



Care For Yourself Program Directory

Updated September 2021

Organization	Address	Contact Information
<p>Care for Yourself State Staff</p>	<p>Iowa Department of Public Health Lucas State Office Building 321 East 12th Street, 4th Floor Des Moines, IA 50319-0075</p> <p>Iowa Care for Yourself Program P: (515) 281-5616 F: (515) 242-6384</p>	<p>Jill Myers-Gaedelmann, BS, RN: Program Director P: (515) 242-6067 M: (515) 321-8700 E: Jill.Myers-Gaedelmann@idph.iowa.gov</p> <p>Ellen Maahs, MPH: Implementation Coordinator P: (515) 371-7798 E: Ellen.Maahs@idph.iowa.gov</p> <p>TBD: Health Services Coordinator P: (515) 314-6369 E:</p> <p>Ashley Ezzio, ICCE, CD (DONA): Outreach Coordinator P: (515) 515-371-6045 E: Ashley.Ezzio@idph.iowa.gov</p> <p>Yumei Sun, PhD: Data Manager P: (515) 281-3983 E: Yumei.Sun@idph.iowa.gov</p> <p>Gena Hodges, BA: Provider Contract Manager P: (515) 371-6306 E: Gena.Hodges@idph.iowa.gov</p> <p>Denise Attard Sacco, MPH, CHES: WISEWOMAN Intervention/Evaluation Specialist P: 515-371-1384 E: Denise.Attard-Sacco@idph.iowa.gov</p> <p>Sonya Loynachan, MPA: WISEWOMAN Program Manager P: (515) 371-3387 E: Sonya.Loynachan@idph.iowa.gov</p>
<p>Medical Billing Services</p>	<p>Medical Billing Services Attn: Iowa Screening Programs 500 East Court Avenue, Suite 305 Des Moines, IA 50309-2057</p>	<p>Melanie Blomquist: Accounting Clerk P: (515) 412-2815 F: (515) 237-3979 E: melanie.b@practisynergy.com</p>
<p>The University of Iowa</p>	<p>Center for Public Health Statistics N309 CPHB The University of Iowa 145 N Riverside Drive Iowa City, IA 52242</p>	<p>Karen Ullom, BBA: Health Records Analyst P: (319) 335-6866 E: karen-ullom@uiowa.edu</p>

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Appanoose Region 4	Appanoose County Public Health 209 East Jackson Street Centerville, IA 52544	Kristopher Laurson , Administrator P: (641) 437-4332 F: (641) 856-5575 E: klaurson@appanooseph.net Jerilyn Lasley : CFY Coordinator P: (641) 437-4332 F: (641) 856-5575 E: jlasley@appanooseph.net	Davis Wapello Wayne	
Black Hawk Region 7	Black Hawk County Health Department 1407 Independence Avenue, 5 th Floor Waterloo, IA 50703-4396	Halkeno Tura Health Promotion Bureau Manager P: (319) 291-2413 F: (319) 291-2418 E: htura@blackhawkcounty.iowa.gov Crystal Schmitz : CFY Program Coordinator P: (319) 292-2215 F: (319) 291-2659 E: cschmitz@blackhawkcounty.iowa.gov	Buchanan Fayette Grundy Tama	
Buena Vista Region 11	Buena Vista Public Health/Home Care 1709 East Richland Street PO Box 1332 Storm Lake, IA 50588	Pam Bogue : Director P: (712) 749-2548 E: pbogue@bvcountyiowa.com Beth Rix : CFY Program Coordinator P: (712) 749-2548 E: brix@bvcountyiowa.com	Pocahontas Sac	
Butler Region 12	Butler County Public Nurse Service 428 6 th Street, P.O. Box 325 Allison, IA 50602	Jennifer Becker : Director P: (319) 267-2934 F: (319) 267-2113 E: publichealth@butlercoiowa.org Nancy Hemann : CFY Program Coordinator P: (319) 267-2934 F: (319) 267-2113 E: nhemann@butlercoiowa.org	Bremer Chickasaw Floyd Franklin Howard Mitchell	

