



# Care For Yourself Program Directory

Updated January 2021

Organization	Address	Contact Information
<p align="center"><b>Care for Yourself State Staff</b></p>	<p>Iowa Department of Public Health Lucas State Office Building 321 East 12th Street, 4th Floor Des Moines, IA 50319-0075</p> <p><b>Iowa Care for Yourself Program</b> P: (515) 281-5616 F: (515) 242-6384</p>	<p><b>Jill Myers-Gaedelmann, BS, RN:</b> Program Director P: (515) 242-6067 M: (515) 321-8700 E: <a href="mailto:Jill.Myers-Gaedelmann@idph.iowa.gov">Jill.Myers-Gaedelmann@idph.iowa.gov</a></p> <p><b>Ellen Maahs, MPH:</b> Implementation Coordinator P: (515) 371-7798 E: <a href="mailto:Ellen.Maahs@idph.iowa.gov">Ellen.Maahs@idph.iowa.gov</a></p> <p><b>Jolene Carver, MSN, RN:</b> Health Services Coordinator P: (515) 314-6369 E: <a href="mailto:Jolene.Carver@idph.iowa.gov">Jolene.Carver@idph.iowa.gov</a></p> <p><b>Ashley Ezzio, ICCE, CD (DONA):</b> Outreach Coordinator P: (515) 515-371-6045 E: <a href="mailto:Ashley.Ezzio@idph.iowa.gov">Ashley.Ezzio@idph.iowa.gov</a></p> <p><b>Yumei Sun, PhD:</b> Data Manager P: (515) 281-3983 E: <a href="mailto:Yumei.Sun@idph.iowa.gov">Yumei.Sun@idph.iowa.gov</a></p> <p><b>Gena Hodges, BA:</b> Provider Contract Manager P: (515) 371-6306 E: <a href="mailto:Gena.Hodges@idph.iowa.gov">Gena.Hodges@idph.iowa.gov</a></p> <p><b>Denise Attard Sacco, MPH, CHES:</b> WISEWOMAN Intervention/Evaluation Specialist P: 515-371-1384 E: <a href="mailto:Denise.Attard-Sacco@idph.iowa.gov">Denise.Attard-Sacco@idph.iowa.gov</a></p> <p><b>Sonya Loynachan, MPA:</b> WISEWOMAN Program Manager P: (515) 371-3387 E: <a href="mailto:Sonya.Loynachan@idph.iowa.gov">Sonya.Loynachan@idph.iowa.gov</a></p>
<p align="center"><b>Medical Billing Services</b></p>	<p>Medical Billing Services Attn: Iowa Screening Programs 500 East Court Avenue, Suite 305 Des Moines, IA 50309-2057</p>	<p><b>Angie Jorgensen:</b> Accounting Clerk P: (515) 412-2805 F: (515) 237-3979 E: <a href="mailto:angie.j@practisynergy.com">angie.j@practisynergy.com</a></p>
<p align="center"><b>The University of Iowa</b></p>	<p>Center for Public Health Statistics N309 CPHB The University of Iowa 145 N Riverside Drive Iowa City, IA 52242</p>	<p><b>Karen Ullom, BBA:</b> Health Records Analyst P: (319) 335-6866 E: <a href="mailto:karen-ullom@uiowa.edu">karen-ullom@uiowa.edu</a></p>

