Policy

From the WIC Services Policy and Procedure Manual – 380.30
Medicaid Reimbursement for Nutrition Services

Iowa Medicaid rules include provisions for reimbursement for nutrition counseling services by licensed dietitians. These rules cover the provision of enhanced nutrition services for high-risk pregnant women and for Medicaid-eligible recipients 20 years old and younger. This policy contains guidelines on what services may be billed and how a WIC agency can be reimbursed.

Services can be billed only if they are above and beyond the WIC nutrition education protocol. Contacts that fulfill the requirements for Medicaid include:

- A WIC second education contact that includes a nutrition assessment (and a diet history).
- Additional contacts (beyond the WIC second education contact) for medical nutrition therapy services.

Note: Medical nutrition therapy services include individualized assessment, intervention, monitoring, and follow-up of nutrition interventions specific to the management or treatment of existing conditions.

Information

IA Health Link

The link below will take you to the enrollment packet for the new Iowa Health Link Program that will start on January 1st. This packet also provides some general information about the different plans.

**Participant Centered Services:**

Here is a Motivational Interviewing Success Story sent into Molly Kellogg.

Amy Cain, RD in Ogden, UT, sent in this Change Talk Success Story:

Motivational interviewing REALLY helped me cut through all the noise and pick out the change talk and make an outline to help my clients set some goals. A lot of them (especially those who have been coming for a while) digress so much that I used to get overwhelmed, lost and anxious. Now, I just sit back for a minute and go straight to the change talk to focus the conversation again and dig deeper.

Have you logged into the Molly Kellogg WIC Step By Step program lately?

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**Thank you of the Week:**

Here’s a Shout Out from an Alabama WIC Staff Person:

"A prenatal participant came for a WIC appointment late in her pregnancy. She had not sought medical care as a prenatal and so had no medical home. When she complained to the nutritionist about swelling, the nutritionist asked the nurse in the clinic to check her blood pressure. Upon discovering that the participant’s blood pressure was critically elevated, the nurse notified a local physician and made arrangements for the prenatal participant to be seen immediately. She was admitted to the hospital that day with a diagnosis of preeclampsia. Though the baby was delivered prematurely both baby and mother survived the ordeal with no further complications. The alertness of the nutritionist and quick actions of the nurse resulted in getting critical medical care for this mother and infant."

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**eWIC Focus Update**

Foster children are considered their own economic unit, so each foster child will receive their own eWIC card. For families who do not have foster children, a Date of Birth (DOB) is needed when setting their PIN on the IVR (customer service line). When setting a PIN for a foster child, the foster child’s DOB needs to be used since they are their own economic unit.

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**Find us on Facebook**

https://www.facebook.com/IowaWIC
The Nutrition Services Branch in collaboration with UNC – Chapel Hill is pleased to announce that Module 1: Nutrition Assessment of the Pediatric Nutrition Course (PNC) will be offered again in 2016. This is an online, faculty guided, self-paced course of about 25 hours to be completed between January 19, 2016 and March 28, 2016. The goal of this course is to provide nutritionists with the knowledge and skills needed to improve the nutritional health of the pediatric population. Module 1 is designed to improve knowledge and skills specifically in the area of nutrition assessment. It is ideal for new employees in public health nutrition, nutritionists who are new to pediatrics and those who want to broaden their pediatric knowledge base.

Module 1 Nutrition Assessment consists of the following six topics:

- Unit 1: Anthropometrics
- Unit 2: Biochemical
- Unit 3: Clinical
- Unit 4: Food and Nutrition History
- Unit 5: Eco Social Factors
- Unit 6: Psychosocial Factors

This course has been approved by the Commission on Dietetic Registration – Academy of Nutrition and Dietetics for 19 CPEUs - Level 1 for Registered Dietitians (RDs), Registered Dietitian Nutritionists (RDNs), Nutrition and Dietetics Technicians, Registered (NDTRs) and Dietetic Technicians, Registered (DTRs). For all others, 2.0 Continuing Education Units will be awarded from the Friday Center for Continuing Education at the University of North Carolina at Chapel Hill.

