Breast Cancer Screening

81.4% of Iowa women aged 50-74 reported having a mammogram in the past two years.

Cervical Cancer Screening

77.1% of Iowa women aged 21-65 reported having a Pap test in the past three years.

Colorectal Cancer Screening

74.3% of Iowa residents aged 50-75 reported appropriate colorectal cancer screening according to USPSTF guidelines.

Cancer is the second most common cause of death in adults in the United States, following heart disease. (NCHS Data Brief no. 427, 2021)

Cancer screening can identify cancer before a person has any symptoms. If cancer is found early, it may be easier to treat or cure.

Health Insurance

Rates of cancer screening were significantly higher for Iowans with health insurance.

Education & Income

Cancer screening rates grew with higher levels of education and household income.

Source: 2020 Iowa Behavioral Risk Factor Survey

The BRFSS is an annual, state-based telephone survey that collects data on chronic health conditions, health-related risk behaviors, use of clinical preventive practices, and health care access. BRFSS data are used to measure population health over time, design public health programming and policies, inform strategies to improve the health of Iowans, and track progress towards public health goals.

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