
State of Iowa
Executive Department

IN THE NAME AND BY THE AUTHORITY OF THE STATE OF IOWA

PROCLAMATION

- WHEREAS,** a concussion is a type of brain injury that can be caused by a bump, blow or jolt to the head or body; and is also referred to as a mild traumatic brain injury; and
- WHEREAS,** a concussion can happen to anybody, regardless of age, race or ethnicity, or gender, and can result from a variety of causes including falls, sports and recreation accidents, military action or IED blasts, motor vehicle crashes, intimate partner violence or physical abuse, assault, or other trauma; and
- WHEREAS,** the majority of concussions occur without a loss of consciousness; and
- WHEREAS,** the majority of individuals experiencing a concussion will have symptoms resolve in 1-3 weeks; however, some individuals may experience long-term symptoms resulting from concussion; and
- WHEREAS,** the seriousness of concussions should not be minimized and for Iowa's youth, return to learn and return to play requirements are to be followed:

NOW, THEREFORE, I, Kim Reynolds, Governor of the State of Iowa, do hereby proclaim the month of August, 2020 as

CONCUSSION AWARENESS MONTH

in Iowa.

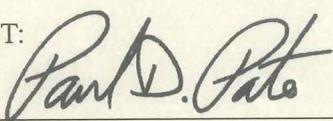


IN TESTIMONY WHEREOF, I HAVE HEREUNTO SUBSCRIBED MY NAME AND CAUSED THE GREAT SEAL OF THE STATE OF IOWA TO BE AFFIXED. DONE AT DES MOINES THIS 15th DAY OF JULY IN THE YEAR OF OUR LORD TWO THOUSAND TWENTY.



KIM REYNOLDS
GOVERNOR OF IOWA

ATTEST:



PAUL PATE
SECRETARY OF STATE