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<p align="center">Carroll Region 14</p>	<p>Carroll County Public Health St. Anthony Regional Hospital 318 South Maple Street, Suite #3 Carroll, IA 51401</p>	<p>Nikki Schwering, RN: Director & CFY Program Coordinator P: (712) 794-5400 TF: (800) 684-3020 F: (712) 794-5271 E: NSchwering@stanthonyhospital.org</p> <p>Beth Hacker: CFY Program Assistant P: (712) 794-5408 F: (712) 792-8271 E: BHacker@stanthonyhospital.org</p>	<p align="center">Audubon</p>	
<p align="center">Cass Region 15</p>	<p>Cass County Memorial Hospital Public Health 1408 East 10th Street Atlantic, IA 50022</p>	<p>Beth Olsen: Director P: (712) 243-7552 E: olsea@casshealth.org</p> <p>Victoria Means: CFY Program Coordinator P: (712) 243-7443 F: (712) 243-7442 E: meavd@casshealth.org</p> <p>Linda Edelman: CFY Program Assistant P: (712) 243-7551 F: (712) 243-7442 E: edell@casshealth.org</p>	<p align="center">Guthrie Harrison Mills Montgomery Pottawattamie Monona</p>	
			<p align="center">Adair Union</p>	<p>Adair County Public Health Stephanie Claussen: County Contact P: (641) 743-7205 F: (641) 743-6157 E: sclaussen@adaircountyhealthsystem.org</p>
			<p align="center">Crawford</p>	<p>Crawford County Home Health, Hospice & Public Health Cheryl R: Co Contact P: (712) 263-3303 F: (712) 263-2034 E: clahr@crawfordcounty.org</p>

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			Shelby	Myrtue Medical Center Shelby County Public Health Cathy Buman: County Contact P: (712) 755-4422 F: (712) 755-4538 E: cbuman@myrtuemedical.org
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<p>Cerro Gordo Region 17</p>	<p>Cerro Gordo Co. Dept. of Public Health 2570 4th Street SW Ste. 1 Mason City, IA 50401</p>	<p>Alyse DeVries: Director P: (641) 421-9315 F: (641) 421-9346 Or (641) 421-9350 E: adevries@cghealth.com</p> <p>Karen Crimmings, RN, CIC: CFY Program Director P: (641) 421-9323 TF: (800) 264-2581 F: (641) 421-9350 E: kcrimmings@cghealth.com</p> <p>Penny McCaslin: CFY Program Assistant P: (641) 421-9329 F: (641) 421-9350 E: pmccaslin@cghealth.com</p>		<p>Jennifer Stiles, RN jstiles@cghealth.com 641-421-9359</p>
<p>Clarke Region 20</p>	<p>Clarke County Public Health 144 West Jefferson Street Osceola, IA 50213</p>	<p>: Administrator P: (641) 342-3724 F: (641) 342-2603 E: clarkeph2@mediacombb.net</p> <p>Heather Kimmel: CFY Program Coordinator P: (641) 342-3724 F: (641) 342-2603 E: clarkehe@mediacombb.net</p>	<p>Decatur Warren</p>	
<p>Clay Region 21</p>	<p>Clay County Public Health Subcontractor: Spencer Hospital 1200 1st Avenue E Spencer, IA 51301</p>	<p>Colette Rossiter: Director P: (712) 264-6380 E: crossiter@spencerhospital.org</p> <p>Angel Smith: CFY Program Coordinator P: (712) 264-6468 E: asmith@spencerhospital.org</p>	<p>Palo Alto</p>	

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<p>Clinton Region 23</p>	<p>Clinton County Health Department Genesis VNA and Hospice Genesis Medical Center Care for Yourself Program 1227 East Rusholme Street Davenport, IA 52803</p>	<p>Michele Cullen: Director P: (563) 242-7165 F: (563) 242-7197 E: cullenm@genesishealth.com</p> <p>Diane Koster: CFY Program Coordinator P: (563) 421-3081 F: (563) 421-7659 E: KosterD@genesishealth.com</p> <p>Terry Pool: CFY Program Assistant P: (563) 421-1913 F: (563) 421-7659 E: Pool@genesishealth.com</p>	<p>Jackson</p>	
<p>Dickinson Region 30</p>	<p>Dickinson County Health Department</p> <p>Subcontractor: Lakes Regional Healthcare Highway 71 South, PO Box AB Spirit Lake, IA 51360</p>	<p>Katy Burke: Director P: (712) 339-6051 E: katy.burke@lakeshealth.org</p> <p>Milly Tillotson: CFY Program Coordinator P: (712) 339-6050 F: (712) 339-6052 E: Milly.Tillotson@lakeshealth.org</p> <p>Jordan Battern: CFY Program Coordinator P: (712) 339-6050 F: (712) 339-6052 E: Jordan.Battern@lakeshealth.org</p>	<p>Emmet Osceola</p>	

