

2020 Care for Yourself Program Income Guidelines



The *Care for Yourself* Program provides breast and cervical cancer screening services to underserved people in Iowa. To qualify for the *Care for Yourself* Program, participants must earn less than 250 percent of the Federal Poverty Level as determined by the US Department of Health and Human Services. Net household income is the total pay minus deductions of each person living in the home whether or not they are related.

Persons in family or household	250% of Monthly Income	250% of Yearly Income
1	\$2,658	\$31,900
2	\$3,592	\$43,100
3	\$4,525	\$54,300
4	\$5,458	\$65,500
5	\$6,392	\$76,700
6	\$7,325	\$87,900
7	\$8,258	\$99,100
8	\$9,192	\$110,300
For each additional person, add:	\$933	\$11,200

*Proof of income is not required.

Iowa *Care for Yourself* Program Income Guidelines are updated annually. For updates, contact:

Iowa *Care for Yourself* Program
 Iowa Department of Public Health
 Lucas State Office Building
 321 E. 12th Street
 Des Moines, IA 50319-0075
 Phone: (515) 281-5616
www.idph.iowa.gov/cfy