

# Chronic Disease Connections

Chronic Disease Connections is an e-bulletin created for healthcare systems working with patients to control chronic disease and high blood pressure and help manage prediabetes, diabetes, and high cholesterol.

## The Latest Health Promotion is Newsworthy

**Prediabetes linked to increased risk for mortality, CVD** - A meta-analysis of 129 studies involving 10,069,955 individuals found that among those with atherosclerotic cardiovascular disease, and even among the general populations, prediabetes was tied to a higher risk for cardiovascular disease and all-cause mortality. The study was published in *The British Medical Journal*.

**Analysis details preventive factors in Alzheimer's** - Ten risk factors appeared to have a significant effect on developing Alzheimer's disease, many of which could be targeted with preventive steps, a meta-analysis suggested.

**Self-measured blood pressure monitoring gains support** – The American Heart Association and American Medical Association published a joint policy statement supporting SMBP by patients as an effective way to detect and manage hypertension.

**A new way to target cancers using 'synthetic lethality'** - Researchers report that inhibiting a key enzyme caused human cancer cells associated with two major types of breast and ovarian cancer to die and in mouse studies reduced tumor growth.

**Obesity and metabolic syndrome are risk factors for severe influenza, COVID-19** – A recent review links metabolic syndrome to cases of more severe disease from viral infections.

## Plan Clinic Awareness Activities for Upcoming Health Observations



**National Immunization Awareness Month**

**Healthy Aging Month**

**National Atrial Fibrillation Awareness Month**

**Ovarian Cancer Awareness Month**

**Suicide Prevention Week – Sept. 6-12**

# Chronic Disease Connections

## Funding Opportunities

- Applications for the Request for Proposal (RFP) **Clinical Innovations for Prediabetes Assessment and Referral** are due **Thursday, September 17**. For this RFP (#58821012), we are seeking applicants to plan and implement sustainable policy and systems change(s) to assess patients with prediabetes or who are at risk for developing type 2 diabetes. Applicants should detail how to increase referrals to diabetes prevention programs (DPP). Visit [iowagrants.gov](http://iowagrants.gov) to view this funding opportunity.
- The Health Resources & Services Administration announces the opportunity to apply for funding under the **Women's Preventive Services Initiative** (WPSI). WPSI's purpose is to improve women's health across the lifespan by engaging a coalition of provider, academic, and patient-focused health professional organizations. The deadline to apply is **October 10**.

## Million Hearts

- Are your patients with **undiagnosed hypertension** hiding in plain sight? Check out [these four steps](#) to help your clinic identify the patients who don't know their BP is too high and are not receiving treatment to control it (yet).
- Read the **June 2020 addendum** to the *Million Hearts: Meaningful Progress 2012-2016* final report to learn more about the cardiovascular events that were prevented during the first five year period of the national Million Hearts Initiative.



## Webinars

- **Addressing Common Barriers to Adherence in T2D Patients** – August 17
- **Social Determinants and Health Status: A Data for Decision-Making Speaker Series Webinar** - August 25
- **Health at Home: Today More Than Ever** – August 25
- **Understanding America's State of Mind** – August 27
- **Medication Management Reform: How We Practice** – Recording
- **COVID-19 Response: Promising Practices in Health Equity 2** – Recording

## Chronic Kidney Disease Learning Series

Telligen is partnering with the **National Kidney Foundation** (NKF) to offer online continuing medical education (CME) to primary care teams that are interested in assessing and improving chronic kidney disease (CKD) care for their patient populations. This three-module learning experience provides a framework for implementing CKD population health strategies and highlights the integration of the NKF Chronic Kidney Disease Change Package into primary care workflows. To register and learn more about this opportunity and other educational CKD-specific offerings for practices and patients, visit the promotional packet [here](#).