

Iowa WIC Program Formula Issuance Guide

Standard Contract Infant Formulas (policy 235.40)

- Similac Advance (milk-based)
- Gerber Good Start Soy (soy-based)
- Gerber Good Start Soy 2/Gerber Graduates Soy (soy-based for toddlers)
 - These formulas will be given unless a physician diagnoses a medical condition that warrants an Iowa WIC approved special formula.
 - A prescription is needed for adults and children over one year of age.

Contract Non-Exempt Formulas (policy 235.55)

- Similac Sensitive (lactose-free)
- Similac for Spit Up (pre-thickened)
- Similac Total Comfort (protein altered)
 - All contract non-exempt formulas require a prescription and medical documentation.
 - The feeding history and medical diagnosis must indicate a need for the contract non-exempt and exempt infant formul.

Not Allowable Standard Infant Formulas (policy 235.35)

These formulas are not allowed for any reason:

- Enfamil A.R.
- Enfamil Premium Infant
- Enfamil Gentlease
- Enfamil Prosoabee
- Similac Soy Isomil
- Similac Go & Grow Soy
- Gerber Good Start Gentle
- Private label infant formulas

Special Formulas (policy 235.55)

- Medical documentation is required to issue these formulas for all participants.
- Reasons such as “spitting up” or “formula intolerance” will not be accepted as a medical diagnosis.
- For a complete list of approved special formulas, use the Iowa WIC Program Formula Product Guide.
- If a prescribed special formula is not listed in the Iowa WIC Program Formula Product Guide or in IWIN, contact the state office.
- If a requested formula is not approved, the state office will review the request. The review process begins when the Iowa Formula Approval Application is submitted to the state office. The form may be completed by the local agency or at the state office on behalf of the local agency.

Ready-to-Feed Formula

Ready-to-feed formula may be issued in the following cases (policy 235.03):

- The person caring for the participant may have difficulty correctly diluting concentrated or powder formula;
- The household has an unsanitary or restricted water supply or poor refrigeration;
- The prescribed formula is only available in ready-to-feed.