ALCOHOL USE
1 in 4 of Iowa Latinx public high school students drank alcohol in 2019. This was a 15% decrease from 2011. The statewide rate for recent alcohol use was slightly higher at 26%.

MENTAL HEALTH
Nearly half of Latinx public high school students experienced persistent feelings of sadness or hopelessness. This was an increase from 32% in 2017 and 27% in 2011. The statewide rate for this experience was 33%.

CIGARETTE SMOKING
Over one-third of Latinx public high school students had tried cigarette smoking by 2019. This represents a steady decrease from 2011 when well over half reported the same. One quarter of students statewide had tried cigarette smoking in 2019.

CURRENT SMOKING
19% of Latinx public high school students smoked cigarettes or vaped in 2019. This compares to 21% of students statewide.

SEXUAL VIOLENCE
Latinx public high school students experienced sexual violence at higher rates than students statewide. 16% have been forced to have sex while 10% of students statewide report the same.

PHYSICAL ACTIVITY
80% of Latinx Iowa public high school students exercised at least one day/week. This compares with 87% of students statewide.

HTTPS://IDPH.IOWA.GOV/PUBLICHEALTHDATA/IOWA-YOUTH-RISK-BEHAVIOR-SURVEY

01/2021