**Policy**

From the WIC Services Policy and Procedure Manual – 360.65 Infection Control Guidelines

Because a variety of infections can be transmitted whenever health care is performed, care must be taken to protect both the health care worker and the participant. Basic infection control guidelines must be followed. This includes using universal precautions when finger-sticks, heel-sticks, immunizations and other procedures dealing with body fluids are performed, and also when cleaning surfaces and items that have come in contact with body fluids. This policy outlines precautions against the transmission of bloodborne pathogens such as HIV infection (AIDS) and other communicable diseases.

This policy contains the following topics.

<table>
<thead>
<tr>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hand Washing and Disposable Gloves</td>
</tr>
<tr>
<td>Blood Collection</td>
</tr>
<tr>
<td>Cleaning Clinic and Equipment</td>
</tr>
<tr>
<td>Cleaning and Disinfecting Toys</td>
</tr>
<tr>
<td>Respiratory Hygiene/Cough Étiquette</td>
</tr>
</tbody>
</table>

**Information**

Basking Babies’ 2015 Conference

The Annual Basking Babies Fall Conference is to be held on Friday, November 6. The title of the conference is “Breastfeeding in Challenging Situations" and the topics will include: ‘Lactation Support for the Preterm and Late Preterm Baby’, presented by the main speaker Chris Clark, RCP, RMT, IBCLC and ‘Promoting Optimal Breastfeeding in the Latino Community’, presented by Lic. Roberta Graham de Escobedo, BA, IBCLC, FILCA. This conference is .81 CEUs for nurses and 6.75 hours for dietitians. Please see the conference flyer at the end of the Friday Facts.
Get to know your WIC Staff from all across the state! Today meet Karla Hynes, WIC Coordinator for MATURA:

Give me a quick biography of your life- Where you went to high school, college, what you studied in, different jobs, married with kids? Whatever you want!

- I went to high school in Mount Ayr and college at Grand View University. I graduated with a BSN in 1984 and went back and receive a BA in mass communication, graduating in 1997.
- I’ve been married 23 years to Jerry, the most patient man in the world.
- We have a sheltie, who is so sweet we named him Duncan, making him… Duncan Hynes!
- I’ve been to 49 states (missing New Mexico) and 6 continents (missing Antarctica)

Name a fun fact about yourself!

- I have actually run a marathon and I have my own radio show that airs every Sunday morning called, “Pass It On.”

What is your favorite color?

- Pink

What is the weirdest food or favorite you have every eaten?

- Kangaroo – when we were in Australia. It’s pretty chewy.

If you could go anywhere in the world where would it be and why?

- Israel, so I can walk where Jesus walked.

What are your favorite quote/words to live by?

- Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him and He will make your paths straight.

How long have you worked at WIC?

- 2 years

What made you want to work at WIC?

- It gives us an opportunity to positively impact the health of some of the most vulnerable segments of the population – infants and children

What is your favorite part about working here?

- We get to see precious babies, adorable children and hard-working moms every single day. And I have the privilege of working with some of the most wonderful people I have ever known.

What is the most important tip you would give to people about WIC?

- Take advantage of the professional staff you meet at your WIC appointment. There are very few places where you can sit knees to knees with a dietician or and RN and ask questions. They are an enormous resource.
Thank you of the Week

WIC Shout Out

WIC saved my son's life with their iron screening test. Our two year old son had been very sick. He was weak, lethargic, wouldn't eat and had severe diarrhea. A medication was prescribed to help with the diarrhea. However, he was not getting better. About a week later, during a follow-up, the doctor continued to tell us that it was probably just a stomach virus and to keep an eye on him. He continued to have diarrhea, was still weak and extremely pale. After a third visit to the doctor with the same symptoms the doctor never ordered stool samples or blood tests even after we introduced the idea.

Luckily for us, soon thereafter, we attended a scheduled WIC appointment...During this appointment, WIC checked our kid's weight, height and iron levels. As soon as we saw his blood, we knew something was wrong...the WIC agency said that they had never seen such low levels...WIC staff called the pediatrician and they instructed us to drive immediately to the hospital and not to stop for anything. He was admitted to the Oncology floor and more blood tests were done. In a matter of minutes, a specialist informed us that an immediate blood transfusion should be started. During three days, he received three blood transfusions.

