

What services are available in ATR?

The goal of ATR is to assist individuals while they're working a program of recovery by reducing barriers and obstacles often experienced. ATR does this by funding what are known as Recovery Support Services. These include:

- Child care
- Co-Pays
- Drug Testing
- Integrated Therapy
- Life Skills Coaching
- Pharmacological Interventions
- Recovery Calls
- Recovery Peer Coaching
- Sober Living Activities
- Spiritual Counseling
- Supplemental Needs
- Transportation



Access to Recovery is sponsored by Iowa Department of Public Health, Division of Behavioral Health and funded by Substance Abuse and Mental Health Services Administration (SAMHSA).

Access to Recovery (ATR)



For Those Recovering from Addiction



What is Access to Recovery (ATR)?

Access to Recovery (ATR) is a federally funded program that provides services to individuals in recovery from a substance use disorder. Because every person and their recovery is different, a key component to the ATR program is "choice." With ATR, the individual receiving the service chooses what services they want to receive from a variety of network providers.

Who is Eligible for Services?

ATR services are available for individuals who meet the following criteria:

- An Iowa resident
- 12 years of age or older
- At or below 200% of the Federal Poverty Level guidelines
- Screen positive for possible substance use disorder

Active Military/National Guard members:

As a population of focus for the ATR program, the following services are available for Active Military and National Guard personnel who are at or above 201% of the Federal Poverty Level guidelines:

- Mental Health Therapy
- Substance Abuse Treatment

How do I get involved in ATR?

Interested individuals need to schedule an appointment with an ATR Care Coordination provider. To locate a provider in your area, please visit the ATR website at:

www.idph.state.ia.us/atr

or call,

1-866-923-1085