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<b>Appanoose</b>  <b>Region 4</b>	Appanoose County Public Health 209 East Jackson Street Centerville, IA 52544	<b>Kristopher Laurson</b> , Administrator P: (641) 437-4332 F: (641) 856-5575 E: <a href="mailto:klaurson@appanooseph.net">klaurson@appanooseph.net</a>  <b>Jerilyn Lasley</b> : CFY Coordinator P: (641) 437-4332 F: (641) 856-5575 E: <a href="mailto:jlasley@appanooseph.net">jlasley@appanooseph.net</a>	<b>Davis</b>  <b>Wapello</b>  <b>Wayne</b>	
<b>Black Hawk</b>  <b>Region 7</b>	Black Hawk County Health Department 1407 Independence Avenue, 5 <sup>th</sup> Floor Waterloo, IA 50703-4396	<b>Halkeno Tura</b> Health Promotion Bureau Manager P: (319) 291-2413 F: (319) 291-2418 E: <a href="mailto:htura@blackhawkcounty.iowa.gov">htura@blackhawkcounty.iowa.gov</a>  <b>Gabbi DeWitt</b> : CFY Program Coordinator P: (319) 292-2225 F: (319) 291-2418 E: <a href="mailto:gdewitt@blackhawkcounty.iowa.gov">gdewitt@blackhawkcounty.iowa.gov</a>  <b>Crystal Schmitz</b> : CFY Program P: (319) 292-2215 F: (319) 291-2659 E: <a href="mailto:cschmitz@blackhawkcounty.iowa.gov">cschmitz@blackhawkcounty.iowa.gov</a>	<b>Buchanan</b>  <b>Fayette</b>  <b>Grundy</b>  <b>Tama</b>	
<b>Buena Vista</b>  <b>Region 11</b>	Buena Vista Public Health/Home Care 1709 East Richland Street PO Box 1332 Storm Lake, IA 50588	<b>Pam Bogue</b> : Director P: (712) 749-2548 E: <a href="mailto:pbogue@co.buena-vista.ia.us">pbogue@co.buena-vista.ia.us</a>  <b>Beth Rix</b> : CFY Program Coordinator P: (712) 749-2548 E: <a href="mailto:brix@co.buena-vista.ia.us">brix@co.buena-vista.ia.us</a>	<b>Pocahontas</b>  <b>Sac</b>	

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<p align="center"><b>Butler Region 12</b></p>	<p>Butler County Public Nurse Service 428 6<sup>th</sup> Street, P.O. Box 325 Allison, IA 50602</p>	<p><b>Jennifer Becker:</b> Director P: (319) 267-2934 F: (319) 267-2113 E: <a href="mailto:publichealth@butlercoiowa.org">publichealth@butlercoiowa.org</a></p> <p><b>Nancy Hemann:</b> CFY Program Coordinator P: (319) 267-2934 F: (319) 267-2113 E: <a href="mailto:nhemann@butlercoiowa.org">nhemann@butlercoiowa.org</a></p>	<p><b>Bremer</b> <b>Chickasaw</b>  <b>Floyd</b>  <b>Franklin</b>  <b>Howard</b>  <b>Mitchell</b></p>	
<p align="center"><b>Carroll Region 14</b></p>	<p>Carroll County Public Health St. Anthony Regional Hospital 318 South Maple Street, Suite #3 Carroll, IA 51401</p>	<p><b>Nikki Schwering, RN:</b> Director &amp; CFY Program Coordinator P: (712) 794-5400 TF: (800) 684-3020 F: (712) 794-5271 E: <a href="mailto:NSchwering@stanthonyhospital.org">NSchwering@stanthonyhospital.org</a></p> <p><b>Beth Hacker:</b> CFY Program Assistant P: (712) 794-5408 F: (712) 792-8271 E: <a href="mailto:BHacker@stanthonyhospital.org">BHacker@stanthonyhospital.org</a></p>	<p><b>Audubon</b></p>	

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<p style="text-align: center;"><b>Cass Region 15</b></p>	<p>Cass County Memorial Hospital Public Health 1408 East 10<sup>th</sup> Street Atlantic, IA 50022</p>	<p><b>Beth Olsen:</b> Director P: (712) 243-7443 E: <a href="mailto:olsea@casshealth.org">olsea@casshealth.org</a></p> <p><b>Victoria Means:</b> CFY Program Coordinator P: (712) 243-7543 F: (712) 243-7442 E: <a href="mailto:meavd@casshealth.org">meavd@casshealth.org</a></p> <p><b>Linda Edelman:</b> CFY Program Assistant P: (712) 243-7551 F: (712) 243-7442 E: <a href="mailto:edell@casshealth.org">edell@casshealth.org</a></p>	<p><b>Guthrie</b></p> <p><b>Harrison</b></p> <p><b>Mills</b></p> <p><b>Montgomery</b></p> <p><b>Pottawattamie</b></p> <p><b>Monona</b></p>	
			<p><b>Adair</b></p> <p><b>Union</b></p>	<p><b>Adair County Public Health</b> <b>Stephanie Claussen:</b> County Contact P: (641) 743-7205 F: (641) 743-6157 E: <a href="mailto:sclaussen@adaircountyhealthsystem.org">sclaussen@adaircountyhealthsystem.org</a></p>
			<p><b>Crawford</b></p>	<p><b>Crawford County Home Health, Hospice &amp; Public Health</b> <b>Rocio Fernandez:</b> County Contact P: (712) 263-3303 F: (712) 263-2034 E: <a href="mailto:rfernandez@crawfordcounty.org">rfernandez@crawfordcounty.org</a></p>
			<p><b>Shelby</b></p>	<p><b>Myrtue Medical Center</b> <b>Shelby County Public Health</b> <b>Cathy Buman:</b> County Contact P: (712) 755-4422 F: (712) 755-4538 E: <a href="mailto:cbuman@myrtuemedical.org">cbuman@myrtuemedical.org</a></p>

