Continuing Education Requirements for Individuals Holding Multiple Cosmetology-Related Licenses

1. **Two active licenses.** The new rules will require 10 hours of continuing education, 4 hours specific to each license discipline with an additional 2 hours in the content areas of Iowa cosmetology law and rules and sanitation.

2. **Three active licenses.** The new rules will require 14 hours of continuing education; 4 hours specific to each practice discipline and an additional 2 hours in Iowa cosmetology law and rules and sanitation.

If they hold an instructor’s license, they must meet the requirements stated above and, in addition, obtain 8 hours specific to teaching methodology.

1. **Instructor's License, Example 1- cosmetology license and an instructor's license:** the new rules will require 16 hours of continuing education (8 hours of continuing education, of which at least 4 hours shall be specific to cosmetology and a minimum of 2 hours shall be in the content areas of Iowa laws and rules and sanitation and an additional 8 hours in teaching methodology.)

2. **Instructor's License, Example 2- nail technology license and an instructor's license:** the new rules will require 16 hours of continuing education (8 hours of continuing education, of which 4 hours shall be specific to nail technology and 2 hours in the content areas of Iowa cosmetology law and rules and sanitation and an additional 8 hours in teaching methodology.)

**First Renewal Requirements:** As always, if it is your first renewal for one or more licenses, you will not be required to complete continuing education for that license.

**Certification requirements:** Licensees performing chemical peels or microdermabrasion, using a certified laser product or Intense Pulsed Light (IPL) for hair removal must be certified by the board to perform those services. Continuing education is not required to renew a certification.