

# September Falls Prevention Awareness Month!

## Join these free Webinars:

**Thursday, Sept. 3**

Speaker: Dr. Korey A. Kennelty

### Preventing Falls by Deprescribing Opioids

Review polypharmacy, de-escalating therapy, and deprescribing; discuss potential high-risk medications to deprescribe, and work through three case studies focusing on deprescribing tapering schedules and resources for deprescribing.

Join Webinar from Noon - 1:00 PM (CST) using this link:

<https://telligenginqio.zoom.us/meeting/register/tJYIde-opjgpGdRSvp8v3jOAr4zwTrI9E6vL>

**Thursday, Sept. 17**

Speaker: Gary Rasmussen

### Hoarding and Safety

Understand the causes and treatment of hoarding, be able to identify hoarding, know the resources available to help, and understand the emotional aspects of and communication regarding hoarding.

Join Webinar from Noon – 1:00 PM (CST) using this link:

<https://telligenginqio.zoom.us/meeting/register/tJAqcumgpjkiG9OR6gU-FtPOthQvXC9FYxC>

**Thursday, Sept. 24**

Speaker: Miranda Rouw

### Solutions for a Safer Home

Understand how the physical environment can support or hinder safe participation with daily tasks, be able to recognize fall risk factors in and around your home, locate resources for possible funding options to complete home modifications, identify a variety of solutions to reduce the risk of falls in your home, and understand when to seek out the help of professionals.

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<https://telligenginqio.zoom.us/meeting/register/tJclcuGopzMsHdKuf2cGpaDbN6oIWtWAwKCP>

Brought to you by the Iowa  
Falls Prevention Coalition

For more information contact:

571-527-3900

