



**We are excited to work with you!**

## **PIPBHC Team Contacts:**

The PIPBHC staff can be reached at:

## **Recovery Support Services**

An additional support that has been added to Iowa's Integration Project are Recovery Support Services. Recovery Support Services help people enter into and navigate systems of care, remove barriers to recovery, stay engaged in the recovery process, and live full lives in communities of their choice. Recovery Support Services in Iowa's Integration Project will include services such as Child Care, Education, Transportation, Recovery Peer Coaching, Supplemental Needs and Vocational Training. Talk with your Care Coordinator or a member of the Integrated Care Team about options for supportive services like these.

Iowa's Integration Project is a five year grant awarded to the Iowa Department of Public Health by the Substance Abuse Mental Health Services Administration.

Iowa's Integration Project (Iowa PIPBHC) is a joint partnership between substance use disorder treatment programs across the state and Federally Qualified Health Centers in Polk, Scott and Woodbury counties, and at Camp Dodge, home to the Iowa Army National Guard.



## **Iowa's Integration Project**

**Promoting the Integration of Primary and Behavioral Health Care (PIPBHC)**

## **Participant information**

## What Can Iowa's Integration Project Do For You?

Iowa's Integration Project was started in order to integrate your care for physical and behavioral health. We believe in treating the whole person and this project allows us to work more closely with you to help you reach your goals.

### Iowa's Integration Project allows us to offer you focused attention through the use of:

- Consultation and time to work with the Integrative Care Team which is comprised of nurses, therapists and other specialists
- Wellness activities focusing on nutrition, exercise, and whole health management
- Incentive for completion of the follow up interview with our team
- Collaboration with a Recovery Peer Coach
- Recovery Support Services

## The Enrollment Process – Screenings

We are so happy you have decided to participate in the integration project. The process for enrollment starts with performing a variety of health screenings. This will help us identify possible health needs and begin working with you to develop a plan on how to address them. We will check your vital signs, cholesterol, blood sugar and the amount of carbon monoxide in your lungs and will also screen for symptoms of depression, anxiety and post-traumatic stress.

## Evaluation

Our team will conduct interviews with you at the time of admission, six months after you enroll in the integration project and when you discharge from the program. Discharge from the program does not mean discharge from agency services. The information gathered in the interviews will help us better meet the needs of our clients. When you complete the six month follow up interview there is a non-cash incentive as compensation for your completion of the interviews.

## Linkage to Care:

After your screenings and interview are done, we will discuss health goals with you and help you achieve those goals throughout your participation in the project.

### Depending on your goal, we can link you to:

- Substance Use Disorder Treatment
- Brief Treatment for Substance Use Concerns
- Recovery Support Services
- Nutritional Counseling
- Mental Health Therapy
- Peer Support
- Occupational Therapy
- Tobacco Cessation
- Infectious Disease Treatment
- Primary Care Physicians

**The PIPBHC staff member who enrolled you will help see you through the process of reaching your goals.**

## Have Questions?

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Staff Name