We know that without that scheduled WIC appointment, where his iron levels were checked, he wouldn't be with us today. It is still so unbelievable to imagine how severe that illness had been. Our son probably wouldn't have lasted one more day if we had missed our WIC appointment that day. It was also so comforting how these women would call me at home to follow up on how he was doing. WIC is a blessing of a lifetime. It saved my son's life. --WIC Participant

Participant Centered Services

Oregon WIC’s Definition of Participant Centered Services:

Participant centered education (PCE) focuses on people’s capacities, strengths and developmental needs – not solely on their problems, risks, or negative behaviors. Check out for more information.


eWIC/Focus Update

As we continue to progress with data conversion from IWIN to Focus, we are requesting that you do not create new column names in IWIN Scheduler. The data conversion scripts for columns have been completed and we are doing final testing of the conversion.
**Find Us on Facebook**

https://www.facebook.com/IowaWIC

---

**Dates to Remember**

2015  
****note highlighted dates and topics indicate a change from the usual****

**New Employee Training Go-To Meeting**

- NETC Go-To- Meeting (All New Staff) – September 10, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – September 17, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - September 24, from 8:30-11:30

- NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - November 19, from 8:30-11:30

**Please note the dates in November.

**Core Trainings**

- Infant/Child Nutrition: September 1, 2015

---

**Available Formula**

<table>
<thead>
<tr>
<th>Product</th>
<th>Quantity</th>
<th>Expiration Date</th>
<th>Agency</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutren Jr. w/Fiber (Vanilla)</td>
<td>78 (3 cases + 6 individual containers)</td>
<td>9/2015</td>
<td>Marion County Public Health</td>
<td>Jessica Johnson 641-828-2238 x225</td>
</tr>
<tr>
<td>Neocate Junior</td>
<td>11 cans</td>
<td>9/2015</td>
<td>Mid Iowa Community Action</td>
<td>Sierra Steven 515-232-9020, ext. 105</td>
</tr>
<tr>
<td>Powdered Pregestimil</td>
<td>5 cans</td>
<td>11/1/2015</td>
<td>Operation Threshold</td>
<td>Sue Burnett 319-292-1827</td>
</tr>
<tr>
<td>Powdered Nutramigen</td>
<td>3 Containers 8 Containers</td>
<td>11/2015 12/2015</td>
<td>Operation Threshold</td>
<td>Sue Burnett 319-292-1827</td>
</tr>
<tr>
<td>Powder Nutramigen Toddler with Enflora LGG</td>
<td>7 – 12.6 oz Container 20 - 12.6 oz Container</td>
<td>11/1/2015 2/1/2016</td>
<td>Mid-Sioux Opportunity</td>
<td>Amy Kreber 712-786-3488</td>
</tr>
<tr>
<td>RCF Concentrate</td>
<td>26- 13 oz cans</td>
<td>2/1/16</td>
<td>Broadlawns</td>
<td>Rose Logan 515-...</td>
</tr>
<tr>
<td>Product</td>
<td>Quantity</td>
<td>Expiration Date</td>
<td>Agency</td>
<td>Contact</td>
</tr>
<tr>
<td>-------------------------------------</td>
<td>------------------------</td>
<td>-----------------</td>
<td>----------------------------</td>
<td>------------------------------</td>
</tr>
<tr>
<td>Peptamen Junior 1.5 Cal</td>
<td>114 – 250 ml containers</td>
<td>3 – 6/2016</td>
<td>HACAP</td>
<td>Angela Munson, 319-366-7632</td>
</tr>
<tr>
<td>Enfaport</td>
<td>17 – 6 packs of 6 oz containers</td>
<td>4/1/16</td>
<td>HACAP</td>
<td>Angela Munson, 319-366-7632</td>
</tr>
<tr>
<td>Pediasure 1.5 cal Vanilla</td>
<td>65- 8oz cans</td>
<td>6/1/2016</td>
<td>Broadlawns</td>
<td>Rose Logan</td>
</tr>
<tr>
<td>Pediasure 1.5 with Fiber</td>
<td>4 cases</td>
<td>8/2016</td>
<td>Mid-Iowa Community Action</td>
<td>Sierra Stevens, 515-232-9020, ext. 105</td>
</tr>
<tr>
<td>Calcilo XD</td>
<td>1 can</td>
<td>2/2017</td>
<td>Broadlawns</td>
<td>Kathy Flagg, 515-263-5660</td>
</tr>
<tr>
<td>Similac PM 60/40</td>
<td>7 cans</td>
<td>5/2017</td>
<td>Webster County</td>
<td>Kathy Josten, 515-573-4107</td>
</tr>
<tr>
<td>Complete Amino Acid Mix</td>
<td>1 can</td>
<td>10/21/2017</td>
<td>Mid-Iowa Community Action</td>
<td>Sierra Steven, 515-232-9020, ext. 105</td>
</tr>
</tbody>
</table>

