

# IOWA PRENATAL CARE BARRIERS PROJECT

## DATA FROM 2015 SURVEYS

2015 Respondents from All Hospitals in Iowa: 23,212

2015 Respondents with Babies Born in **Mitchell**: 49\*

\*Because of the small number of cases, data may not be representative of the entire population of new mothers whose babies were in this county.

<b>Demographic Indicators</b>	<b>State</b>	<b>County</b>
<b>Mother's Age</b>		
Less than 18 years	01%	<01%
18-19 years	04%	04%
20-25 years	27%	24%
26-30 years	35%	43%
31-35 years	25%	22%
More than 35 years	08%	06%
<b>Mother's Ethnicity</b>		
Hispanic	07%	02%
Non-Hispanic	93%	98%
White	91%	98%
Black	05%	<01%
Asian or Pacific Islander	03%	02%
American Indian or Native Alaskan	01%	<01%
<b>Socioeconomic Indicators</b>		
<b>Mother's Education</b>		
Less than high school	07%	10%
High school	20%	20%
Some college	35%	37%
College graduate (Bachelor's degree)	27%	27%
Graduate school	11%	06%
<b>Household Income</b>		
Less than \$10,000	14%	13%
\$10,000 - \$19,999	10%	07%
\$20,000 - \$29,999	09%	13%
\$30,000 - \$39,999	09%	07%
\$40,000 - \$49,999	07%	15%
\$50,000 or more	52%	46%

<b>Information Received in 12 Months Prior to Becoming Pregnant</b>	<b>State</b>	<b>County</b>
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<b>Health Care Provider Talked About:</b>		
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Birth control	50%	51%
Timing of pregnancy	20%	14%
Spacing of children	11%	12%

<b>Doctor, Nurse, or Other Health Care Provider Talked About:</b>		
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Taking folic acid or a multivitamin	45%	51%
Smoking	32%	22%
Drinking alcohol	27%	14%
Your weight	25%	20%
Regular exercise	28%	24%
How romantic relationships affect your health	09%	08%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	24%	33%

<b>Behavioral Indicators During Pregnancy</b>	<b>State</b>	<b>County</b>
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<b>No Birth Control was Used at Time of Conception</b>	86%	84%
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<b>Unintended Pregnancy and Did NOT Use Birth Control</b>	67%	58%
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<b>Cigarettes Smoked During Last 3 Months of Pregnancy</b>		
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Not smoked in past 2 years	76%	75%
Zero cigarettes per day	54%	25%
1-10 per day	40%	58%
11-20 per day	06%	17%
More than 20 per day	<01%	<01%

<b>Alcoholic Drinks During Last 3 Months of Pregnancy</b>		
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Not had any alcoholic drinks in past 2 years	30%	31%
Zero drinks per week	98%	97%
1 or more drinks per week	02%	03%

<b>Health Care Services During Pregnancy</b>	<b>State</b>	<b>County</b>
<b>Visited a Dentist, Dental Clinic, or Received Dental Care</b>	55%	61%
<b>Health Care Professional or Other Agency Staff Person Came to Home to Help Care for You or for Your New Baby</b>	03%	02%
<b>Diagnosed with Depression During Pregnancy</b>		
Yes	02%	02%
No	90%	83%
No, Diagnosed with depression before becoming pregnant	08%	15%
<b>Took Prescription Medication for Depression</b>	43%	63%
<b>Received Counseling for Depression During Pregnancy</b>	26%	13%
<b>HIV/AIDS Testing During Pregnancy</b>		
Yes	45%	36%
No	30%	40%
No, Testing was offered, but did not want to be tested	02%	<01%
Don't know	23%	24%
<b>Received Flu Shot During Pregnancy</b>		
Yes	63%	49%
No, Received flu shot before became pregnant	07%	13%
No, Did not want flu shot during pregnancy	12%	19%
No, Doctor said to wait until after pregnancy	01%	04%
No, Do not ever get flu shots	15%	15%
No, Flu shot was not available	02%	<01%
<b>Hospital Services</b>	<b>State</b>	<b>County</b>
<b>Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby</b>		
Yes	84%	87%
No	14%	11%
Don't remember	03%	02%
<b>During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:</b>		
Breastfeeding or breastfeeding techniques	81%	78%
Action steps to decrease frustration when infant cries	41%	45%
How to lay the baby down to sleep	52%	63%
Dangers of shaking an infant	40%	39%
Did not receive any information and have not scheduled a time to discuss	07%	06%

*Technical Note:* Because percentages were rounded, the sum of values may not equal 100%.

*For more information:* Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

*Data source:* Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2015 Data.