1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.

<table>
<thead>
<tr>
<th>Area</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Physical education and physical activity</td>
<td>34.6</td>
<td>38.4</td>
<td></td>
<td>38.7</td>
</tr>
<tr>
<td>b. Nutrition</td>
<td>35.0</td>
<td>42.7</td>
<td></td>
<td>37.1</td>
</tr>
<tr>
<td>c. Tobacco-use prevention</td>
<td>35.8</td>
<td>38.2</td>
<td></td>
<td>38.5</td>
</tr>
<tr>
<td>d. Alcohol- and other drug-use prevention</td>
<td>35.8</td>
<td>40.1</td>
<td></td>
<td>39.2</td>
</tr>
</tbody>
</table>
1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.

e. Chronic health conditions (e.g., asthma, food allergies)

f. Unintentional injury and violence prevention (safety)

g. Sexual health, including HIV, other STD, and pregnancy prevention
2. Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.

a. Health education

b. Physical education

c. Physical activity

d. School meal programs

e. Foods and beverages available at school outside the school meal programs

<table>
<thead>
<tr>
<th></th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Health education</td>
<td>33.8</td>
<td>40.3</td>
<td>40.7</td>
<td>43.5</td>
</tr>
<tr>
<td>b. Physical education</td>
<td>37.8</td>
<td>42.6</td>
<td>40.7</td>
<td>43.1</td>
</tr>
<tr>
<td>c. Physical activity</td>
<td>45.5</td>
<td>43.8</td>
<td>44.4</td>
<td>42.5</td>
</tr>
<tr>
<td>d. School meal programs</td>
<td>51.3</td>
<td>51.4</td>
<td>44.4</td>
<td>51.4</td>
</tr>
<tr>
<td>e. Foods and beverages available at school outside the school meal programs</td>
<td>33.8</td>
<td>36.9</td>
<td>37.1</td>
<td>43.6</td>
</tr>
</tbody>
</table>
2. Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.

f. Health services

<table>
<thead>
<tr>
<th></th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>36.9</td>
<td>45.0</td>
<td>51.8</td>
<td></td>
</tr>
<tr>
<td></td>
<td>43.3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Counseling, psychological, and social services</td>
<td>50.9</td>
<td>52.1</td>
<td>50.8</td>
<td>51.4</td>
</tr>
<tr>
<td>h. Physical environment</td>
<td>48.5</td>
<td>43.8</td>
<td>50.8</td>
<td></td>
</tr>
<tr>
<td>i. Social and emotional climate</td>
<td>67.3</td>
<td>63.2</td>
<td>67.6</td>
<td>65.5</td>
</tr>
<tr>
<td>j. Family engagement</td>
<td>50.6</td>
<td>50.6</td>
<td>48.9</td>
<td>54.7</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>60.4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
2. Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.

- **k. Community involvement**
  - High Schools: 51.8%
  - Middle Schools: 56.1%
  - Junior/Senior High Schools: 65.7%
  - All Schools: 56.4%

- **l. Employee wellness**
  - High Schools: 40.9%
  - Middle Schools: 45.5%
  - Junior/Senior High Schools: 51.4%
  - All Schools: 45.0%
3. Percentage of schools that reviewed health and safety data as part of school’s improvement planning process.*

*Among schools that engaged in an improvement planning process during the past year.
4. Percentage of schools that did the following activities during the past year.

a. Reviewed district’s local wellness policy

b. Helped revise district’s local wellness policy

c. Communicated to school staff about district’s local wellness policy

d. Communicated to parents and families about district’s local wellness policy

---

High Schools  Middle Schools  Junior/Senior High Schools  All Schools
4. Percentage of schools that did the following activities during the past year.

- **Communicated to students about district’s local wellness policy**
  - High Schools: 65.3%
  - Middle Schools: 55.0%
  - Junior/Senior High Schools: 65.7%
  - All Schools: 60.7%

- **Measured school’s compliance with district’s local wellness policy**
  - High Schools: 63.0%
  - Middle Schools: 54.8%
  - Junior/Senior High Schools: 63.7%
  - All Schools: 59.4%

