:30 pm |
| Ringgold | 37 | (641) 202-7114 | Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Sac | 33 | 1-800-642-6330 Cell: 712-830-1329 | New Opportunities WIC | M-F/ 8 am-4:30 pm |
| Scott | 36E | (563) 359-6635 | Edgerton Women's Health Center East (Rusholm Street, Davenport) | M, T, W, F/ 8 am-4:30 pm Th/ 9:30 am-6:00 pm |
| | 36W | (563) 322-1105 | Scott County WIC at CHC (West River Drive, Davenport) | M, T, Th, F/ 8 am-4:30 pm W/9:30 am to 6:00 pm |

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|-------------------|---------------|----------------------------------|--|--|
| Shelby | 48 | 1-800-338-4129 | West Central Community Action | M-F/ 8 am-4:30 pm |
| Sioux | 39 | 1-800-859-2025 (712) 722-3611 | Mid-Sioux Opportunity WIC, Remsen Outreach Office, Sioux Center | M-F/ 8 am-4:30 pm M-T & Th-F/ 8 am-4:30 pm |
| Story | 38W/A | 1-800-890-8230 (515) 232-9020 | Mid-Iowa Community Action WIC Ames WIC Office | M-Th/ 8:30 am – 4:30 pm F/ 8:00 am – 4:00 pm |
| Tama | 38E/M | 1-800-390-5293 | Mid-Iowa Community Action WIC | M-F/ 8:30 am-4:30 pm |
| Taylor | 37 | (641) 202-7114 | MATURA WIC—Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Union | 37 | (641) 202-7114 | MATURA WIC—Main Office | M-Th/ 7 am-5:30 pm F/ 8 am-4:30 pm |
| Van Buren | 46 | 1-800-452-1098 (641) 682-8784 | American Home Finding WIC | M, T, Th, F/ 8 am – 4:30 pm W/ 8:00 am – 7:00 pm |
| Wapello | 46 | 1-800-452-1098 (641) 682-8784 | American Home Finding WIC | M, T, Th, F/ 8 am – 4:30 pm W/ 8:00 am – 7:00 pm |
| Warren | 53 | (515) 962-0468 | Marion County Public Health | 1 st & 3 rd M & T & 4 th T/ 8:30am-5pm 2 nd M 8:30am-5pm 4 th M 8:30am-6pm |
| Washington | 51 | (319) 356-6042 | Johnson County Public Health | M,W/ 8 am-6 pm T, Th, F/ 8 am-4:30 pm |
| Wayne | 53 | (641) 872-1815 | Marion County Public Health Wayne County Public Health | M-F/ 8 am-4:30 pm 3 rd Th / 9 am – 5:00 pm |
| Webster | 50 | 1-800-510-7756 (515) 574-3802 | Webster County Public Health | M-F/ 8 am-4:30 pm |
| Winnebago | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Winneshiek | 42 | 1-888-836-7867 (563) 245-1145 | Visiting Nurse Association – Clayton County | M-F 8 am – 4:30 pm |
| Woodbury | 49 | (712) 279-6636 1-800-587-3005 | Siouxland WIC | M- 8 am-6 pm T-F/ 8am-4:30 pm |

| <i>County</i> | <i>Agency</i> | <i>Phone Numbers</i> | <i>Location</i> | <i>Office Hours</i> |
|----------------------|----------------------|----------------------------------|--|--|
| Worth | 41 | 1-800-657-5856 (641) 423-5044 | North Iowa Community Action WIC Main Office | M / 7:30 am – 6:00 pm T, W, Th, F/ 7:30 am – 4:30 pm |
| Wright | 50 | 1-800-944-1713 (515) 532-3461 | Wright County Public Health | M-F/ 8 am-4:30 pm |