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<p>Dubuque Region 31</p>	<p>Dubuque County Health Department</p> <p>Subcontractor: UnityPoint Dubuque Co. VNA Services Dubuque Visiting Nurse Association 660 Iowa Street Dubuque, IA 52001</p>	<p>Stacey Killian: Director P: (563) 556-6200 Ext. 1901 TF: (800) 862-6133 F: (563) 556-4371 E: Stacey.Killian@unitypoint.org</p> <p>Cathy Tieskoetter: CFY Program Coordinator P: (563) 556-6200 Ext. 1918 TF: (800) 862-6133 F: (563) 556-4371 E: cathy.tieskoetter@unitypoint.org</p> <p>Stacey Duve: CFY Program Assistant P: (563) 556-6200 Ext. 1922 F: (563) 556-4371 E: stacey.duve@unitypoint.org</p> <p>Connie Seyer: CFY Program Assistant P: (563) 556-6200 Ext. 1908 F: (563) 556-4371 E: connie.seyer@unitypoint.org</p>	<p>Allamakee</p> <p>Clayton</p> <p>Delaware</p> <p>Winneshiek</p>	
<p>Hancock Region 41</p>	<p>Hancock County Community Health 545 State Street Garner, IA 50438</p>	<p>Chelcee Schleuger: Director P: (641) 923-3676 F: (641) 923-2631 E: Chelcee.Schleuger@mercyhealth.com</p> <p>Kelly Hutcheson, BA: CFY Program Coordinator P: (641) 923-3676 F: (641) 923-2631 E: hutchesk@mercyhealth.com</p>		

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<p align="center">Henry Region 44</p>	<p>Henry County Public Health 106 North Jackson Street Suite 103 Mt. Pleasant, IA 52641 Main Number: (319) 385-0779</p>	<p>Shelly VanDorin, RN, BSN: Director P: (319) 385-0779 F: (319) 385-1802 E: svandorin@henrycountyiowa.us</p> <p>Angie Rhum: CFY Program Coordinator P: (319) 385-0779 F: (319) 385-1802 E: arhum@henrycountyiowa.us</p> <p>Cindy Litchfield, RN, BSN: Back up coordinator P: (319) 385-0779 F: (319) 385-1802 E: clitchfield@henrycountyiowa.us</p>	<p align="center">Des Moines Lee Van Buren</p>	
<p align="center">Kossuth Region 55</p>	<p>Kossuth Community Health 1515 South Phillips Street Algona, IA 50511</p>	<p>Lynzie Nilles: Director P: (515) 295-4433 F: (515) 295-5256 E: Lynzie.E.Nilles@mercyhealth.com</p> <p>Josie Bjustrom RN, BSN: CFY Program Coordinator P: (515) 295-2451 TF: (800) 603-8433 Ext. 613 Direct: (515) 295-4446 F: (515) 295-5256 E: Josie.Bjustrom@mercyhealth.com</p>		
<p align="center">Linn Region 57</p>	<p>Linn County Public Health</p> <p>Subcontractor: Eastern Iowa Women's Health Center 4251 River Center Ct NE Cedar Rapids, IA 52042</p>	<p>Tricia Kitzmann: Community Health Division Manager P: 319-892-6060 E: Tricia.Kitzmann@linncounty.org</p> <p>Gisele Carbone Kruger: CFY Program Coordinator P: (319) 730-7339 F: E: gckruger@eihc.co</p> <p>Alyssa Beisker: Outreach and Enrollment Coordinator P: (319) 730-7318 F: E: abeisker@eihc.co</p>	<p align="center">Benton Cedar Jones Iowa</p>	