- **Developed an action plan that describes steps to meet requirements of district’s local wellness policy**
  - High Schools: 50.2%
  - Middle Schools: 55.1%
  - Junior/Senior High Schools: 59.4%
  - All Schools: 54.1%
5. Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities.
6. Percentage of schools that have one or more than one group (e.g., school health council, committee, team) that offers guidance on the development of policies or coordinates activities on health topics.
7. Percentage of schools that have a school health council, committee, or team that did the following activities during the past year.*

a. Identified student health needs based on a review of relevant data

b. Recommended new or revised health and safety policies and activities to school administrators or the school improvement team

c. Sought funding or leveraged resources to support health and safety priorities for students and staff

d. Communicated the importance of health and safety policies and activities to district administrators, school administrators, parent-teacher groups, or community members

e. Reviewed health-related curricula or instructional materials

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
8. Percentage of schools that have taken any of the following actions related to before- or after-school programs.

   a. Included before- or after-school settings as part of the School Improvement Plan
      - High Schools: 23.9
      - Middle Schools: 24.7
      - Junior/Senior High Schools: 21.6
      - All Schools: 23.8

   b. Encouraged before- or after-school program staff or leaders to participate in school health council, committee, or team meetings
      - High Schools: 28.5
      - Middle Schools: 29.0
      - Junior/Senior High Schools: 31.8
      - All Schools: 29.3

   c. Partnered with community-based organizations (e.g., Boys & Girls Clubs, YMCA, 4H Clubs) to provide students with before- or after-school programming
      - High Schools: 39.4
      - Middle Schools: 43.6
      - Junior/Senior High Schools: 31.2
      - All Schools: 39.7
9. Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity.
10. Percentage of schools that engage in the following practices related to lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth.

a. Identify "safe spaces" (e.g., a counselor’s office, designated classroom, or student organization) where LGBTQ youth can receive support from administrators, teachers, or other school staff

b. Prohibit harassment based on a student’s perceived or actual sexual orientation or gender identity

c. Encourage staff to attend professional development on safe and supportive school environments for all students, regardless of sexual orientation or gender identity

d. Facilitate access to providers not on school property who have experience in providing health services, including HIV/STD testing and counseling, to LGBTQ youth

e. Facilitate access to providers not on school property who have experience in providing social and psychological services to LGBTQ youth
11. Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression, during the past year.
12. Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression.
13. Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression.
IOWA
2020 School Health Profiles Report
Weighted Principal Survey Results

14. Percentage of schools that taught a required physical education course in each of the following grades.*

<table>
<thead>
<tr>
<th>Grade</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Sixth grade</td>
<td>NA</td>
<td>100.0</td>
<td>100.0</td>
<td>100.0</td>
</tr>
<tr>
<td>b. Seventh grade</td>
<td>NA</td>
<td>100.0</td>
<td>100.0</td>
<td>100.0</td>
</tr>
<tr>
<td>c. Eighth grade</td>
<td>NA</td>
<td>100.0</td>
<td>100.0</td>
<td>100.0</td>
</tr>
</tbody>
</table>

*Among schools with students in that grade.
NA = Not available
14. Percentage of schools that taught a required physical education course in each of the following grades.*

*Among schools with students in that grade.

NA = Not available
15. Percentage of schools in which physical education teachers or specialists received professional development on physical education or physical activity during the past year.
16. Percentage of schools that engage in the following physical education practices.

a. Provide physical education teachers with a written physical education curriculum that aligns with national standards for physical education

b. Require physical education teachers to follow a written physical education curriculum

c. Allow the use of waivers, exemptions, or substitutions for physical education requirements for one grading period or longer

d. Allow teachers to exclude students from physical education to punish them for inappropriate behavior or failure to complete class work in another class

e. Require physical education teachers to be certified, licensed, or endorsed by the state in physical education
16. Percentage of schools that engage in the following physical education practices.

   f. Limit physical education class sizes so that they are the same size as other subject areas
      - High Schools: 67.1%
      - Middle Schools: 63.3%
      - Junior/Senior High Schools: 73.9%
      - All Schools: 66.6%

   g. Have a dedicated budget for physical education materials and equipment
      - High Schools: 93.0%
      - Middle Schools: 86.3%
      - Junior/Senior High Schools: 86.5%

   h. Provide adapted physical education (i.e., special courses separate from regular PE courses) for students with disabilities as appropriate
      - High Schools: 83.6%
      - Middle Schools: 74.3%
      - Junior/Senior High Schools: 73.3%
      - All Schools: 77.6%

   i. Include students with disabilities in regular physical education courses as appropriate
      - High Schools: 98.9%
      - Middle Schools: 100.0%
      - Junior/Senior High Schools: 98.1%
      - All Schools: 99.2%
17. Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physical education.
18. Percentage of schools that offer opportunities for all students to be physically active during the school day, such as recess, lunchtime intramural activities, or physical activity clubs.
19. Percentage of schools that offer interscholastic sports to students.
20. Percentage of schools that offer opportunities for students to participate in physical activity through organized physical activities or access to facilities or equipment for physical activity during the following times.

a. Before the school day

b. After the school day
21. Percentage of schools that have a joint use agreement for shared use of the following school or community facilities.

