



# Dental Wellness Plan MCH Contractors

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October 14, 2014

# Iowa Health and Wellness Plan

- Focuses on population health and an earned benefits approach which provides incentives for additional health and dental care services and improves member awareness about the importance of wellness, oral health and compliance with treatment plans.
- Uses health and oral health risk-assessment tools to facilitate data collection and improve understanding of the health and oral health care status of the population.

# Opportunity for Improved Oral Health

- Estimated eligible population of 140,000 for the Iowa Wellness Plan and the Marketplace Choice Plan options.
- Once enrolled in *either* plan option the Dental Wellness Plan is informed by DHS that there is a new member.
- The Dental Wellness Program is administered by Delta Dental under an Iowa Department of Human Services contract until 2017.
- The Dental Wellness Plan is a 1<sup>st</sup> in the nation government dental program with earned benefits and a risk assessment to improve oral health for adults.

# Iowa Health and Wellness Plan

- Iowa Health and Wellness Plan (IHWP) enacted during the 2013 Legislative Session with bipartisan support
- Includes dental services under the Dental Wellness Plan
- One plan, two options:
  - Iowa Wellness Plan: For adults age 19-64 with income below 100 percent FPL
  - Marketplace Choice Plan: For adults age 19-64 with income between 100-133 percent FPL



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# DENTAL WELLNESS PLAN DESIGN

# Plan Design

- Delta Dental worked closely with the State of Iowa and key stakeholders to create a plan design that focuses on prevention and incorporate member responsibility.
  - Teach good oral health to members
  - Get the population to a healthier state
  - Accomplish this within 3 years prior to Federal government changing program funding
  - Members must return for preventive care visits in order to be eligible for additional benefits
  - Members continue with preventive care schedule to stay eligible for all benefits.

# Core Benefits

- Member has Core benefits as soon as they enter the program.
- Diagnostic and Preventive Services include:
  - Exams and Education, Cleanings, X-rays and Fluoride treatments.
- Emergency Services – primarily to relieve significant pain or to relieve acute infections (unlimited subject to specific criteria)
  - Problem focused exams, extractions/oral surgery, surgical incision and drain, anesthesia, palliative treatment, periapical x-rays, pulpal therapy.

# Core Benefits Benefits

- Stabilization Services – allows members to maintain basic human functions or prevents a condition from deteriorating in an imminent timeframe to a more serious situation (subject to specific criteria)
  - Restorations for large cavities on the pulp
  - Scaling and root planing
  - Stainless steel (posterior)/resin crowns (anterior) for fractured teeth.
  - Full mouth debridement
  - Denture adjustment and repairs
  - Complete dentures for edentulous and partial for replacement of anterior teeth.

# Enhanced Benefits

- Member must return to their General Dentist for preventive care between 6 and 12 months from 1<sup>st</sup> visit to be eligible for Enhanced services.
- All Core benefits are still available plus Enhanced benefits of:
  - Restorations and other restorative services.
  - Root canals, apexification, apicoectomy and other endodontic services.
  - Non-surgical gum treatment.
  - Denture adjustments, repairs, relines
  - Non-surgical and surgical extractions and other oral surgery services.
  - Designated adjunctive services.

# Enhanced Plus Benefits

- Member must return to their General Dentist for preventive care between 6 and 12 months from 2<sup>st</sup> visit to be eligible for Enhanced Plus services.
- All Core and Enhanced benefits are still available plus Enhanced Plus benefits of:
  - Crowns/Onlays – for anterior permanent teeth and extensive coronal destruction/broken cusp and posterior teeth with root canal therapy and cracked tooth syndrome.
  - Tooth replacements – dentures (complete and partial) and bridges for designated conditions.
  - Gum Surgery
- Note: all Enhanced Plus services require Prior Authorization.

# Member Maintenance

- Member must continue to see a Dentist for preventive care every 6 to 12 months to have Enhanced and Enhanced Plus benefits available to them on an on-going basis.
- If a member misses preventive care guideline, they start the program from the beginning.

# DWP & EPSDT

## **Benefit Level Eligibility**

- 19-20 year old members of the DWP program have access to all covered services at time of enrollment, regardless of what tier they fall into—since they are covered under EPSDT
- All services are subject to review—especially Emergency and Stabilization services – regardless of age
- Once member turns 21 years old, benefit level will be determined by past utilization history and preventive services received



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# RISK ASSESSMENT

# Oral Risk Assessment

- Risk Assessment facilitates data collection to demonstrate population health improves.
- The tool for the Oral Risk Assessment (PreViser) provides scores on both periodontal disease and caries.
- Oral Risk Assessment will be completed annually by General Dentist.
- Assessment will provide results to assist Dentists with creating a customized treatment plan.



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# PROVIDER RECRUITMENT

# Provider Recruitment

- Specific contracting for the Dental Wellness Plan and not associated with other Delta Dental networks.
- Contracting with General Dentists, Specialists, CHC's and University of Iowa.
- Recruitment packets mailed mid February and includes:
  - Contract and Uniform Regulations
  - Plan Design
  - Fee Schedule
  - Bonus Program
  - Frequently Asked Questions
- Additional questions dental offices can contact recruitment team at 877-929-3815.

# Provider Reimbursement

- Fee Schedule Reimbursement is similar to Commercial PPO Reimbursement in the state of Iowa.
- Bonus Pool available to General Dentists.
  - Paid annually in April.
  - Requirement is to complete Oral Risk Assessment on members annually.
- Bonus Pool available to Specialty Dentists.
  - Paid annually in April
  - Requirement to have schedule time available to see DWP patients.



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# OUTREACH AND REFERRAL PLAN

# Outreach and Referral Plan

- Statewide member awareness and education
- Working with local partners on member education and care coordination and referral processes
- Linkage with dental providers and Accountable Care Organizations



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# DWP STATS

# Interesting Data Related to Stabilization Services

- 67 percent of member have received Diagnosis and Prevention Services
- 17 percent of members have received Stabilization Services
- 16 percent of members have received Emergency Services

# DWP Administration

- Members Enrolled 109,506
- Members that have Received a Service 22,644
- Services Provided 115,492
- Dentist/Location Providing Services 796
- Claims Processed YTD 51,409
- Claims Turn Around Time 11.80 Days
- PreViser Risk Assessments 9,592
- Customer Service Calls YTD 23,846

# Contact Information

Contact Information:

[DWPOutreach@deltadentalia.com](mailto:DWPOutreach@deltadentalia.com)

Website

[www.DWPIowa.com](http://www.DWPIowa.com)

Member Call in Number

**1-888-472-2793**

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Questions?

