

## Logic Model

<b>Problem</b>	<b>Inputs</b> What we invest (including # and type of AmeriCorps Slots)	<b>Activities/ Interventions</b> What We Do	<b>Outputs</b> Direct products from program activities	<b>Short Term Outcomes</b> Changes in knowledge, skills, attitudes and opinions	<b>Mid Term Outcomes</b> Changes in behavior or action that result from participants' new knowledge	<b>Long Term Outcomes</b> Meaningful changes, often in their condition or status in life
<p>The “Heroin and Opioid Use and Treatment in Iowa: An Update” factsheet reports that Iowa has seen significant increases in the misuse of heroin and opioids, even in rural communities.</p> <p>In the 2013 and 2014 National Survey on Drug Use and Health (NSDUH), 50.5% of people who misused prescription painkillers got them from a friend or relative for free, and 22.1% got them from a doctor.</p> <p>The Iowa Opioid Treatment Admissions Report from 2010-2015,</p>	<p>30 AmeriCorps members (15 full-time, 15 half-time)</p> <p>Up to 20 substance prevention, mentoring, and RCO program host sites.</p> <p>2 AmeriCorps Program Directors</p> <p>Community focused substance abuse prevention curriculum and aligned training, emphasizing opioid and prescription drug abuse.</p> <p>Media and community education toolkit focused on opioid and prescription drug abuse.</p> <p>Other community agencies involved</p>	<p><b>EDUCATION</b> All Members will develop and deliver 300 community focused prevention education sessions (at least 30 minutes long - 12 a year for FT and 8 for HT) and develop and distribute community based resource material at least two times a quarter.</p> <p>Prevention and RCO Members will collaborate with host sites on the utilization of the media and communication education toolkit in up to 20 host site communities.</p> <p>Mentoring Members will</p>	<p><b>EDUCATION</b> 3,000 community members will attend a prevention education session (H4)</p> <p>Distribute 500 community based resource material.</p> <p>Facilitate, create and implement at least 3000 prescription drug misuse prevention education sessions</p> <p>At least 3,000 Iowans are exposed through media and community education resources.</p> <p>Mentors, mentees and families in up to 20 host site communities will</p>	<p><b>EDUCATION</b> At least 2,550 of community members attending training or Mentors, Mentees, and Families participating in mentoring prevention activities and trainings will report a change in behavior or the intent to change behavior within one year following the education session. (Applicant Determined Measure)</p> <p>Community members will increase knowledge of and access to opioid and prescription drug misuse prevention resources available</p>	<p><b>EDUCATION</b> Community members will increase usage of prescription drug drop-boxes and prevention resources.</p> <p>Community members will increase use of prevention resources for opioid and prescription drug misuse available in their communities</p> <p><b>COMMUNITY ENGAGEMENT</b> 15 program host sites will implement 3 or more effective volunteer management practices.</p> <p>Host site mentoring programs will have no mentees on a</p>	<p>Reduction in opioid and prescription drug use, in addition to high use substances, in host locations.</p> <p>Increased capacity of communities, professionals, and host sites to address the opioid and prescription drug epidemic prevention need.</p> <p>Communities will experience a reduction and elimination in opioid and prescription drug misuse.</p> <p>Youth and mentees will have decreased use and relapse.</p> <p>Community coalitions become</p>

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<p>prepared by the Iowa Consortium for Substance Abuse Research and Evaluation (Arndt, Hedden &amp; Jones, 2016), reports that 75% of opioid users report that their initial use was age 18 or younger.</p> <p>The number of heroin and other opioid treatment admissions increased by 374% from 2005 to 2016.</p> <p>Deaths related to related to heroin and opioid overdose more than doubled in the last decade (IDPH; 2016). Since 2005, the amount of deaths related to opioids and due to overdose has risen 305% (IDPH;</p>	<p>with the development of community partnerships, coalitions, and networks including IDPH.</p> <p>Funding from CNCS and the IDPH.</p> <p>For members and supervisors:                      Training on volunteer recruitment; local and statewide substance abuse issues, with an emphasis on opioid and prescription drug use and recovery; community coalitions and building citizen engagement; sustainability planning</p>	<p>provide and support prevention focused education through trainings, resources, and activities for mentors, mentees and families in up to 20 host site communities.</p> <p><b>COMMUNITY ENGAGEMENT</b>                      All Members will recruit volunteers. FT members will recruit 14 volunteers and HT members will recruit 6 volunteers throughout the year.</p> <p>Prevention                      Members will develop and promote community coalitions and partnerships through targeted</p>	<p>be exposed to education sessions and activities focused on prescription drug and opioid abuse prevention.</p> <p><b>COMMUNITY ENGAGEMENT</b>                      300 new volunteers recruited.</p> <p>Generate 1000 volunteer service hours.</p> <p>Host site programs will increase the number of mentees served by at least 100.</p> <p>Engage at least 25 people in community coalition activities.</p> <p>5 new drug drop off box programs will</p>	<p>in their communities  <b>COMMUNITY ENGAGEMENT</b></p> <p>Increase peer and community awareness and education in prescription drug and opioid abuse.</p> <p>Increase interest in individuals who want to serve as mentors  <b>CAPACITY BUILDING</b>                      At least 15 substance prevention, mentoring, and RCO programs will report increased knowledge and ability to create/strengthen/ and review sustainability plans to ensure they are impactful.</p>	<p>waiting list longer than two weeks.</p> <p>Community members, law enforcement, and pharmacies will become engaged with proper disposal of prescription drugs.</p> <p>Community members and those in long-term recovery will become engaged with RCOs.</p> <p>Communities are involved and committed to substance abuse prevention services and resources.  <b>CAPACITY BUILDING</b>                      At least 15 substance prevention, mentoring, and</p>	<p>solidified in the state as a go to resource for those in recovery and allies.</p> <p>RCOS become solidified in the state as a go to resource for those in recovery and allies.</p> <p>There will be a reduction and elimination in opioid and prescription drug misuse across the state of Iowa.</p> <p>Prevention and support services provided through substance prevention, mentoring, and RCO programs will be permanent and will sustain and provide seamless continuity of</p>

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2016).  Results highlighted in the "Iowa Prevention Workforce Assessment and Guidance for Workforce Development Planning Report." Showed prevention professionals had low confidence in their abilities in volunteer and partner recruitment and retention, as well as strategic and action planning.  There is a need for developed long- term strategies to support sustainability and continuity of services.	Local law enforcement partnerships.  Media and community education toolkit focused on prescription drug drop off boxes.  Sustainability Learning Community Workshop for members and site supervisors.  Sustainability Plan templates, workbooks, and other tools and resources for members and site supervisors.	outreach to statewide and local prevention programs.  All Members will collaborate with law enforcement/ and or pharmacies to organize a prescription drug drop off box.  RCO Members will develop and promote RCOs through targeted outreach to statewide and local prevention programs.  <b>CAPACITY                      BUILDING</b> Members will assist in the development of sustainability plans at up to 20 host sites (1 per site).	be created and implemented in communities.  Development of at least one RCO.  Engage at least 25 people in RCO activities. <b>CAPACITY                      BUILDING</b> Each program serving as a host site will develop a sustainability plan.  Each program will receive technical assistance during the Sustainability Workshop.		RCO programs will conduct an annual review of sustainability plan and update as necessary.  At least 15 substance prevention, mentoring, and RCO programs will develop a resource development plan in alignment with sustainability plan.  At least 15 substance prevention, mentoring, and RCO programs will create a sustainable change through their planning.  At least one RCO will be started in the state of Iowa.	services.

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