



**Bureau of Nutrition & Health Promotion
1-800-532-1579**

Week ending issue: January 22, 2016 – Issue # 279

Policy

From the WIC Services Policy and Procedure Manual – 380.60

Clinic Environment – Comfort and Safety

Follow these suggestions to provide a safe environment:

- Childproof the clinic area.
- Barricade open stairways that are not in use.
- Position electrical cords away from traffic areas or tape cords to the floor, to prevent tripping.

Follow these suggestions to limit the distractions and noise level of the clinic:

- Select clinic sites with carpeted floor areas.
- Keep audiovisual equipment away from areas where one-to-one encounters occur.
- Keep room temperatures as comfortable as possible.
- Designate a supervised play area for children.

Assuring participant confidentiality is critical in WIC clinics. This can be accomplished by:

- Arranging clinic stations to minimize the ability to overhear other clinic conversations (e.g., using separate rooms or dividers, or increase distance between stations, etc.).
- Minimizing the computer screen or log-out of the data system when a computer is not in use.

Information

Participant Centered Services:

Practicing for the Move to Focus

When working in IWIN instead of asking “Do you clean your baby’s teeth or gums?” try asking “What questions do you have about caring for (insert baby’s name here) gums and teeth?”

Thank you of the Week:

"WIC is an awesome service! Being pregnant now, I never thought I would qualify for WIC because I make a decent wage at my job but since I found out I do qualify I have enjoyed spreading the word on. I work in a medical billing office so I have people calling in all of the time about their bills and expenses. If they have kids under 5 I now direct them to WIC" ~ North Iowa Community Action WIC Participant

If you have a WIC Shout Out just send us a message

eWIC Focus Update

Prior to eWIC, stores were responsible to program into their cash register systems which items were WIC approved and which ones were not. With eWIC, stores will be using an Approved Product List (APL) file that contains all of the UPCs for WIC approved products. Some stores will be using the APL file statewide when eWIC starts to roll out in February. Walmart is currently using the APL file and Target will be using the file statewide starting on February 5th. Fareway will not be using the file statewide in February and HyVee's plans are unknown at this time. Whether a product runs through the cash register system as approved or not will be determined by this file and will affect participants using eWIC or paper checks. This should be transparent for participants, unless an unapproved WIC product was being allowed for purchase by the store prior to the use of the APL file.

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<https://www.facebook.com/IowaWIC>



Training

Educational Opportunity (CEU)

The Nutrition Services Branch in collaboration with UNC – Chapel Hill is pleased to announce that Module 1: Nutrition Assessment of the Pediatric Nutrition Course (PNC) will be offered again in 2016. This is an online, faculty guided, self-paced course of about 25 hours to be completed between January 19, 2016 and March 28, 2016. The goal of this course is to provide nutritionists with the knowledge and skills needed to improve the nutritional health of the pediatric population. Module 1 is designed to improve knowledge and skills specifically in the area of nutrition assessment. It is ideal for new employees in

public health nutrition, nutritionists who are new to pediatrics and those who want to broaden their pediatric knowledge base.

Module 1 Nutrition Assessment consists of the following six topics:

- Unit 1: Anthropometrics
- Unit 2: Biochemical
- Unit 3: Clinical
- Unit 4: Food and Nutrition History
- Unit 5: Eco Social Factors
- Unit 6: Psychosocial Factors

This course has been approved by the Commission on Dietetic Registration – Academy of Nutrition and Dietetics for 19 CPEUs - Level 1 for Registered Dietitians (RDs), Registered Dietitian Nutritionists (RDNs), Nutrition and Dietetics Technicians, Registered (NDTRs) and Dietetic Technicians, Registered (DTRs). For all others, 2.0 Continuing Education Units will be awarded from the Friday Center for Continuing Education at the University of North Carolina at Chapel Hill.

Fees: The course fee is \$50 for public health nutrition personnel in North Carolina Local Health Agencies and pediatric nutritionists in Children’s Developmental Services Agencies (CDSAs). The course fee is \$100 for all other applicants, including those who reside outside of the State of North Carolina. Enrollment is limited, and participants will be taken on a first-come, first-serve basis.

An orientation webinar is scheduled for Tuesday, January 12, 2016 from 11 am – 12 pm with fully enrolled students to provide an overview and demonstration of the online course. This live orientation webinar will be recorded for those who are unable to attend.

January: NETC Webinar (Health Professional) – January 28, from 8:30-11:30 NETC Webinar (Support Staff) Support Staff training will not be held in January.
March: No NETC this month
May: No NETC this month

July:

NETC Webinar (All new staff) – July 14, from 8:30-11:30

NETC Webinar (Health Professional) – July 21, from 8:30-11:30

NETC Webinar (Support Staff) – July 28, from 8:30-11:30

September:

NETC Webinar (All new staff) – September 15, from 8:30-11:30

NETC Webinar (Health Professional) – September 22, from 8:30-11:30

NETC Webinar (Support Staff) – September 29, from 8:30-11:30

November:

NETC Webinar (All new staff) – November 10, from 8:30-11:30

NETC Webinar (Health Professional) – November 16, from 8:30-11:30

NETC Webinar (Support Staff) – November 17, from 8:30-11:30

Please note the dates in November

Dates to Remember-

- Infant/Child Workshop- August 2, 2016
- WIC Contractor Meeting- August 30, 2016
- Communication and Rapport Workshop- October 26, 2016

Note: Due to state-wide rollout of eWIC the Breastfeeding and Maternal Core Workshops will not be held this year. Instead, CPA/Non CPA Health Professionals hired between March 2015 and March 2016 and any other CPA/Non CPA Health Professional who hasn't yet attended one (or both) of these workshops must complete the designated substitute module(s) found under Core Training Workshops on the Personnel section of the Training page on the WIC Web Portal. Before beginning the module(s) please see the "Preamble to the 2016 Breastfeeding and Prenatal & Postpartum Nutrition Modules" (also located on the web portal) for more information before starting the module(s).

Available Formula-

Product	Quantity	Expiration Date	Agency	Contact
Vivonex T.E.N.	60- 2.84 oz packets	11/2016	State WIC Office	Nicole Newman 515-281-4545

Product	Quantity	Expiration Date	Agency	Contact
Nutramigen Toddler with Enflora LGG	20 - 12.6 oz Container	2/1/2016	Mid-Sioux Opportunity	Holly Svitak 712-786-3476
Peptamen Junior 1.5 Cal	114 – 250 ml containers	3 – 6/2016	HACAP	Angela Munson 319-366-7632
Enfaport	17 – 6 packs of 6 oz containers	4/1/16	HACAP	Angela Munson 319-366-7632
Powder Infant EleCare Amino Acid Based Infant Formula with Iron	5 – 14.1 oz cans	3/2017	North Iowa Community Action	Janelle Pansegrau 641-423-5044 x35
Complete Amino Acid Mix	1 can	10/21/2017	Mid-Iowa Community Action	Sierra Steven 515-232-9020, ext. 105

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(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov

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