



## **25 WORDS**

When you're trying to bench tobacco cravings, a coach can make all the difference. Talk to a Quit Coach today at [QuitlineIowa.org](http://QuitlineIowa.org) or call 1-800-QUIT-NOW.

## **50 WORDS**

Behind every great player is a great coach. And when you're trying your best to bench tobacco cravings, a coach can make all the difference in your success. Get started on your quit journey by talking to a Quitline Iowa coach today. For more information, visit [QuitlineIowa.org](http://QuitlineIowa.org) or call 1-800-QUIT-NOW.

## **100 WORDS**

Behind every great player is a great coach. And the same can be said about someone trying to quit using tobacco. When you're giving it your all trying to bench those tobacco cravings, a coach and the right support can make all the difference in your success. With Quitline Iowa, you have a whole team behind you rooting for you to win. Get into the game by talking to a Quitline Iowa coach today. For more information, visit [QuitlineIowa.org](http://QuitlineIowa.org) or call 1-800-QUIT-NOW.