

# SUICIDE: IOWA 2017 FACTS & FIGURES

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Iowa	433	13.95	31
Nationally	44,193	13.26	

Suicide is the **9th leading** cause of death overall in Iowa.



On average, one person dies by suicide **every 20 hours** in the state.

Based on most recent 2015 data from CDC



Suicide cost Iowa a total of **\$441,111,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,185,783** per suicide death

## IN IOWA, SUICIDE IS THE...

**2nd leading** cause of death for ages 15-34

**3rd leading** cause of death for ages 10-14

**4th leading** cause of death for ages 35-54

**8th leading** cause of death for ages 55-64

**17th leading** cause of death for ages 65 & older

**Six times as many** people die by suicide in Iowa annually than by homicide; the total deaths to suicide reflect a total of **9,675** years of potential life lost (YPLL) before age 65.

30 YEARS STRONG



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## SUICIDE PREVENTION PROGRAMS AND INITIATIVES

- The **Your Life Iowa** program began in November 2012 and now provides telephone hotline (24/7) and texting crisis services (2pm -10pm daily) for the state. The program is targeted for youth who are affected by bullying, however the service is also accredited to manage calls and provide resources for persons who are suicidal. The program is funded through a State General Fund appropriation for the Iowa Department of Public Health (IDPH). More information can be found on the website at <http://yourlifeiowa.org/>.
- Garrett Lee Smith Memorial Act grant funding for the statewide **Iowa Suicide Prevention Program**, housed within the Iowa Department of Public Health (IDPH), Behavioral Health Division, was restored in Fall of 2013 and will be distributed over 3 years. The grants, plus a State General Fund appropriation, will expand texting services, provide suicide risk screening for youth and young adults seeking substance abuse treatment, provide gatekeeper training to all middle/junior high and high school personnel, and fund a media campaign to promote access to suicide prevention services. More information on the program may be found here: <http://idph.iowa.gov/substance-abuse/youth-suicide-prevention>
- The Iowa Plan for Suicide Prevention: 2015 to 2018 may be accessed online at <http://idph.iowa.gov/Portals/1/userfiles/133/Iowa%20Suicide%20Prevention%20Plan%202015-2018.pdf>.

## GET INVOLVED

The AFSP Iowa Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. For more information or to volunteer, please contact:

AFSP – IOWA

[iowa@afsp.org](mailto:iowa@afsp.org)

### BECOME AN ADVOCATE IN IOWA

AFSP's Iowa advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact:

Nicole Gibson

Director of State Policy & Grassroots Advocacy

[ngibson@afsp.org](mailto:ngibson@afsp.org)

## LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has local chapters in all 50 states.



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