Among Iowans in 2020...

1 in 10 adults aged 18-64 said that they did not have any kind of health insurance coverage.

Rates for Using Clinical Preventive Services were Lower Among Iowans with No Health Insurance:

- **Had a Routine Medical Checkup in Past Year** (Adults ages 18+): 49.3% for No Health Insurance, 78.3% for Health Insurance
- **Had an Influenza (Flu) Vaccine in Past Year** (Adults ages 18+): 23.0% for No Health Insurance, 53.7% for Health Insurance
- **Breast Cancer Screening: Had Mammogram in Past 2 Years** (Women ages 40 and older): 38.1% for No Health Insurance, 76.2% for Health Insurance
- **Colorectal Cancer Screening: Met USPSTF Screening Guidelines** (Adults ages 50-75): 35.2% for No Health Insurance, 76.1% for Health Insurance

Among all adult Iowans (18+)... 

- **23.9%** reported they did not have a routine medical checkup within the past year.
- **18.0%** reported they did not have anyone they thought of as their personal health care provider.
- **7.3%** reported they couldn’t see a doctor in the past year when they needed to because of cost.

Source: 2020 Iowa Behavioral Risk Factor Survey

The BRFSS is an annual, state-based telephone survey that collects data on chronic health conditions, health-related risk behaviors, use of clinical preventive services, and health care access. BRFSS data are used to measure population health over time, design public health programming and policies, inform strategies to improve the health of Iowans, and track progress towards public health goals.