Fees: The course fee is $50 for public health nutrition personnel in North Carolina Local Health Agencies and pediatric nutritionists in Children’s Developmental Services Agencies (CDSAs). The course fee is $100 for all other applicants, including those who reside outside of the State of North Carolina. Enrollment is limited, and participants will be taken on a first-come, first-serve basis.

An orientation webinar is scheduled for Tuesday, January 12, 2016 from 11 am – 12 pm with fully enrolled students to provide an overview and demonstration of the online course. This live orientation webinar will be recorded for those who are unable to attend.

Please Note:

You must complete all three of the following steps to be considered fully enrolled in the course:

1) Complete the online application form before December 4, 2015.
(To apply, go to [http://sph.unc.edu/nciph/nciph-pnc1/](http://sph.unc.edu/nciph/nciph-pnc1/))

2) Complete the ‘Invitation to Register’ request (this will be sent via email after the completed online application form has been reviewed)

3) Ensure your payment is received or postmarked by no later than December 18, 2015. Failure to do so will cancel your registration.

If you have questions or need more information about enrollment, registration or payment, please contact Cherelle Whitfield by email at cwwhitfi@email.unc.edu. If you have questions about course content, please contact Anna Tseng, Online Courses Project Manager by email at Anna.Tseng@dhhs.nc.gov.

**New Employee Training Webinars**

**January:**
- NETC Webinar (All new staff) – January 14, from 8:30-11:30
- NETC Webinar (Health Professional) – January 28, from 8:30-11:30
- NETC Webinar (Support Staff) **Support Staff training will not be held in January.**

**March:**
- No NETC this month

**May:**
- No NETC this month

**July:**
- NETC Webinar (All new staff) – July 14, from 8:30-11:30
- NETC Webinar (Health Professional) – July 21, from 8:30-11:30
- NETC Webinar (Support Staff) – July 28, from 8:30-11:30

**September:**
- NETC Webinar (All new staff) – September 15, from 8:30-11:30
- NETC Webinar (Health Professional) – September 22, from 8:30-11:30
- NETC Webinar (Support Staff) – September 29, from 8:30-11:30
**Dates to Remember**

**Back to Basics**

WIC Formula Overview Webinar - Tuesday, December 15th 11:30 am-12:30 pm

The purpose of the webinar is to review normal formula-fed infant behavior and indications for use of other formulas besides standard contract Similac Advance. It is strongly encouraged for all staff involved in assigning food packages to participate in viewing. It will be recorded and posted to the portal at a later date as well. The link to join the webinar was sent to coordinators and lead staff.

**Available Formula**

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<tr>
<th>Product</th>
<th>Quantity</th>
<th>Expiration Date</th>
<th>Agency</th>
<th>Contact</th>
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<tr>
<td>LGG</td>
<td>20 - 12.6 oz Container</td>
<td>2/1/2016</td>
<td>Mid-Sioux Opportunity</td>
<td>Holly Svitak 712-786-3476</td>
</tr>
<tr>
<td>Peptamen Junior 1.5 Cal</td>
<td>114 – 250 ml containers</td>
<td>3 – 6/2016</td>
<td>HACAP</td>
<td>Angela Munson 319-366-7632</td>
</tr>
<tr>
<td>Enfaport</td>
<td>17 – 6 packs of 6 oz containers</td>
<td>4/1/16</td>
<td>HACAP</td>
<td>Angela Munson 319-366-7632</td>
</tr>
<tr>
<td>Complete Amino Acid Mix</td>
<td>1 can</td>
<td>10/21/2017</td>
<td>Mid-Iowa Community Action</td>
<td>Sierra Steven 515-232-9020, ext. 105</td>
</tr>
<tr>
<td>Elecare for infants</td>
<td>11 containers – 14.0 oz. powder</td>
<td>6 – 3-1-17 5 – 4-1-17</td>
<td>HACAP</td>
<td>Angela Munson 319-366-7632</td>
</tr>
</tbody>
</table>

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(1) Mail: U.S. Department of Agriculture
       Office of the Assistant Secretary for Civil Rights
       1400 Independence Avenue, SW
       Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov

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