

**Care for Yourself**

:30 DJ read radio

*Option 1*

DJ: Hi, it's <DJ NAME> and I've got a message from your loved ones. They want you to be around for countless family dinners, game nights and birthdays to come.

That's where the Care for Yourself program comes in. It provides life-saving breast and cervical cancer screenings for free or reduced cost.

The earlier you get screened, the sooner you can treat any disease you may have. So you can be around for countless memories to come.

Get started at [idph.iowa.gov/cfy](http://idph.iowa.gov/cfy).

Brought to you by the Iowa Department of Public Health.

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*Option 2*

DJ: Family dinners. Game nights. Birthdays. None of these would be the same without you there. That's why it's so important women get screened for breast and cervical cancers.

Hi, this is <DJ NAME> and I wanted to let you know about the Care for Yourself program. With this program, you could get life-saving health screenings for FREE. Learn more at [idph.iowa.gov/cfy](http://idph.iowa.gov/cfy).

Your family and friends count on you. You can count on us.

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**Care for Yourself**

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*Option 3*

DJ: Family dinners. Game nights. Birthdays. None of these would be the same without you there. That's why it's so important women get screened for breast and cervical cancers.

You could get these life-saving screenings for FREE with the Care for Yourself program. The earlier you get screened, the sooner you can treat any disease you may have.

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