



IMPORTANT!!!

PRIOR TO PRESENTING THE PERIOD OF PURPLE CRYING TRAINING YOU **MUST REGISTER AND COMPLETE THE ON-LINE TRAINING AT <http://training.dontshake.org/register/user/4223>**

This is **required** for access to the videos in this training. Videos must be accessed from the above link during training. You will NOT able to download so **must have** a location with **internet access** or a “**hotspot**” in order to provide this training.

Period of PURPLE Crying (POPC) Training Outline Created 10/2/2012, updated 04/2019, revised for virtual training 05/2020	
Time	3 minute
Topic	Welcome and Introductions
Training Technique	Lecture
Supplies	Slides 1 and 2
Instructions	Welcome and introduce yourself. For large groups ask participants to raise their hand if they are a center provider or home provider. For small groups have each participant introduce themselves.
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Time	1 minute
Topic	Objectives
Training Technique	Lecture
Supplies	Slide 3
Instructions	Review Objectives
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Time	5 minutes
Topic	Crying Baby Activity
Training Technique	Large and small group discussion
Supplies	Slide 4 Poll Question #1 with follow-up answers in chat box
Instructions	(If available) play the sound of a crying baby for a few moments. Stop sound. Ask the participants how the sound of a crying baby made them feel?
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Time	7 minutes
Topic	Developmental Milestones, Typical Development and Crying Curve
Training Technique	Lecture
Supplies	Slides 5, 6 and 7
Instructions	Review developmental milestones and typical development for infants and compare the increase of crying with the crying curve.
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Time	11 minutes
Topic	Period of PURPLE Crying video
Training Technique	Lecture and video
Supplies	Slide 8. Video is available online

Instructions	Prior to presenting this training, register and complete the online training at: http://training.dontshake.org/register/user/4223 to access this video.
Time	5 minutes
Topic	POPC acronym
Training Technique	Large and small group discussion
Supplies	Slide 9 and PURPLE Acronym handout
Instructions	Review the PURPLE acronym, questions and answer time.
Time	3 minutes
Topic	Iowa Statewide Shaken Baby Prevention Plan
Training Technique	Lecture
Supplies	Slide 10
Instructions	Review Iowa's Statewide SBS Prevention Plan and how the Period of PURPLE Crying fits into that plan.
Time	2 minutes
Topic	Shaken Baby Syndrome (SBS)
Training Technique	Lecture
Supplies	Slides 11-13 Poll Question #2 slide 11 – Review PURPLE acronym
Instructions	Discuss the definition of SBS
Time	2 minutes
Topic	Background of SBS
Training Technique	Lecture
Supplies	Slides 14-17
Instructions	Discuss background of SBS, introduce physical factors of why injuries occur from shaking a baby and what physically happens inside baby's head/brain when shaken.
Time	2 minutes
Topic	Who shakes babies? Risk factors
Training Technique	Lecture
Supplies	Slides 18-19
Instructions	Discuss who are the perpetrators in SBS cases, discuss risk factors.
Time	2 minutes
Topic	Child care provider risk factors
Training Technique	Lecture
Supplies	Slide 20
Instructions	Discuss risk factors that are unique to child care providers.
Time	2 minutes
Topic	Perpetrator statement. Early crying curves and SBS incidence.
Training Technique	Lecture
Supplies	Slide 21-22
Instructions	Discuss crying curve and how it correlates with SBS, read perpetrator statement.

Time	3 minutes
Topic	Why crying is so frustrating, triggers, immediate signs and symptoms of SBS.
Training Technique	Lecture
Supplies	Slides 23-28 Slide 23 Poll Question #3 – SBS Risk Factor
Instructions	Discuss why crying is so frustrating, discuss triggers, and discuss immediate and long term consequences of SBS.
Time	19 minutes
Topic	Solutions, Crying Soothing and Coping
Training Technique	Lecture and Video
Supplies	Slides 29-30 Video is available ONLY online
Instructions	Prior to presenting this training, register and complete the online training at: http://training.dontshake.org/register/user/4223 to access this video.
Time	15 minutes
Topic	Soothing and Coping Activity
Training Technique	Lecture, Individual Activity
Supplies	Slide 31-32 Poll Question #4 – Participant soothing techniques
Instructions	Have participants work in small groups (2 to 3) to discuss soothing and coping techniques that have been tried/successful. Brainstorm and then bring the top couple ideas back to the large group. For virtual training , have participants share in the chat box techniques they have found successful. Read answers out loud and comment as appropriate.
Time	2 minutes
Topic	Soothing Techniques-Basics
Training Technique	Lecture
Supplies	Slides 33-34
Instructions	Discuss soothing techniques.
Time	2 minutes
Topic	Mother's Self-Reporting use of Soothing and Coping Techniques
Training Technique	Lecture
Supplies	Slide 35
Instructions	Discuss Mother's self-reporting use of soothing and coping techniques.
Time	2 minutes
Topic	Soothing Reminders & Quote
Training Technique	Lecture
Supplies	Slide 36-38 Poll Question #5 – Infant crying is normal development
Instructions	Soothing reminders and quote from POPC.
Time	10 minutes
Topic	Action Plan
Training Technique	Individual planning and large group discussion
Supplies	Slide 39

Instructions	In person and virtual: Have participants complete the action plan handout. If virtual participants haven't downloaded the action plan handout, ask them to write down the answers to the questions in the notes. Ask the large group if they have ideas or resources that providers could add/share.
Time	2 minutes
Topic	If it's too frustrating
Training Technique	Lecture
Supplies	40
Instructions	Discuss that it's ok to walk away if too frustrated with crying infant. Discuss CFOC standard, DHS standards, safe place to put an infant down. Make sure they understand this is an "emergent situation".
Time	3 minutes
Topic	Support network & Resources
Training Technique	lecture
Supplies	Slides 41-45
Instructions	Discuss support network and resources.
Time	7 minutes
Topic	Review
Training Technique	Large and Small group discussion
Supplies	Slides 46
Instructions	Review with participants main points.
Time	5 minutes
Topic	Quiz
Training Technique	Large group discussion
Supplies	Slides 47-48 Quiz Questions and Answers
Instructions	Have group answer out loud. For virtual training have participants enter in chatbox first and last name and answers 1-5
Time	5 minutes
Topic	Questions, evaluation (CCR&R or other) and references
Training Technique	Large group
Supplies	Slides 49-51
Instructions	Answer any questions. Participants complete evaluation (if available)

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Handouts for the Period of PURPLE Crying:

Provider Action Plan (pdf)

Optional (Available for **free** from ISU Extension and Outreach Healthy Families Hotline 800-369-2229)

- Shaken Baby Syndrome/Abusive Head Trauma Brochure
- Period of PURPLE Crying Community Flyer