- a. Physical activity or sports facilities
- b. Kitchen facilities and equipment
- c. Gardens

![Bar chart showing percentages of schools with joint use agreements for various facilities.]
22. Percentage of schools that have a written plan for providing opportunities for students to be physically active before, during, and after school.
23. Percentage of schools that have assessed opportunities available to students to be physically active before, during, or after school.
24. Percentage of schools that have adopted a policy prohibiting tobacco use.
25. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for students during any school-related activity.

a. Cigarettes

b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)

c. Cigars

d. Pipes

e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)
25. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for faculty/staff during any school-related activity.

a. Cigarettes

b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)

c. Cigars

d. Pipes

e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)
25. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for visitors during any school-related activity.

- a. Cigarettes
- b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)
- c. Cigars
- d. Pipes
- e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)
26. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for students.

a. During school hours

b. During non-school hours
26. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for faculty/staff.

- **During school hours**
  - High Schools: 96.8%
  - Middle Schools: 97.1%
  - Junior/Senior High Schools: 97.4%
  - All Schools: 97.0%

- **During non-school hours**
  - High Schools: 76.1%
  - Middle Schools: 84.6%
  - Junior/Senior High Schools: 72.9%
  - All Schools: 79.4%
26. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for visitors.

- a. During school hours
- b. During non-school hours
27. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for students.

a. In school buildings

b. Outside on school grounds, including parking lots and playing fields

c. On school buses or other vehicles used to transport students

d. At off-campus, school-sponsored events
27. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for faculty/staff.

- **a. In school buildings**
  - High Schools: 100.0%
  - Middle Schools: 98.5%
  - Junior/Senior High Schools: 100.0%
  - All Schools: 99.0%

- **b. Outside on school grounds, including parking lots and playing fields**
  - High Schools: 100.0%
  - Middle Schools: 97.7%
  - Junior/Senior High Schools: 100.0%
  - All Schools: 99.0%

- **c. On school buses or other vehicles used to transport students**
  - High Schools: 98.9%
  - Middle Schools: 97.1%
  - Junior/Senior High Schools: 100.0%
  - All Schools: 98.3%

- **d. At off-campus, school-sponsored events**
  - High Schools: 89.5%
  - Middle Schools: 91.8%
  - Junior/Senior High Schools: 91.1%
  - All Schools: 91.1%
27. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for visitors.

a. In school buildings

b. Outside on school grounds, including parking lots and playing fields

c. On school buses or other vehicles used to transport students

d. At off-campus, school-sponsored events
27N. Percentage of schools that follow a policy that mandates a “tobacco-free environment.” A “tobacco-free environment” is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.*

*Responses to question 25 (a, b, c, and d), question 26 (a and b), and question 27 (a, b, c, and d) are all "yes."
TOBVAPE. Percentage of schools that follow a policy that mandates a “tobacco-free environment” including prohibiting electronic vapor products. A “tobacco-free environment” is one that prohibits tobacco and EVP use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.
28. Percentage of schools that never, rarely, sometimes, or always or almost always offer fruits or non-fried vegetables at school celebrations when foods or beverages are offered.

a. Foods or beverages are not offered at school celebrations

b. Never

c. Rarely

d. Sometimes

e. Always or almost always
29. Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.
30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

<table>
<thead>
<tr>
<th>Option</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Chocolate candy</td>
<td>5.7</td>
<td>7.4</td>
<td>2.1</td>
<td>5.8</td>
</tr>
<tr>
<td>b. Other kinds of candy</td>
<td>6.6</td>
<td>9.2</td>
<td>2.1</td>
<td>7.0</td>
</tr>
<tr>
<td>c. Salty snacks that are not low in fat (e.g., regular potato chips)</td>
<td></td>
<td></td>
<td>18.4</td>
<td></td>
</tr>
<tr>
<td>d. Low sodium or &quot;no added salt&quot; pretzels, crackers, or chips</td>
<td></td>
<td>7.4</td>
<td>6.4</td>
<td>11.4</td>
</tr>
<tr>
<td>e. Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

