

Chronic Disease Connections

An e-bulletin created for healthcare systems working with patients to control their chronic disease, high blood pressure and/or manage their prediabetes, diabetes and/or high cholesterol.

The Latest Health Promotion is Newsworthy

Heart failure linked to highest mortality risk for people with type 2 diabetes - Patients with a recent type 2 diabetes diagnosis have a greater risk for death after development of heart failure compared with other cardiovascular or renal diagnoses.

Potential indirect effects of the COVID-19 pandemic on use of emergency departments for acute life-threatening conditions - Recent findings suggest that patients either could not access care, or were delaying or avoiding seeking care for conditions such as heart attack, stroke or hyperglycemia.

Diabetes affects different racial subgroups – Hispanics and non-Hispanic Asians collectively account for 23% of the U.S. population and are at a higher risk for prediabetes and type 2 diabetes.

It's not just the lungs: COVID-19 attacks unlike other respiratory viruses - As the pandemic grew from an outbreak affecting thousands in Wuhan, China, to some 10 million cases and 500,000 deaths globally as of late June, the list of symptoms has also exploded.

Hurried communication between health care providers and Black patients leads to poorer glycemic control – Rushed communication with healthcare providers can have significant negative effects on glycemic control in black patients with type 2 diabetes (T2D), according to study results presented during the American Diabetes Association's 80th Scientific Sessions, held online in June.

Plan Clinic Awareness Activities for Upcoming Health Observations



Minority Mental Health Month

National Breastfeeding Month

National Immunization Awareness Month

World Lung Cancer Day – August 1

National Health Center Week – August 9-15

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Tackling Equity

COVID-19 has underscored the health inequities in our country. The Midwestern Public Health Training Center's podcast, **Share Public Health**, highlights this topic in the **Tackling Equity series**. Now with a newly-released **discussion guide**, learn about and reflect on inequities within various communities such as the African American population, people with disabilities and special healthcare needs, and rural areas. Subscribe wherever you listen to podcasts.

Career Opportunities

The Iowa Primary Care Association is hiring a **value-based care consultant** and a **clinical quality consultant**. You can view these job opportunities and others at the **Iowa PCA job board**. If you have questions about applying or working at a CHC, please contact **Katie Kenny**.

TACKLING EQUITY

a new ten-part podcast series



SHARE PUBLIC HEALTH

a production of the midwestern public health training center

New from the American Heart Association

- **Continuing education opportunity: Stroke in young adults** - More young people are having strokes, and not only because of COVID-19. Learn ways to improve diagnosis and treatment of stroke in young adults and earn CME/CE credit. **Register now.**
- Join **AHA "House Calls"** for weekly live chats with AHA staff and medical experts on topics important to stroke and heart patients. Tune in every **Monday at 11 a.m.** CDT on social media.
- New video: **Making Sense of Cryptogenic Stroke** – This new animated video will help you make sense of the unknown. Learn how patients and professionals can work together to find answers about the cause of a stroke and how to prevent another one.

Upcoming Webinars

- **Hidden in Plain Sight: Clinical Presentation of ATTR** - July 14
- **Managing Medicare and Medicaid programs in the age of COVID-19** – July 16
- **Health Equity: Food Insecurity** – July 23
- **Health in All Policies Monthly Webinar** – July 28
- **Inside the Virtual Care Boom: What happens when the point of care becomes anywhere?** – July 29

2020 Virtual Meetings

- **Association of Diabetes Care & Education Specialists Conference** - August 13-16
- **Iowa Pharmacy Association Annual Meeting** - September 14-18
- **Healthier Rural America Summit** – September 15-17
- **APHA Annual Meeting and Expo** – October 24-28
- **Iowa Diabetes and Wellness Summit** – November 12 & 19