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<p><b>Cerro Gordo</b> <b>Region 17</b></p>	<p>Cerro Gordo Co. Dept. of Public Health 2570 4<sup>th</sup> Street SW Ste. 1 Mason City, IA 50401</p>	<p><b>Alyse DeVries:</b> Director P: (641) 421-9315 F: (641) 421-9346 Or (641) 421-9350 E: <a href="mailto:adevries@cghealth.com">adevries@cghealth.com</a></p> <p><b>Karen Crimmings, RN, CIC:</b> CFY Program Director P: (641) 421-9323 TF: (800) 264-2581 F: (641) 421-9350 E: <a href="mailto:kcrimmings@cghealth.com">kcrimmings@cghealth.com</a></p> <p><b>Penny McCaslin:</b> CFY Program Assistant P: (641) 421-9329 F: (641) 421-9350 E: <a href="mailto:pmccaslin@cghealth.com">pmccaslin@cghealth.com</a></p>		<p>Jennifer Stiles, RN <a href="mailto:jstiles@cghealth.com">jstiles@cghealth.com</a> 641-421-9359</p>
<p><b>Clarke</b> <b>Region 20</b></p>	<p>Clarke County Public Health 144 West Jefferson Street Osceola, IA 50213</p>	<p><b>Mackenzie Hickenbottom, RN, BSN:</b> Administrator P: (641) 342-3724 F: (641) 342-2603 E: <a href="mailto:clarkeph2@mediacombb.net">clarkeph2@mediacombb.net</a></p> <p><b>Stephanie Caligiuri:</b> CFY Program Coordinator P: (641) 342-3724 F: (641) 342-2603 E: <a href="mailto:clarkehe@mediacombb.net">clarkehe@mediacombb.net</a></p>	<p><b>Decatur</b> <b>Warren</b></p>	
<p><b>Clay</b> <b>Region 21</b></p>	<p>Clay County Public Health  Subcontractor: Spencer Hospital 1200 1<sup>st</sup> Avenue E Spencer, IA 51301</p>	<p><b>Colette Rossiter:</b> Director P: (712) 264-6380 E: <a href="mailto:crossiter@spencerhospital.org">crossiter@spencerhospital.org</a></p> <p><b>Angel Smith:</b> CFY Program Coordinator P: (712) 264-6468 E: <a href="mailto:asmith@spencerhospital.org">asmith@spencerhospital.org</a></p>	<p><b>Palo Alto</b></p>	