0 20 40 60 80 100
30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

- **f.** Ice cream or frozen yogurt that is not low in fat
  - High Schools: 6.1%
  - Middle Schools: 5.2%
  - Junior/Senior High Schools: 4.2%
  - All Schools: 5.3%

- **g.** 2% or whole milk (plain or flavored)
  - High Schools: 13.1%
  - Middle Schools: 13.9%
  - Junior/Senior High Schools: 20.9%
  - All Schools: 20.9%

- **h.** Nonfat or 1% (low-fat) milk (plain)
  - High Schools: 21.3%
  - Middle Schools: 33.8%
  - Junior/Senior High Schools: 32.9%
  - All Schools: 46.2%

- **i.** Water ices or frozen slushes that do not contain juice
  - High Schools: 11.4%
  - Middle Schools: 10.5
  - Junior/Senior High Schools: 16.6%
  - All Schools: 11.9%

- **j.** Soda pop or fruit drinks that are not 100% juice
  - High Schools: 7.1%
  - Middle Schools: 4.2%
  - Junior/Senior High Schools: 11.5%
  - All Schools: 20.0%
30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

- **k. Sports drinks (e.g., Gatorade)**
  - High Schools: 21.2%
  - Middle Schools: 36.6%
  - Junior/Senior High Schools: 39.9%
  - All Schools: 63.7%

- **l. Energy drinks (e.g., Red Bull, Monster)**
  - High Schools: 2.7%
  - Middle Schools: 2.9%
  - Junior/Senior High Schools: 5.6%
  - All Schools: 10.2%

- **m. Plain water, with or without carbonation (e.g., Dasani, Aquafina, Smart Water)**
  - High Schools: 49.9%
  - Middle Schools: 59.3%
  - Junior/Senior High Schools: 62.9%
  - All Schools: 80.0%

- **n. Calorie-free, flavored water, with or without carbonation (e.g., Dasani Flavors, Aquafina FlavorSplash)**
  - High Schools: 32.6%
  - Middle Schools: 51.5%
  - Junior/Senior High Schools: 48.4%
  - All Schools: 66.1%

- **o. 100% fruit or vegetable juice**
  - High Schools: 34.0%
  - Middle Schools: 50.4%
  - Junior/Senior High Schools: 46.2%
  - All Schools: 58.8%
30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

- **p.** Foods or beverages containing caffeine:
  - High Schools: 5.4
  - Middle Schools: 11.0
  - Junior/Senior High Schools: 16.2
  - All Schools: 32.0

- **q.** Fruits (not fruit juice):
  - High Schools: 12.7
  - Middle Schools: 13.3
  - Junior/Senior High Schools: 19.0

- **r.** Non-fried vegetables (not vegetable juice):
  - High Schools: 7.5
  - Middle Schools: 14.9
  - Junior/Senior High Schools: 14.0
  - All Schools: 21.4
31. Percentage of schools that have done any of the following activities during the current school year.

- a. Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages

- b. Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating

- c. Provided information to students or families on the nutrition and caloric content of foods available

- d. Conducted taste tests to determine food preferences for nutritious items

- e. Served locally or regionally grown foods in the cafeteria or classrooms
31. Percentage of schools that have done any of the following activities during the current school year.

- **f. Planted a school food or vegetable garden**
  - High Schools: 31.5%
  - Middle Schools: 26.9%
  - Junior/Senior High Schools: 25.6%
  - All Schools: 28.4%

- **g. Placed fruits and vegetables near the cafeteria cashier, where they are easy to access**
  - High Schools: 73.0%
  - Middle Schools: 72.3%
  - Junior/Senior High Schools: 75.0%
  - All Schools: 73.0%

- **h. Used attractive displays for fruits and vegetables in the cafeteria**
  - High Schools: 66.7%
  - Middle Schools: 62.4%
  - Junior/Senior High Schools: 50.0%
  - All Schools: 61.8%

- **i. Offered a self-serve salad bar to students**
  - High Schools: 69.3%
  - Middle Schools: 66.6%
  - Junior/Senior High Schools: 55.8%
  - All Schools: 65.7%

- **j. Encouraged students to drink plain water**
  - High Schools: 86.2%
  - Middle Schools: 91.6%
  - Junior/Senior High Schools: 78.6%
  - All Schools: 87.3%
31. Percentage of schools that have done any of the following activities during the current school year.

k. Prohibited school staff from giving students food or food coupons as a reward for good behavior or good academic performance

l. Prohibited less nutritious foods and beverages (e.g., candy, baked goods) from being sold for fundraising purposes
32. Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations.