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<p>Marion Region 63</p>	<p>Marion County Public Health 2003 North Lincoln Street, PO Box 152 Knoxville, IA 50138</p>	<p>Kim Dorn: Director P: (641) 828-2238 F: (641) 842-3442 E: kdorn@marioncountyiowa.org</p> <p>: CFY Program Coordinator P: (641) 828-2238 F: (641) 842-3442 E: abuckalew@marioncountyiowa.org</p> <p>Christina Van Vark, AAS: CFY Program Assistant P: (641) 828-2238 F: (641) 842-3442 E: cvanvark@marioncountyiowa.org</p>	<p>Lucas Mahaska Monroe</p>	
<p>Muscatine Region 70</p>	<p>UnityPoint Health Trinity Muscatine Public Health 1609 Cedar Street Muscatine, IA 52761</p>	<p>Christy Roby Williams: Director P: (563) 264-9134 F: (563) 263-0520 E: Christy.RobyWilliams@unitypoint.org</p> <p>Savanna Helm: CFY Program Coordinator P: 563-263-0122 F: 563-263-0520 E: savanna.helm@unitypoint.org</p> <p>Melissa Bell: CFY Program Coordinator P: 563-263-0122 F: 563-263-0520 E: Melissa.Bell@unitypoint.org</p>	<p>Keokuk Jefferson Johnson Louisa Washington</p>	

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<p style="text-align: center;">Polk Region 77</p>	<p>Polk County Health Department 1907 Carpenter Avenue Des Moines, IA 50314</p>	<p>Kari Lebeda-Townsend: Program Manager P: (515) 286-2018 F: (515) 286-3606 E: Kari.LebedeTownsend@polkcountyiowa.gov</p> <p>Angelica Leguizamo, CMA: CFY Program Coordinator P: (515) 286-3921 F: (515) 286-3606 E: Angelica.leguizamo@polkcountyiowa.gov</p> <p>Bonnie Murphy, RN: CFY Program Case Manager P: (515) 323-5274 F: (515) 286-3606 E: bonnie.murphy@polkcountyiowa.gov</p> <p>: Office Specialist P: (515) 286-3605 F: (515) 286-3606 E:</p>	<p>Boone</p> <p>Dallas</p> <p>Greene</p> <p>Jasper</p> <p>Madison</p> <p>Marshall</p> <p>Poweshiek</p> <p>Story</p>	
<p style="text-align: center;">Scott Region 82</p>	<p>Scott County Health Department</p> <p>Subcontractor: Genesis Medical Center Care for Yourself Program 1227 East Rusholme Street Davenport, IA 52803</p>	<p>Tiffany Peterson, MPH, MCHES: CFY Project Director P: (563) 326-8618 EXT. 8816 F: (563) 326-8774 E: Tiffany.Peterson@scottcountyiowa.gov</p> <p>Diane Koster: CFY Program Coordinator P: (563) 421-3081 F: (563) 421-7659 E: KosterD@genesishealth.com</p> <p>Terry Pool: CFY Program Assistant P: (563) 421-1913 F: (563) 421-7659 E: Pool@genesishealth.com</p>		

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<p>Webster Region 94</p>	<p>Webster County Public Health 723 1st Avenue South, Suite 220 Fort Dodge, IA 50501</p>	<p>Kari Prescott: CFY Project Director P: 515-574-3833 F: E: kprescott@webstercountya.org</p> <p>Sadie Trueblood: CFY Program Coordinator P: (515) 573-4107 F: E: sadie.trueblood@webstercountya.org</p> <p>Ann Marie Bean: CFY Program Coordinator P: (515) 573-4107 F: E: annmarie.beane@webstercountya.org</p>	<p>Calhoun Hamilton Humboldt Wright</p>	
<p>Woodbury Region 97</p>	<p>Siouxland District Health Department 1014 Nebraska Street Sioux City, IA 51105</p>	<p>Linda Drey: Nursing Director P: (712) 279-6119 F: (712) 279-6198 E: ldrey@siouxlanddistricthealth.org</p> <p>Ana Lopez: CFY Program Coordinator P: (712) 279-6119 TF: (800) 587-3005 F: (712) 255-2605 (Confidential Fax) E: alopez@siouxlanddistricthealth.org</p> <p>: CFY Program Assistant P: (712) 279-6119 TF: (800) 587-3005 F: (712) 255-2605 (Confidential Fax) E:</p>	<p>Cherokee Ida Lyon O'Brien Plymouth Sioux</p>	
<p>State Office</p>	<p>Iowa Department of Public Health Care for Yourself Program Lucas State Office Building 321 E. 12th St. Des Moines, IA. 50309</p>	<p>: Health Service Coordinator Direct P: (515) 314-6369 Program P: (866) 339-7909 F: (515) 242-6384 E:</p>	<p>Adams Fremont Page Ringgold Taylor</p>	

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