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<p align="center"><b>Clinton Region 23</b></p>	<p>Clinton County Health Department Genesis VNA and Hospice Genesis Medical Center Care for Yourself Program 1227 East Rusholme Street Davenport, IA 52803</p>	<p><b>Michele Cullen:</b> Director P: (563) 242-7165 F: (563) 242-7197 E: <a href="mailto:cullenm@genesishhealth.com">cullenm@genesishhealth.com</a></p> <p><b>Diane Koster:</b> CFY Program Coordinator P: (563) 421-3081 F: (563) 421-7659 E: <a href="mailto:KosterD@genesishhealth.com">KosterD@genesishhealth.com</a></p> <p><b>Terry Pool:</b> CFY Program Assistant P: (563) 421-1913 F: (563) 421-7659 E: <a href="mailto:Pool@genesishhealth.com">Pool@genesishhealth.com</a></p>	<p align="center"><b>Jackson</b></p>	
<p align="center"><b>Dickinson Region 30</b></p>	<p>Dickinson County Health Department</p> <p>Subcontractor: Lakes Regional Healthcare Highway 71 South, PO Box AB Spirit Lake, IA 51360</p>	<p><b>Katy Burke:</b> Director P: (712) 339-6051 E: <a href="mailto:katy.burke@lakeshealth.org">katy.burke@lakeshealth.org</a></p> <p><b>Milly Tillotson:</b> CFY Program Coordinator P: (712) 339-6050 F: (712) 339-6052 E: <a href="mailto:Milly.Tillotson@lakeshealth.org">Milly.Tillotson@lakeshealth.org</a></p> <p><b>Jordan Battern:</b> CFY Program Coordinator P: (712) 339-6050 F: (712) 339-6052 E: <a href="mailto:Jordan.Battern@lakeshealth.org">Jordan.Battern@lakeshealth.org</a></p>	<p align="center"><b>Emmet Osceola</b></p>	

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<p><b>Dubuque</b> <b>Region 31</b></p>	<p>Dubuque County Health Department</p> <p>Subcontractor: UnityPoint Dubuque Co. VNA Services Dubuque Visiting Nurse Association 660 Iowa Street Dubuque, IA 52001</p>	<p><b>Stacey Killian:</b> Director P: (563) 556-6200 Ext. 1901 TF: (800) 862-6133 F: (563) 556-4371 E: <a href="mailto:Stacey.Killian@unitypoint.org">Stacey.Killian@unitypoint.org</a></p> <p><b>Cathy Tieskoetter:</b> CFY Program Coordinator P: (563) 556-6200 Ext. 1918 TF: (800) 862-6133 F: (563) 556-4371 E: <a href="mailto:cathy.tieskoetter@unitypoint.org">cathy.tieskoetter@unitypoint.org</a></p> <p><b>Stacey Duve:</b> CFY Program Assistant P: (563) 556-6200 Ext. 1922 F: (563) 556-4371 E: <a href="mailto:stacey.duve@unitypoint.org">stacey.duve@unitypoint.org</a></p> <p><b>Connie Seyer:</b> CFY Program Assistant P: (563) 556-6200 Ext. 1908 F: (563) 556-4371 E: <a href="mailto:connie.seyer@unitypoint.org">connie.seyer@unitypoint.org</a></p>	<p><b>Allamakee</b></p> <p><b>Clayton</b></p> <p><b>Delaware</b></p> <p><b>Winneshiek</b></p>	
<p><b>Hancock</b> <b>Region 41</b></p>	<p>Hancock County Community Health 545 State Street Garner, IA 50438</p>	<p><b>Chelcee Schleuger:</b> Director P: (641) 923-3676 F: (641) 923-2631 E: <a href="mailto:Chelcee.Schleuger@mercyhealth.com">Chelcee.Schleuger@mercyhealth.com</a></p> <p><b>Kelly Hutcheson, BA:</b> CFY Program Coordinator P: (641) 923-3676 F: (641) 923-2631 E: <a href="mailto:hutchesk@mercyhealth.com">hutchesk@mercyhealth.com</a></p>		

