

**IOWA COMMISSION ON VOLUNTEER SERVICE (VOLUNTEER IOWA) - REQUEST FOR APPLICATIONS & APPLICATION INSTRUCTIONS (RFA)**  
**APPENDIX 7. VOLUNTEER IOWA LOGIC MODEL WORKSHEET**

*Instructions: Complete the logic model worksheet based on the proposed theory of change and program design. Indicate within the chart at least one aligned set of performance measures (i.e. one output measure with one associated outcome measure) that you propose to use as part of the program. These could be National Performance Measures or Program Identified Measures.*

Problem	Inputs	Activities	Outputs	Short-Term Outcomes	Medium-Term Outcomes	Long-Term Outcomes
The community problem that the program activities (interventions) are designed to address.	Resources that are necessary to deliver the program activities (interventions), including the number of locations/sites and number/type of AmeriCorps members.	The core activities that define the intervention or program model that members will implement or deliver, including duration, dosage and target population.	Direct products from program activities.	Changes in knowledge, skills, attitudes and opinions. These outcomes, if applicable to the program design, will almost always be measurable during the grant year.	Changes in behavior or action. Depending on program design, these outcomes may or may not be measurable during the grant year.	Changes in condition or status in life. Depending on program design, these outcomes may or may not be measurable during the grant year. Some programs, such as environmental or capacity-building programs, may measure changes in condition over a period as short as one year.
Based on current substance abuse data and prevention needs, a core focus needs to shift to education efforts. Substance abuse prevention organizations have limited capacity to address emerging substance abuse issues, especially the growing issue of opioid and prescription drug abuse, through community and medical professional training and outreach.	25 AmeriCorps members (full-time, half-time)  Up to 20 substance abuse prevention program host sites.  Community focused substance abuse prevention curriculum and aligned training, emphasizing opioid and prescription drug abuse.  Medical and pharmacy personnel opioid prevention curriculum and aligned training and resources.	Members will collaborate with IDPH and host sites to help develop and deliver 30 community focused prevention trainings and develop and distribute community based resource material community wide.  Members will support the delivery and follow-up to prevention curriculum and resources provided to medical and pharmacy personnel in at least 3 trainings.	300 community members will attend a prevention training  Distribute 500 community based resource material.  Create and implement at least 3 prescription drug misuse prevention trainings.  At least 30-50% (depending on	85% of community members will report an increase in knowledge following the community training. (G3-3.10)  85% of medical and pharmacy personnel will report an increase in knowledge following the professional trainings.	Community members will increase usage of drop-boxes and prevention resources.  75% of medical and pharmacy personnel will implement curriculum strategies or resources.	Reduction in opioid and prescription drug use, in addition to high use substances, in host locations.  Increased capacity of communities, professionals, and host sites to address the opioid and prescription drug epidemic prevention need.

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	Media and community education toolkit focused on opioid and prescription drug abuse.	Members will collaborate with host sites on the utilization of the media and communication education toolkit in up to 20 host site communities.	service area) of medical and pharmacy personnel will receive prescription drug prevention information (G3-3.10)  At least 1000 Iowans are exposed through media and community education resources.			
While the increasing opioid and prescription drug epidemic and ongoing abuse of other substances is frequently in the media, community engagement and support for those in recovery continues to be lacking. There is an increased need for volunteers, mentors, and recovery groups to support prevention and long-term recovery.	25 AmeriCorps members (full-time, half-time)  Up to 20 substance abuse prevention program host sites.  Entities involved with the development of Recovery Community Organizations (RCOs), including IDPH.  Training on volunteer recruitment.	Members will recruit volunteers at each substance abuse prevention program host site.  Development and promotion of RCOs through targeted outreach to statewide and local prevention programs.	500 new mentors and volunteers recruited. (G3-3.1)  Generate 1100 volunteer service hours. (G3-3.7) Development of at least one RCO.  Engage at least 25 people in RCO activities.	Host site programs will increase the number of mentees served by at least 10%. (G3-3.10)  90% engaged with RCOs will report a positive experience.	100% of program host sites will implement 3 or more effective volunteer management practices. (G3-3.3)  Host site mentoring programs will have no mentees on a waiting list longer than two weeks. (G3-3.10)  Community members and those in long-term	Communities are involved and committed to substance abuse prevention services and resources leading to reduction and elimination in opioid and prescription drug misuse.  Youth and mentees will have decreased use and relapse.  Recovery Community Organizations become solidified in the state as a go to resource for those in recovery and allies.

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	<p>Training on local and statewide substance abuse issues, with an emphasis on opioid and prescription drug use.</p> <p>Training on RCOs and building citizen engagement.</p>				<p>recovery will become engaged with RCOs.</p>	<p>Increase peer and community support for those impacted by substance abuse leading to reduction and elimination in opioid and prescription drug misuse.</p>
<p>As the need for substance abuse prevention continues to rise in response to the opioid and prescription drug epidemic and additional substances, prevention organizations have not developed long-term strategies to support sustainability and continuity of services.</p>	<p>25 AmeriCorps members (full-time, half-time)</p> <p>Up to 20 substance abuse prevention program host sites.</p> <p>Training on sustainability planning provided to members.</p> <p>Sustainability Learning Community Workshop</p>	<p>Members will assist in the development of sustainability plans for substance abuse prevention programs at up to 20 host sites (1 per host site).</p>	<p>Each program serving as a host site will develop a sustainability plan.</p> <p>Each program will receive technical assistance during the Sustainability Workshop.</p>	<p>90% of prevention programs will report increased knowledge of sustainability plans. (G3-3.10)</p>	<p>100% of the prevention programs will conduct an annual review of sustainability plan and update as necessary.</p> <p>100% of the prevention programs will develop a resource development plan in alignment with sustainability plan.</p>	<p>Prevention and support services provided through substance abuse prevention programs will be permanent and will sustain and provide seamless continuity in services.</p>