Adult Safety

Got Lead? Work Smart!

Adult lead exposure safety
- Know your risks
- Control your risks
- Get tested - lead affects your health

Keep yourself and others safe
- Work lead-safe
- Wash-up, clean-up
- Don’t take lead home from the job

800-972-2026 idph.iowa.gov
Iowa industries with adult lead exposure:

**Manufacturing:**
- Machinery & parts
- Industrial machinery
- Plumbing & pipe fittings
- Valves
- Lead smelters
- Ammunition
- Lead pigment
- Inorganic chemical production
- Metal foundries
- Storage batteries

**Construction:**
- Residential
- Industrial

**Other:**
- Radiator shops
- Stained glass products & maintenance
- Firing ranges
- Recycling
- Environmental remediation

Painters, plumbers and welders are among those workers most exposed to lead but often not tested.

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Lead does NOT do a body good!

Some adult effects of lead poisoning include:

- Difficulties during pregnancy
- Reproductive problems for both men & women
- Cardiovascular & kidney problems
- Memory & concentration problems
- High blood pressure
- Digestive & nerve disorders
- Muscle & joint pain
- Glaucoma & anemia

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Do you work around lead? Work Smart!

If you work with lead you could be bringing this toxic metal home on your:

- Clothes & shoes
- Skin, hair & hands

Take-home lead can cause lead poisoning in children and other family members.

Stop lead from getting into your home and vehicle by always washing, showering, and changing out of your work clothes and work shoes before leaving work.

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