

Iowa

2014 – 2015 reporting

Program Provider: All

Program provider implementation challenges and technical assistance interests^a

Implementation challenges that were serious problems for provider

- Recruiting youth
- Program facilities

Technical assistance topics in which the provider was very interested

- Recruiting youth
- Getting youth to attend regularly
- Keeping youth engaged
- Training facilitators
- Recruiting qualified staff
- Addressing youth behavior issues
- Minimizing negative peer reactions

^aData reported at the subawardee level.

Program model(s):

- SiHLE
- Teen Outreach Program
- WISE Guys

Adulthood Preparation Subjects addressed:

- Healthy relationships
- Healthy life skills
- Adolescent development

Program Dosage (Data from attendance, reach, and dosage reports)	
Implementation setting(s)	Schools during school, schools after school, community-based organizations, other settings
Number of youth who attended at least one session	432
Percent of youth served out of school time who completed at least 75 percent of the intended dosage ^b	55
^b Attendance is only reported for programs offered during out-of-school time, which include all those offered outside of the regular school hours, including programs offered at school, after school, and in the community. Programs offered in school time are those offered at school during regular school hours.	
Youth Demographics (Data from exit survey reports)	
Gender	Percentage

Female	37
Male	63
Age	
10–12	13
13 or 14	40
15 or 16	30
17 or 18	16
19 and older	1
Race/Ethnicity^c	
Hispanic or Latino	17
American Indian or Alaska Native	14
Asian	3
Black or African American	34
Native Hawaiian or Other Pacific Islander	3
White	62
^c Youth could select more than one race, so percentages sum to more than 100 percent. Youth responded separately to the question about ethnicity (Hispanic/Latino).	
Youth Sexual Risk Behaviors Before Program (Data from entry survey reports ^d)	
Percentage	
Ever had intercourse	51
Ever been pregnant or gotten someone pregnant	7
Of those who had sex in past 3 months	
Always used a condom	20
Never used a condom	37
Always used birth control	29
Never used birth control	27
^d Youth responding to the exit survey were not necessarily the same youth who responded to the entry survey.	
Youth Sexual Risk Intentions After Program (Data from exit survey reports)	
Percentage	
Much or somewhat less likely to have sex in the next 6 months	59
Much or somewhat more likely to abstain from sex in the next 6 months	49
If having sex in the next 6 months much or somewhat more likely to use a condom	73
If having sex in the next 6 months much or somewhat more likely to use birth control	63
Youth Perception of Program (Data from exit survey reports)	
Percentage	
Youth were interested in sessions and classes all or some of the time	89
Material was clearly presented all or some of the time	86
Discussions or activities helped youth learn program lessons all or some of the time	91
Youth Perception of Preparation for Adulthood After Program (Data from exit survey reports)	
Percentage	
Program prepared youth for adulthood ^e	76

^eThis percentage is computed as the average across 10 items: resist or say no to peer pressure, know to how manage stress, manage conflict without causing more conflict, form friendships that keep you out of trouble, be respectful towards others, make plans to reach your goals, care about doing well in school, share ideas or talk about things that really matter with a parent/guardian, make healthy decisions about drugs and alcohol, and be the best that you can be. These items align to the three most frequently implemented adulthood preparation subjects: Healthy Relationships, Adolescent Development, and Healthy Life Skills. For each item, we first calculated the percentage of respondents who answered that the program had made them "Much more likely" or "Somewhat more likely" to exhibit the positive behavior. The percentage of youth who perceived that the PREP program made them feel more prepared for adulthood is the average across the 10 individual percentages.