- **a. In school buildings**
  - High Schools: 60.6%
  - Middle Schools: 59.6%
  - Junior/Senior High Schools: 47.8%
  - All Schools: 57.8%

- **b. On school grounds including on the outside of the school building, on playing fields, or other areas of the campus**
  - High Schools: 49.7%
  - Middle Schools: 55.8%
  - Junior/Senior High Schools: 37.8%
  - All Schools: 50.2%

- **c. On school buses or other vehicles used to transport students**
  - High Schools: 66.6%
  - Middle Schools: 61.0%
  - Junior/Senior High Schools: 53.7%
  - All Schools: 61.7%

- **d. In school publications (e.g., newsletters, newspapers, web sites, other school publications)**
  - High Schools: 58.2%
  - Middle Schools: 56.0%
  - Junior/Senior High Schools: 43.8%
  - All Schools: 54.6%

- **e. In curricula or other educational materials (including assignment books, school supplies, book covers, and electronic media)**
  - High Schools: 60.8%
  - Middle Schools: 52.8%
  - Junior/Senior High Schools: 41.7%
  - All Schools: 53.7%
Figure 33. Percentage of schools that permit students to have a drinking water bottle with them during the school day.

- **a.** Yes, in all locations
  - High Schools: 94.8%
  - Middle Schools: 91.6%
  - Junior/Senior High Schools: 91.2%
  - All Schools: 92.7%

- **b.** Yes, in certain locations
  - High Schools: 3.2%
  - Middle Schools: 2.6%
  - Junior/Senior High Schools: 5.4%
  - All Schools: 8.4%

- **c.** No
  - High Schools: 2.0%
  - Middle Schools: 0.0%
  - Junior/Senior High Schools: 6.1%
  - All Schools: 1.8%
33N. Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locations during the school day.
34. Percentage of schools that offer a free source of drinking water in the following locations.*

a. Cafeteria during breakfast

b. Cafeteria during lunch

c. Gymnasium or other indoor physical activity facilities

d. Outdoor physical activity facilities or sports fields

e. Hallways throughout the school

*Among schools with that location.
35. Percentage of schools that have a full-time registered nurse who provides health services to students.
36. Percentage of schools that have a part-time registered nurse who provides health services to students.
37. Percentage of schools that have a school-based health center that offers health services to students.
38. Percentage of schools that provide the following services to students.

a. HIV testing

b. HIV treatment (ongoing medical care for persons living with HIV)

c. STD testing

d. STD treatment

e. Pregnancy testing
38. Percentage of schools that provide the following services to students.

- **f. Provision of condoms**
  - **High Schools:** 3.9
  - **Middle Schools:** 0.0
  - **Junior/Senior High Schools:** 2.6
  - **All Schools:** 1.9

- **g. Provision of condom-compatible lubricants (i.e., water- or silicone-based)**
  - **High Schools:** 2.5
  - **Middle Schools:** 0.0
  - **Junior/Senior High Schools:** 0.0
  - **All Schools:** 0.9

- **h. Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])**
  - **High Schools:** 2.5
  - **Middle Schools:** 0.0
  - **Junior/Senior High Schools:** 0.0
  - **All Schools:** 0.9

- **i. Prenatal care**
  - **High Schools:** 1.3
  - **Middle Schools:** 0.0
  - **Junior/Senior High Schools:** 2.0
  - **All Schools:** 0.8

- **j. Human papillomavirus (HPV) vaccine administration**
  - **High Schools:** 0.9
  - **Middle Schools:** 0.9
  - **Junior/Senior High Schools:** 0.0
  - **All Schools:** 0.7
38. Percentage of schools that provide the following services to students.

k. Assessment for alcohol or other drug use, abuse, or dependency

l. Daily medication administration for students with chronic health conditions (e.g., asthma, diabetes)

m. Stock rescue or "as needed" medication for any student experiencing a health emergency (e.g., asthma episode, severe allergic reaction)

n. Case management for students with chronic health conditions (e.g., asthma, diabetes)
39. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.

a. HIV testing

b. HIV treatment (ongoing medical care for persons living with HIV)

c. nPEP (non-occupational post-exposure prophylaxis for HIV—a short course of medication given within 72 hours of exposure to infectious bodily fluids from a person known to be HIV positive)

d. PrEP (pre-exposure prophylaxis for HIV—medication taken daily to prevent HIV infection for those at substantial risk for HIV)

e. STD testing
39. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.