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<p align="center"><b>Henry Region 44</b></p>	<p>Henry County Public Health 106 North Jackson Street Suite 103 Mt. Pleasant, IA 52641 Main Number: (319) 385-0779</p>	<p><b>Shelly VanDorin, RN, BSN:</b> Director P: (319) 385-0779 F: (319) 385-1802 E: <a href="mailto:svandorin@henrycountyiowa.us">svandorin@henrycountyiowa.us</a></p> <p><b>Angie Rhum:</b> CFY Program Coordinator P: (319) 385-0779 F: (319) 385-1802 E: <a href="mailto:arhum@henrycountyiowa.us">arhum@henrycountyiowa.us</a></p> <p><b>Cindy Litchfield, RN, BSN:</b> Back up coordinator P: (319) 385-0779 F: (319) 385-1802 E: <a href="mailto:clitchfield@henrycountyiowa.us">clitchfield@henrycountyiowa.us</a></p>	<p align="center"><b>Des Moines Lee Van Buren</b></p>	
<p align="center"><b>Kossuth Region 55</b></p>	<p>Kossuth Community Health 1515 South Phillips Street Algona, IA 50511</p>	<p><b>Lynzie Nilles:</b> Director P: (515) 295-4433 F: (515) 295-5256 E: <a href="mailto:Lynzie.E.Nilles@mercyhealth.com">Lynzie.E.Nilles@mercyhealth.com</a></p> <p><b>Josie Bjustrom RN, BSN:</b> CFY Program Coordinator P: (515) 295-2451 TF: (800) 603-8433 Ext. 613 Direct: (515) 295-4446 F: (515) 295-5256 E: <a href="mailto:Josie.Bjustrom@mercyhealth.com">Josie.Bjustrom@mercyhealth.com</a></p>		
<p align="center"><b>Linn Region 57</b></p>	<p>Linn County Public Health</p> <p>Subcontractor: Eastern Iowa Women's Health Center 4251 River Center Ct NE Cedar Rapids, IA 52042</p>	<p><b>Tricia Kitzmann:</b> Community Health Division Manager P: 319-892-6060 E: <a href="mailto:Tricia.Kitzmann@linncounty.org">Tricia.Kitzmann@linncounty.org</a></p> <p><b>Jaclynn Hanson:</b> CFY Program Coordinator P: (319) 730-7342 F: E: <a href="mailto:jhanson@eihc.co">jhanson@eihc.co</a></p> <p><b>Gisele Kruger:</b> CFY Program Coordinator Back up P: (319) 730-7339 F: E: <a href="mailto:gckruger@eihc.co">gckruger@eihc.co</a></p>	<p align="center"><b>Benton Cedar Jones Iowa</b></p>	

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<p><b>Marion</b> <b>Region 63</b></p>	<p>Marion County Public Health 2003 North Lincoln Street, PO Box 152 Knoxville, IA 50138</p>	<p><b>Kim Dorn:</b> Director P: (641) 828-2238 F: (641) 842-3442 E: <a href="mailto:kdorn@marioncountyiowa.org">kdorn@marioncountyiowa.org</a></p> <p><b>Ashley Buckalew:</b> CFY Program Coordinator P: (641) 828-2238 F: (641) 842-3442 E: <a href="mailto:abuckalew@marioncountyiowa.org">abuckalew@marioncountyiowa.org</a></p> <p><b>Christina Van Vark, AAS:</b> CFY Program Assistant P: (641) 828-2238 F: (641) 842-3442 E: <a href="mailto:cvanvark@marioncountyiowa.org">cvanvark@marioncountyiowa.org</a></p>	<p><b>Lucas</b> <b>Mahaska</b> <b>Monroe</b></p>	
<p><b>Muscatine</b> <b>Region 70</b></p>	<p>UnityPoint Health Trinity Muscatine Public Health 1609 Cedar Street Muscatine, IA 52761</p>	<p><b>Christy Roby Williams:</b> Director P: (563) 264-9134 F: (563) 263-0520 E: <a href="mailto:Christy.RobyWilliams@unitypoint.org">Christy.RobyWilliams@unitypoint.org</a></p> <p><b>Melissa Bell:</b> CFY Program Coordinator P: 563-263-0122 F: 563-263-0520 E: <a href="mailto:Melissa.Bell@unitypoint.org">Melissa.Bell@unitypoint.org</a></p>	<p><b>Keokuk</b> <b>Jefferson</b> <b>Johnson</b> <b>Louisa</b> <b>Washington</b></p>	

