

Sample patient flow process

MEASURE

CHECK-IN

- o If age ≥ 18 and patient does not have diabetes, provide CDC Prediabetes Screening Test or ADA Diabetes Risk Test
- o Patient completes test and returns it
- o Insert completed test in paper chart or note risk score in EMR

ROOMING/VITALS

- o Calculate BMI (using table) and review diabetes risk score
- o If elevated risk score or history of GDM, flag for possible referral

ACT

EXAM/CONSULT

- o Follow "Point-of-care prediabetes identification algorithm"
- o Determine if patient has prediabetes and BMI $\geq 24^*$ (≥ 22 for Asians) or a history of GDM
- o Advise re: diet/exercise and determine willingness to participate in a diabetes prevention program
- o If patient agrees to participate, proceed with referral

PARTNER

REFERRAL

- o Complete and submit referral form

FOLLOW UP

- o Contact patient and troubleshoot issues with enrollment or participation

*These BMI levels reflect eligibility for the National DPP as noted in the [CDC Diabetes Prevention Recognition Program Standards and Operating Procedures](#). The American Diabetes Association (ADA) encourages screening for diabetes at a BMI of ≥ 23 for Asian Americans and ≥ 25 for non-Asian Americans, and some programs may use the ADA screening criteria for program eligibility. Please check with your diabetes prevention program provider for their specific BMI eligibility requirements.