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.ascr.usda.gov/complaint_filing_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.
Basking Babies’ 2015 Conference

Breastfeeding in Challenging Situations

November 6, 2015: 8:45 a.m. - 5:00 p.m. (Registration begins at 8:15 a.m.)
Grace Community Church 877 NE 64th St. Pleasant Hill (Des Moines), 50327

Intended Audience: IBCLC, Physicians, Dietitians, Nurses, Speech Therapists, Midwives, Nurse Practitioners, Doulas, LLL Leaders, Chiropractors, Peer Counselors, and other interested healthcare professionals

Purpose: This conference will provide information on challenging breastfeeding situations: the preterm and late preterm infant and how to promote optimal breastfeeding in the Latino community.

Objectives:
- Define the common barriers to exclusive breastfeeding or breastmilk feeding in the preterm and late preterm infant.
- Discuss evidence-based strategies to overcome barriers and learn practical sustainable solutions.
- Review the benefits of kangaroo care for the premature and late preterm baby.
- Describe and/or demonstrate hand expression, pumping and hands-on pumping.
- Discuss strategies to improve breastfeeding in the Latino population.

Cost: Early bird registration fee (before October 10th) is $80 per person, which includes lunch and snacks. (Refunds are not available.)

Continuing Education: Nurses will be awarded 0.81 CEUs Iowa Board of Nursing Provider #17. Full attendance is required. No partial credits will be given. Dieticians: 6.75 contact hours. IBCLC: L-cersps applied for. Certificate of completion will be given to all attendees.

Other details:
- The massage therapist will be returning again this year. You can enjoy a CHAIR MASSAGE from Tender Touch Massage anytime throughout the conference ($1/minute).
- Babies in arms are welcome and there is a cry-room available where you can hear and see the presentation if needed.
- Display tables from various businesses in Iowa and drawing for prizes.

To register visit: www.basking-babies.com/2015-conference-registration.html

Speaker Information:

Chris Clark (RCP, RMT, IBCLC) presents Lactation Support for the Preterm and Late Preterm Baby. Chris has been an International Board Certified Lactation Consultant since 1999. She has spent almost three decades counseling nursing women - with involvement in La Leche League, mother support groups, high risk birthing centers, rural hospitals, and as a WIC peer counselor. She has worked as a doula, respiratory therapist, and cardiac rehab specialist. Chris is credited with bringing Kangaroo Care to the United States after her last child was born prematurely at United Hospital in St. Paul. After her successful piloting and advocacy of this treatment, the hospital began a program to encourage other parents to try skin to skin to improve outcomes for premies. As the founder and director of BlessingWay Family Services, she has developed and implemented numerous initiatives including mother to mother mentoring programs, promotion of kangaroo care, and mentoring aspiring Lactation Consultants.

Roberta Graham de Escobedo (BA, IBCLC, FILCA) presents Promoting Optimal Breastfeeding in the Latino Community. Roberta has been an International Board Certified Lactation Consultant since 1995. Originally from the Chicago area, Roberta has an understanding of both the U.S. and the Mexican Culture - in city and village settings. She serves as a bridge for assisting healthcare providers to better understand the Latino perspective with a view to improving the quality of care offered and increasing prevalence of breastfeeding in the Latino population. She is in private practice and also lectures at several universities and schools in Merida, Yucatan. Roberta has served on the Board of Directors of the International Lactation Consultant Association (ILCA) for the past eight years and is now the President of the newly formed ASSOCIATION OF CERTIFIED LACTATION CONSULTANTS OF MEXICO (ACCLAM).

Visit www.basking-babies.com or contact Angela at lactationlady@live.com | 515-210-1868