



Infant Safe Sleep Checklist



Name of child care business:	Yes	No	Comments/follow-up
Infants up to 12 months of age are placed flat on backs for all routine sleep.			
Infant sleep environment equipment (crib/play yard) meets CPSC and ASTM standards and guidelines.			
Infant sleep equipment has a firm mattress with a tight fitting sheet.			
Infant sleep environments are free from soft or loose bedding; including no items attached or hung on the sides of crib (i.e.: crib mobiles, musical toys, night-lights, etc.).			
Bibs, necklaces, and garments with ties or hoods are removed before infant is placed in sleep environment.			
Infants are not sleeping in any location other than safety-approved sleep environment. No infant is sleeping in a bouncy chair, car seat, swing, highchair, etc. or while being held.			
If an infant falls asleep in any place other than a safety-approved sleep environment, staff immediately move infant to a safety-approved sleep environment, placed on their back.			
Infants are sleeping alone, no bed-sharing.			
Infants are not swaddled while in their sleep environments.			
Infants are clothed lightly to avoid overheating.			
Infants are checked to ensure that they are not overheated or sweaty.			
Room temperature is cool enough for lightly clothed adult to be comfortable.			
Staff are supervising infants frequently by sight and sound. Note: CFOC 3.1.4.1 does not recommend a specific amount of time for supervision frequency however states the following: <i>direct, active, and ongoing supervision when infants are falling to sleep, are sleeping, or are becoming awake.</i>			
Room lighting allows the caregiver to see each infant's face, to view the color of the infant's skin, and to check on the infant's breathing.			
Positioning device or alternate sleep positions are used only with doctor's orders from the infant's primary health care provider including medical diagnosis.			
Home monitors or commercial devices marketed to reduce the risk of SIDS/SUID are not used. (Owlets are not marketed to reduce the risks of SIDS/SUID)			
Child care environment is smoke (vaping) free.			
Pacifier used (with parent permission) with nothing attached no strings or stuffed animals.			

Completed by: _____ (Consultant) **Date/time:** _____
Reviewed with: _____ (Director/Owner) **Date/time:** _____
Shared with: _____ (DHS Consultant) **Date/time:** _____
Referral to: _____ (other Consultant) **Date/time:** _____