

Benefits to older adults in

Falls Prevention Programs Save Money and Lives

Since more than **older adults and adults with disabilities** have participated in Falls Prevention programs.



Health Care Dollar Savings

saved through falls prevention programs for older



Evidence-Based Falls Prevention Programs target older adults and adults with disabilities who are at risk.

over age 60

are disabled

live alone

have more than one chronic condition

Top three chronic conditions in are Arthritis, Heart Disease, and Diabetes.

To learn more, visit



National Council on Aging

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