

1 Glen's Word Scrambler

Unscramble the words by using your noggin...and the hints!

AHED _____

It's especially important to protect this part of your body.

NBIAR _____

This is how you think and learn!

LTUAD _____

Who you need to tell if you hit your head.

TSRE _____

This is what you need to do if you have a concussion.

ATOSC _____

Glen's favorite food.

Answers: 1. HEAD, 2. BRAIN, 3. ADULT, 4. REST, 5. TACOS



2 Lucy's Make-a-Story

Fill in the blanks to make your own story.

Oh _____ ! _____ fell off the
(Your Favorite Fruit) (Girl's Name)

_____ and hit her head! She needs to go to
(Piece Of Playground Equipment)

the _____ nurse. And if she has a concussion, she'll need
(Your School's Name)

to rest. That means no playing _____ for a while!
(Your Favorite Game In PE)



3 D.O.G.'s Amazingly Amazing Maze

Use that big, beautiful brain of yours to help D.O.G. find his way out of the maze!



Awesome Activity Guide

Concussions are no laughing matter! Complete these activities to learn what to do if you hit your head and feel funny.

