HIV CARE CONTINUUM

Living with HIV

Estimated total number of Iowans living with HIV.

HIV Diagnoses

Iowans diagnosed with HIV.

Linked to Care in 1 month

Diagnosed people who attended a medical appointment within a month of diagnoses.

Retained in care

Diagnosed people who are engaged in medical care.

Viral Suppression

People whose most recent viral load was less than 200 copies/mL.

Released May 2021
2020 HIV Care Continuum

- **Iowans living with HIV**: 3,384 people (86%)
- **Diagnosed with HIV**: 2,910 people
- **Linked to care in 1 month**: 2,448 people (84%)
- **Retained in Care**: 2,291 people (79%)
- **Viral Suppression**: 90%

Iowa's goal is that 90% of Iowans with HIV will be virally suppressed by 2021.

In 2020, 89% of Iowans diagnosed with HIV were linked to medical care within one month of diagnosis.

In 2020, 86% of Iowans diagnosed with HIV were linked to medical care within one month of diagnosis.

**Undetectable = Untransmittable**

“People who take ART daily as prescribed and achieve and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV-negative partner.” - Centers for Disease Control and Prevention, 2017

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