## PARENTS NEED TO KNOW ABOUT THE Adolescent Well Visit

### 01. When should teens get a well visit?
The American Academy of Pediatrics recommends that adolescents and young adults to get a well visit every year.

### 02. What happens at the well visit?
A well visit is more than a physical exam. The visit also includes discussion of other health related topics or anything that is troubling either you or your child.

### 03. How much does it cost?
Most insurance companies will have NO charge for an annual well visit.*

### 04. Why should I take my teen to a well visit?
Getting a well visit helps identify and guide your teen's behaviors. It also allows the opportunity to ask a professional any questions.

### 05. A well visit isn’t just for teens!
Teens tend to follow in their parent’s footsteps. Schedule a well visit for yourself which will help to encourage your teen to get a well visit.

#EveryAgeEvenTeenage

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**Additional Resources:**
- Healthy Families: 800-369-2229
- www.idph.gov/Adolescent-Health