

# IOWA PRENATAL CARE BARRIERS PROJECT DATA FROM 2015 SURVEYS

2015 Respondents from All Hospitals in Iowa: 23,212

2015 Respondents with Babies Born in **Delaware**: 217

<b>Demographic Indicators</b>	<b>State</b>	<b>County</b>
<b>Mother's Age</b>		
Less than 18 years	01%	<01%
18-19 years	04%	03%
20-25 years	27%	24%
26-30 years	35%	40%
31-35 years	25%	29%
More than 35 years	08%	05%
<b>Mother's Ethnicity</b>		
Hispanic	07%	03%
Non-Hispanic	93%	97%
White	91%	99%
Black	05%	01%
Asian or Pacific Islander	03%	<01%
American Indian or Native Alaskan	01%	<01%
<b>Socioeconomic Indicators</b>		
<b>Mother's Education</b>		
Less than high school	07%	06%
High school	20%	22%
Some college	35%	35%
College graduate (Bachelor's degree)	27%	25%
Graduate school	11%	12%
<b>Household Income</b>		
Less than \$10,000	14%	13%
\$10,000 - \$19,999	10%	05%
\$20,000 - \$29,999	09%	06%
\$30,000 - \$39,999	09%	07%
\$40,000 - \$49,999	07%	09%
\$50,000 or more	52%	61%

<b>Information Received in 12 Months Prior to Becoming Pregnant</b>	<b>State</b>	<b>County</b>
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<b>Health Care Provider Talked About:</b>		
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Birth control	50%	53%
Timing of pregnancy	20%	20%
Spacing of children	11%	09%

<b>Doctor, Nurse, or Other Health Care Provider Talked About:</b>		
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Taking folic acid or a multivitamin	45%	50%
Smoking	32%	35%
Drinking alcohol	27%	30%
Your weight	25%	29%
Regular exercise	28%	33%
How romantic relationships affect your health	09%	08%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	24%	21%

<b>Behavioral Indicators During Pregnancy</b>	<b>State</b>	<b>County</b>
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<b>No Birth Control was Used at Time of Conception</b>	86%	89%
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<b>Unintended Pregnancy and Did NOT Use Birth Control</b>	67%	66%
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<b>Cigarettes Smoked During Last 3 Months of Pregnancy</b>		
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Not smoked in past 2 years	76%	77%
Zero cigarettes per day	54%	51%
1-10 per day	40%	43%
11-20 per day	06%	06%
More than 20 per day	<01%	<01%

<b>Alcoholic Drinks During Last 3 Months of Pregnancy</b>		
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Not had any alcoholic drinks in past 2 years	30%	22%
Zero drinks per week	98%	99%
1 or more drinks per week	02%	01%

<b>Health Care Services During Pregnancy</b>	<b>State</b>	<b>County</b>
<b>Visited a Dentist, Dental Clinic, or Received Dental Care</b>	55%	58%
<b>Health Care Professional or Other Agency Staff Person Came to Home to Help Care for You or for Your New Baby</b>	03%	05%
<b>Diagnosed with Depression During Pregnancy</b>		
Yes	02%	01%
No	90%	92%
No, Diagnosed with depression before becoming pregnant	08%	07%
<b>Took Prescription Medication for Depression</b>	43%	50%
<b>Received Counseling for Depression During Pregnancy</b>	26%	31%
<b>HIV/AIDS Testing During Pregnancy</b>		
Yes	45%	40%
No	30%	32%
No, Testing was offered, but did not want to be tested	02%	06%
Don't know	23%	22%
<b>Received Flu Shot During Pregnancy</b>		
Yes	63%	63%
No, Received flu shot before became pregnant	07%	09%
No, Did not want flu shot during pregnancy	12%	09%
No, Doctor said to wait until after pregnancy	01%	01%
No, Do not ever get flu shots	15%	16%
No, Flu shot was not available	02%	01%
<b>Hospital Services</b>	<b>State</b>	<b>County</b>
<b>Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby</b>		
Yes	84%	86%
No	14%	12%
Don't remember	03%	02%
<b>During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:</b>		
Breastfeeding or breastfeeding techniques	81%	81%
Action steps to decrease frustration when infant cries	41%	55%
How to lay the baby down to sleep	52%	68%
Dangers of shaking an infant	40%	60%
Did not receive any information and have not scheduled a time to discuss	07%	02%

*Technical Note:* Because percentages were rounded, the sum of values may not equal 100%.

*For more information:* Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

*Data source:* Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2015 Data.