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<p align="center"><b>Polk Region 77</b></p>	<p>Polk County Health Department 1907 Carpenter Avenue Des Moines, IA 50314</p>	<p><b>Kari Lebeda-Townsend:</b> Program Manager P: (515) 286-2018 F: (515) 286-3606 E: <a href="mailto:Kari.LebedeTownsend@polkcountyiowa.gov">Kari.LebedeTownsend@polkcountyiowa.gov</a></p> <p>: CFY Program Coordinator P: (515) 286-2095 F: (515) 286-3606 E:</p> <p><b>Bonnie Murphy, RN:</b> CFY Program Case Manager P: (515) 323-5274 F: (515) 286-3606 E: <a href="mailto:bonnie.murphy@polkcountyiowa.gov">bonnie.murphy@polkcountyiowa.gov</a></p> <p><b>Angelica Leguizamo, CMA:</b> Office Specialist P: (515) 286-3605 F: (515) 286-3606 E: <a href="mailto:Angelica.leguizamo@polkcountyiowa.gov">Angelica.leguizamo@polkcountyiowa.gov</a></p>	<p><b>Boone</b></p> <p><b>Dallas</b></p> <p><b>Greene</b></p> <p><b>Jasper</b></p> <p><b>Madison</b></p> <p><b>Marshall</b></p> <p><b>Poweshiek</b></p> <p><b>Story</b></p>	
<p align="center"><b>Scott Region 82</b></p>	<p>Scott County Public Health</p> <p>Subcontractor: Genesis Medical Center Care for Yourself Program 1227 East Rusholme Street Davenport, IA 52803</p>	<p><b>Tiffany Peterson, MPH, CHES:</b> CFY Project Director P: (563) 326-8618 EXT. 8816 F: (563) 421-7659 E: <a href="mailto:Tiffany.Tjepkes@scottcountyiowa.com">Tiffany.Tjepkes@scottcountyiowa.com</a></p> <p><b>Diane Koster:</b> CFY Program Coordinator P: (563) 421-3081 F: (563) 421-7659 E: <a href="mailto:KosterD@genesishealth.com">KosterD@genesishealth.com</a></p> <p><b>Terry Pool:</b> CFY Program Assistant P: (563) 421-1913 F: (563) 421-7659 E: <a href="mailto:Pool@genesishealth.com">Pool@genesishealth.com</a></p>		

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<b>Webster</b>  <b>Region 94</b>	Webster County Public Health 723 1 <sup>st</sup> Avenue South, Suite 220 Fort Dodge, IA 50501	<b>Kari Prescott:</b> CFY Project Director P: 515-574-3833 F: E: <a href="mailto:kprescott@webstercountyia.org">kprescott@webstercountyia.org</a>  <b>Sadie Trueblood:</b> CFY Program Coordinator P: (515) 573-4107 F: E: <a href="mailto:sadie.trueblood@webstercountyia.org">sadie.trueblood@webstercountyia.org</a>	<b>Calhoun</b>  <b>Hamilton</b>  <b>Humboldt</b>  <b>Wright</b>	
<b>Woodbury</b>  <b>Region 97</b>	Siouxland District Health Department 1014 Nebraska Street Sioux City, IA 51105	<b>Linda Drey:</b> Nursing Director P: (712) 279-6119 F: (712) 279-6198 E: <a href="mailto:ldrey@siouxlanddistricthealth.org">ldrey@siouxlanddistricthealth.org</a>  <b>Lori Jackson:</b> CFY Program Coordinator P: (712) 279-6119 TF: (800) 587-3005 F: (712) 255-2605 (Confidential Fax) E: <a href="mailto:ljackson@siouxlanddistricthealth.org">ljackson@siouxlanddistricthealth.org</a>  <b>Ana Lopez:</b> CFY Program Assistant P: (712) 279-6119 TF: (800) 587-3005 F: (712) 255-2605 (Confidential Fax) E: <a href="mailto:alopez@siouxlanddistricthealth.org">alopez@siouxlanddistricthealth.org</a>	<b>Cherokee</b>  <b>Ida</b>  <b>Lyon</b>  <b>O'Brien</b>  <b>Plymouth</b>  <b>Sioux</b>	
<b>State Office</b>	Iowa Department of Public Health Care for Yourself Program Lucas State Office Building 321 E. 12 <sup>th</sup> St. Des Moines, IA. 50309	<b>Jolene Carver, MSN, RN:</b> Health Service Coordinator Direct P: (515) 314-6369 Program P: (866) 339-7909 F: (515) 242-6384 E: <a href="mailto:jolene.carver@idph.iowa.gov">jolene.carver@idph.iowa.gov</a>	<b>Adams</b>  <b>Fremont</b>  <b>Page</b>  <b>Ringgold</b>  <b>Taylor</b>  <b>Winnebago</b>  <b>Worth</b>	

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