- f. **STD treatment**
  - High Schools: 29.2
  - Middle Schools: 34.7
  - Junior/Senior High Schools: 38.0
  - All Schools: 40.0

- g. **Pregnancy testing**
  - High Schools: 34.7
  - Middle Schools: 36.8
  - Junior/Senior High Schools: 39.2
  - All Schools: 46.1

- h. **Provision of condoms**
  - High Schools: 23.2
  - Middle Schools: 30.3
  - Junior/Senior High Schools: 29.7
  - All Schools: 37.0

- i. **Provision of condom-compatible lubricants (i.e., water- or silicone-based)**
  - High Schools: 21.9
  - Middle Schools: 29.6
  - Junior/Senior High Schools: 27.5
  - All Schools: 33.4

- j. **Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])**
  - High Schools: 26.2
  - Middle Schools: 30.3
  - Junior/Senior High Schools: 30.8
  - All Schools: 36.5
39. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.

k. Prenatal care

l. Human papillomavirus (HPV) vaccine administration

m. Alcohol or other drug abuse treatment
40. Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible.
41. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.

- a. Asthma
- b. Food allergies
- c. Diabetes
- d. Epilepsy or seizure disorder

The chart shows the percentage of schools that routinely use school records to identify and track students with the listed conditions, categorized by high schools, middle schools, junior/senior high schools, and all schools combined.
41. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.

e. Obesity

f. Hypertension/high blood pressure

g. Oral health condition (e.g., abscess, tooth decay)
42. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.

- a. Asthma
- b. Food allergies
- c. Diabetes
- d. Epilepsy or seizure disorder
42. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.

e. Obesity

f. Hypertension/high blood pressure

g. Oral health condition (e.g., abscess, tooth decay)
43. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are provided.

- **a.** This school does not provide any sexual or reproductive health services
  - High Schools: 82.6%
  - Middle Schools: 80.6%
  - Junior/Senior High Schools: 77.4%
  - All Schools: 80.7%

- **b.** Parental consent is required before any sexual or reproductive health services are provided
  - High Schools: 1.9%
  - Middle Schools: 11.4%
  - Junior/Senior High Schools: 15.8%
  - All Schools: 8.7%

- **c.** Parental consent is not required for sexual or reproductive health services and parents are provided with information about services provided only upon request
  - High Schools: 2.6%
  - Middle Schools: 0.0%
  - Junior/Senior High Schools: 2.1%
  - All Schools: 1.3%
43. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are provided.

d. Parental consent is not required for sexual or reproductive health services, but parents may be notified depending on the service provided.

- High Schools: 5.3
- Middle Schools: 1.5
- Junior/Senior High Schools: 2.1
- All Schools: 3.0

e. Parental consent is not required for sexual or reproductive health services, but parents are notified about all services provided.

- High Schools: 6.5
- Middle Schools: 5.0
- Junior/Senior High Schools: 0.0
- All Schools: 4.6

f. Parental consent is not required for sexual or reproductive health services and parents are not notified about any services provided.

- High Schools: 1.2
- Middle Schools: 1.5
- Junior/Senior High Schools: 2.7
- All Schools: 1.6
44. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are referred.

- **a.** This school does not refer any sexual or reproductive health services.
  - High Schools: 51.0%
  - Middle Schools: 59.4%
  - Junior/Senior High Schools: 53.0%
  - All Schools: 55.2%

- **b.** Parental consent is required before any sexual or reproductive health services are referred.
  - High Schools: 19.5%
  - Middle Schools: 26.0%
  - Junior/Senior High Schools: 23.5%
  - All Schools: 23.2%

- **c.** Parental consent is not required for sexual or reproductive health services and parents are provided with information about referrals provided only upon request.
  - High Schools: 2.8%
  - Middle Schools: 1.1%
  - Junior/Senior High Schools: 2.5%
  - All Schools: 2.0%
44. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are referred.

d. Parental consent is not required for sexual or reproductive health services, but parents may be notified depending on the referral provided.

- High Schools: 8.0
- Middle Schools: 15.0
- Junior/Senior High Schools: 15.2
- All Schools: 11.8

e. Parental consent is not required for sexual or reproductive health services, but parents are notified about all referrals provided.

