

IOWA PRENATAL CARE BARRIERS PROJECT

DATA FROM 2016 SURVEYS

2016 Respondents from All Hospitals in Iowa: 21,928
 2016 Respondents with Babies Born in **Cerro Gordo County: 236**

Demographic Indicators	State	County
Mother's Age		
Less than 18 years	01%	01%
18-19 years	03%	03%
20-25 years	26%	33%
26-30 years	36%	35%
31-35 years	25%	21%
More than 35 years	08%	07%
Mother's Ethnicity		
Hispanic	07%	03%
Non-Hispanic	93%	97%
Black	05%	03%
White	91%	97%
Asian or Pacific Islander	03%	<1%
American Indian or Native Alaskan	01%	<1%
Socioeconomic Indicators		
Mother's Education		
Less than high school	07%	06%
High school	20%	23%
Some college	34%	42%
College graduate (Bachelor's degree)	27%	21%
Graduate school	11%	08%
Household Income		
Less than \$10,000	12%	15%
\$10,000 - \$19,999	09%	13%
\$20,000 - \$29,999	09%	10%
\$30,000 - \$39,999	09%	09%
\$40,000 - \$49,999	08%	07%
\$50,000 or more	53%	45%

Information Received in 12 Months Prior to Becoming Pregnant	State	County
Doctor, Nurse, or Other Health Care Provider Talked About:		
Taking folic acid or a multivitamin	46%	41%
Smoking	35%	35%
Drinking alcohol	31%	31%
Your weight	29%	24%
Regular exercise	32%	25%
How romantic relationships affect your health	13%	13%
Did not see a doctor, nurse, or other health care professional for a check-up in the 12 months prior to becoming pregnant	31%	36%
Behavioral Indicators During Pregnancy		
No Birth Control was Used at Time of Conception	87%	83%
Unintended Pregnancy and Did NOT Use Birth Control	70%	64%
Plan to return to work outside of home following birth of this baby		
Yes	73%	78%
No	27%	22%
Does worksite have designated room/location (not counting bathroom stalls) for mothers to breastfeed or pump/express their breast milk		
Yes	52%	47%
No	30%	25%
Don't Know	18%	29%
Does worksite have written policy about breastfeeding?		
Yes	21%	20%
No	28%	20%
Don't Know	51%	60%
Cigarettes Smoked During Last 3 Months of Pregnancy		
Not smoked in past 2 years	77%	68%
Zero cigarettes per day	55%	48%
1-10 per day	40%	45%
11-20 per day	05%	07%
More than 20 per day	01%	<1%
Alcoholic Drinks During Last 3 Months of Pregnancy		
Not had any alcoholic drinks in past 2 years	28%	28%
Zero drinks per week	98%	99%
1 drink per week	01%	01%
2 drinks per week	<1%	<1%
3 or more drinks per week	<1%	<1%

Prenatal Care	State	County
Mother received prenatal care as early in the pregnancy as wanted		
Yes	94%	95%
No	06%	04%
No prenatal care	01%	<1%
Where mother went for <u>most</u> of prenatal care		
Private doctor's office or clinic	78%	88%
Midwife's office or home office from a midwife	07%	<1%
Public clinic	15%	11%
Other	<1%	<1%
HIV/AIDS Testing During Pregnancy		
Yes	48%	48%
No	26%	20%
No, Testing was offered, but did not want to be tested	03%	01%
Don't know	24%	31%
Received Flu Shot During Pregnancy		
Yes	64%	53%
No, Received flu shot before became pregnant	07%	07%
No, Did not want flu shot during pregnancy	13%	15%
No, Doctor said to wait until after pregnancy	01%	01%
No, Do not ever get flu shots	14%	20%
No, Flu shot was not available	02%	04%
Hospital Services		
Hospital Staff Encouraged Breastfeeding During First 24 Hours After Birth of the Baby		
Yes	86%	80%
No	12%	17%
Don't remember	02%	03%
During Pregnancy or Time at the Hospital, a Doctor, Nurse, or Other Healthcare Professional Provided Information or Scheduled a Time to Discuss:		
Breastfeeding or breastfeeding techniques	83%	81%
Action steps to decrease frustration when infant cries	43%	51%
How to lay the baby down to sleep	56%	64%
Dangers of shaking an infant	41%	48%
Did not receive any information and have not scheduled a time to discuss	07%	08%

Technical Note: Because percentages were rounded, the sum of values may not equal 100%.

For more information: Call the University of Northern Iowa Center for Social & Behavioral Research: (319) 273-2105.

Data source: Iowa Barriers to Prenatal Care Project, Iowa Department of Public Health, University of Northern Iowa Center for Behavioral Research: 2016 Data.