



Their bodies change. So should their milk.



**FAT
FREE
OR
1%**

**FOR
EVERY
BODY
TWO
AND
OVER**

As their bodies grow, they still need the nutrients of milk, just not the extra fat of whole and 2% milk. Serving children two and over 1% or fat-free milk will give them the same calcium with less fat. It's the milk they'll never outgrow.

Same nutrients. Less fat.