- High Schools: 3.7
- Middle Schools: 1.0
- Junior/Senior High Schools: 0.0
- All Schools: 1.8

f. Parental consent is not required for sexual or reproductive health services and parents are not notified about any referrals provided.

- High Schools: 7.9
- Middle Schools: 4.5
- Junior/Senior High Schools: 5.8
- All Schools: 6.0
45. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.

a. Basic sexual health overview including community-specific information about STD, HIV, and unplanned pregnancy rates and prevention strategies

b. Sexual health services that adolescents should receive

c. Laws and policies related to adolescent sexual health services, such as minor consent for sexual health services

d. Importance of maintaining student confidentiality for sexual health services
45. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.

- **e.** How to create or use a student referral guide for sexual health services
  - High Schools: 13.1%
  - Middle Schools: 13.0%
  - Junior/Senior High Schools: 19.0%
  - All Schools: 14.1%

- **f.** How to make successful referrals of students to sexual health services
  - High Schools: 11.7%
  - Middle Schools: 15.5%
  - Junior/Senior High Schools: 25.6%
  - All Schools: 15.8%

- **g.** Best practices for adolescent sexual health services provision, such as making services youth-friendly
  - High Schools: 14.7%
  - Middle Schools: 18.2%
  - Junior/Senior High Schools: 21.2%
  - All Schools: 17.4%

- **h.** Ensuring sexual health services are inclusive of lesbian, gay, bisexual, and transgender students
  - High Schools: 17.6%
  - Middle Schools: 22.6%
  - Junior/Senior High Schools: 34.5%
  - All Schools: 22.7%
46. Percentage of schools that have done any of the following activities during the current school year.

a. Provided parents with information to support parent-adolescent communication about sex
   - High Schools: 23.1%
   - Middle Schools: 29.2%
   - Junior/Senior High Schools: 20.7%
   - All Schools: 25.4%

b. Provided parents with information to support parent-adolescent communication about topics other than sex
   - High Schools: 50.4%
   - Middle Schools: 50.0%
   - Junior/Senior High Schools: 54.5%
   - All Schools: 51.0%

c. Provided parents with information about how to monitor their teen (e.g., setting parental expectations, keeping track of their teen, responding when their teen breaks the rules)
   - High Schools: 42.3%
   - Middle Schools: 42.2%
   - Junior/Senior High Schools: 35.9%
   - All Schools: 41.1%

d. Provided parents with information to support one-on-one time between adolescents and their health care providers
   - High Schools: 20.8%
   - Middle Schools: 20.8%
   - Junior/Senior High Schools: 12.4%
   - All Schools: 19.3%

e. Provided parents with information about physical education and physical activity programs
   - High Schools: 55.7%
   - Middle Schools: 59.3%
   - Junior/Senior High Schools: 57.3%
   - All Schools: 57.6%
46. Percentage of schools that have done any of the following activities during the current school year.

- **f.** Involved parents as school volunteers in the delivery of health education activities and services
- **g.** Involved parents as school volunteers in physical education or physical activity programs
- **h.** Linked parents and families to health services and programs in the community
- **i.** Provided disease-specific education for parents and families of students with chronic health conditions (e.g., asthma, diabetes)
- **j.** Provided parents with information about before- or after-school programs available in the community

![Bar chart showing percentages of schools that have done various activities.](chart.png)
47. Percentage of schools that currently implement any of the following school-based positive youth development programs.

- **a. Service-learning programs, that is, community service designed to meet specific learning objectives**
  - High Schools: 64.5
  - Middle Schools: 42.5
  - Junior/Senior High Schools: 62.8
  - All Schools: 54.3

- **b. Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students**
  - High Schools: 52.5
  - Middle Schools: 46.4
  - Junior/Senior High Schools: 33.9
  - All Schools: 46.6
48. Percentage of schools that currently connect students to any of the following community-based positive youth development programs.

a. Service-learning programs, that is, community service designed to meet specific learning objectives

- High Schools: 56.6%
- Middle Schools: 41.0%
- Junior/Senior High Schools: 50.6%
- All Schools: 48.5%

b. Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students

- High Schools: 52.4%
- Middle Schools: 48.1%
- Junior/Senior High Schools: 48.9%
- All Schools: 49.9%
49. Percentage of schools in which students’ families helped develop or implement policies and programs related to school health during the past two years.