

# AYAH CoIIN State Profiles

Identifying and implementing evidence-based strategies to increase access to and the quality of well visits for adolescents and young adults (AYA).



For more information visit: <http://bit.ly/1V59FSE>

## IOWA

### How will the CoIIN provide opportunities to help improve AYA health in Iowa?

Iowa is piloting a comprehensive self-assessment tool to review the health centers' environment, policies, and practices specific to AYAs.

Iowa is also conducting focus groups to create communication materials to raise awareness on the importance of an adolescent well visit.

### What is Iowa currently doing to advance AYA health?

The Iowa Health and Wellness Plan provides comprehensive health care coverage to low income adults, and offers coverage to Iowa's low-income young adult population.

Regular preventative health checkups are encouraged to promote healthy growth and development through the Iowa EPDST Care for Kids Health Maintenance Recommendations.

## TEXAS

### How will the CoIIN provide opportunities to help improve AYA health in Texas?

Texas is focusing on developing strategies to help clinics reach out to youth about the importance of well visits, and strengthening the skills of providers and staff to conduct youth clinics and build partnerships between clinics and their communities.

### What is Texas currently doing to advance AYA health?

- Texas Healthy Adolescent Initiative (THAI) is a community-based project working to build comprehensive local youth systems to improve the health of youth in six Texas communities.
- The website *Someday Starts Now* was created to support young adults as they contemplate parenthood.
- Title V supports School Based Health Centers in Texas that provide screening and follow-up of chronic health issues for youth and their families.

## VERMONT

### How will the CoIIN provide opportunities to help improve AYA health in Vermont?

Vermont is working toward increasing both access to and quality of preventive health care visits for the AYA population by formalizing a Vermont Youth Council, updated quality improvement (QI) approaches for providers, and improving practice capacity to get patients in for well visits.

### What is Vermont currently doing to advance AYA health?

- The Youth Health Improvement Initiative was developed to focus on the unique needs of the adolescent population of Vermont.
- 12 State Local Health offices employ a public health nurse who engages local schools and school personnel to monitor their student and family population.
- Vermont Maternal Child Health has programming and QI projects targeting at the young adult population surrounding substance abuse, transition, suicide prevention, domestic and sexual violence prevention, family planning, and pregnancy prevention.

## MISSISSIPPI

### How will the CoIIN provide opportunities to help improve AYA health in Mississippi?

Mississippi is working to improve workflows and quality of care at University of Mississippi Medical Center Lanier School based Health enter (SBHC) and use lessons learned to create QI processes with other SBHCs and FQHCs. The team will also increase insurance coverage literacy and coverage by targeted outreach and application support.

### What is Mississippi currently doing to advance AYA health?

The office of Adolescent Health is implementing a pilot program at four clinics close to Mississippi community colleges aimed at assessing community college students' health needs, educating college staff on health issues, and increasing access and utilization of healthcare services on college campuses.

## NEW MEXICO

### How will the CoIIN provide opportunities to help improve AYA health in New Mexico?

New Mexico is working to engage youth and young adults in creating messaging and information about the importance of well visits to share with pilot demonstration sites. The team is working with El Centro Community Clinic system to expand adolescent health care.

### What is New Mexico currently doing to advance AYA health?

- New Mexico's School based Health Center (SBHC) program provides primary behavioral and oral health care, risk screenings, and health education.
- The Rural and Primary Health Care Program provides financial support for the operations of 99 community-based primary health clinics.
- The Family Health Bureau currently funds teen pregnancy prevention activities.