

Iowa YRBS Snapshot

What We Know From the 2017 Youth Risk Behavior Survey (YRBS)



Of Iowa High School Students:

37% play video games or use a computer for 3+ hours/day

U.S. comparison: **43%***



16% report not eating breakfast on any day of the week

U.S. comparison: **14%**



12% have experienced sexual violence in the past year

U.S. comparison: **10%**



55% text or email while driving

U.S. comparison: **39%****



9% attempted suicide in the past year

U.S. comparison: **10%**



19% drink soda at least once/day

U.S. comparison: **19%**



36% have ever used an electronic vapor product

U.S. comparison: **42%**



49% are physically active at least 1 hour/day on 5+ days/week

U.S. comparison: **47%**



23% report being bullied on school property

U.S. comparison: **19%****



77% do not get 8+ hours of sleep on school nights

U.S. comparison: **75%**



The Iowa Department of Public Health is grateful for the participating Iowa schools that make this data possible.