Iowa YRBS Snapshot
What We Know From the 2017 Youth Risk Behavior Survey (YRBS)

Of Iowa High School Students:

- **37%** play video games or use a computer for 3+ hours/day
  - U.S. comparison: **43%**

- **16%** report not eating breakfast on any day of the week
  - U.S. comparison: **14%**

- **12%** have experienced sexual violence in the past year
  - U.S. comparison: **10%**

- **55%** text or email while driving
  - U.S. comparison: **39%**

- **9%** attempted suicide in the past year
  - U.S. comparison: **10%**

- **19%** drink soda at least once/day
  - U.S. comparison: **19%**

- **36%** have ever used an electronic vapor product
  - U.S. comparison: **42%**

- **49%** are physically active at least 1 hour/day on 5+ days/week
  - U.S. comparison: **47%**

- **23%** report being bullied on school property
  - U.S. comparison: **19%**

- **77%** do not get 8+ hours of sleep on school nights
  - U.S. comparison: **75%**

The Iowa Department of Public Health is grateful for the participating Iowa schools that make this data possible.

*Iowa youth doing statistically better than U.S. **U.S. youth doing statistically better than Iowa. January 2019